



Middle School Lunch Menu

March 2018



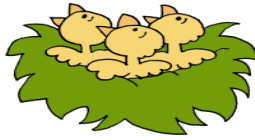


WK 4

WK 1

WK 2

WK 3

WK 4

Monday	Tuesday	Wednesday	Thursday	Friday	Secondary Lunch = \$2.55 Milk = \$0.50
	 Several Options of Fresh Fruit & Veggies Available Everyday!		1 Bosco Sticks & Sauce or BBQ Pork Sandwich Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	2 BOSCO Stuffed Crust Cheese Pizza or Fish Taco Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	<u>DAILY Deli Specials</u> Big Daddy's Cheese Pizza Bosco Sticks & Sauce Sliced Turkey on White Bread Soy Butter Jammer Deluxe Sub Sandwich Turkey, Crispy Chicken or Vegetable Chef Salads **Offered DAILY** Spicy Chicken Sandwich
5 Chicken Nuggets or Sloppy Joe & Baked Chips Green Beans Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	6 **NEW** Mini Quesadillas or Popcorn Chicken & Cheese Bread Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	7 Pasta Roll up in Meat Sauce & Twisted Bread Stick * Corn Dog Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	8 Macaroni & Cheese / Dinner Roll or Italian Beef & Mozzarella Mashed Potatoes & Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	9 Big Daddy's Cheese Pizza or Cheeseburger Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	A complete lunch consists of: One entrée choice and 2 side dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk
12 Hot Ham & Cheese on Pretzel Roll or Chicken Tenders Tator Tots Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	13 Nachos or Mini Corn Dogs & Cheese Refried Beans / Corn Garden Salad/Assorted Vegetables **NEW** Frozen Fruit Cup Assorted Fresh Fruit Milk	14 Flat Bread Pizza & Sauce or Popcorn Chicken & Cheese Bread Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	15 * Bosco Sticks and Sauce or BBQ Rib Sandwich Green Beans / Pasta Salad Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	16 Happy St. Patrick's Day! BOSCO Stuffed Crust Cheese Pizza Buffalo Chicken Sandwich Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit / Milk Whole Grain Rainbow Goldfish Crackers	March 5-9, 19-23 Mon: Pasta Fagioli Tues: Cream of Broccoli Wed: Cream of Chicken Thurs: Lemon Rice Fri: Chef's choice
19 Macaroni & Cheese / Dinner Roll Chocolate Chip French Toast & Sausage Hash brown Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	20 **NEW** Pizza Crunchers or Taco & Doritos Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	21 Rotini with Meat Sauce & Twisted Breadstick * Chicken Nuggets Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	22 Chicken Smackers or Turkey & Gravy Mashed Potatoes & Gravy Pineapple Tidbit/Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk Dinner Roll	23 SPRING CELEBRATION Big Daddy's Cheese Pizza Cheeseburger Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit / Milk Springtime Bunny Cookie	March 1-2, 12-16 Mon: Chicken Noodle Tues: Chili Wed: Cream of Chicken Thurs: Cream of Potato Fri: Chef's choice
				30 Students are given the opportunity to start their day with a healthy breakfast at all of our schools.  Breakfast improves school performance!	Menu is based on product availability and is subject to change PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH Lake Central School Corporation Gladys Rediger - FS Director Linda Johnson-Administrative Assistant Food Service Central Office 865-4416 WHATS ON YOUR PLATE?  This institution is an equal opportunity provider.