

# Middle School Lunch Menu

## February 2018

HUGS!

BE MY VALENTINE!

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</p>  <p>Breakfast improves school performance!</p>		<p>1</p> <p>Bosco Sticks &amp; Sauce or BBQ Chicken Sandwich</p> <p>Carrots / Garden Salad Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk</p>	<p>2</p> <p>RETRO Pizza "Rush" or Boneless Chicken Wings &amp; Corn Bread "Blitz"</p> <p>Peas &amp; Carrots / Spicy Curly "Field Goal" Fries Garden Salad "Scrimmage"/Assorted Vegetables Pineapple "Playoffs" &amp; Mandarin Orange Assorted Fresh Fruit "Fumble" "End Zone" Milk</p>
<p>5</p> <p>Chicken Nuggets or Grilled Cheese &amp; Chicken Noodle Soup</p> <p>Green Beans Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk</p>	<p>6</p> <p>Mini Cheese Pizza or Popcorn Chicken &amp; Cheese Bread</p> <p>Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk</p>	<p>7</p> <p>Pasta Roll Up in Meat Sauce &amp; Twisted Bread Stick</p> <p>* Corn Dog</p> <p>Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk</p>	<p>8</p> <p>Macaroni &amp; Cheese / Dinner Roll or Italian Beef &amp; Mozzarella</p> <p>Mashed Potatoes &amp; Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk</p>	<p>9</p> <p>Big Daddy's Cheese Pizza or Cheese Burger</p> <p>Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple &amp; Mandarin Orange Mix up Assorted Fresh Fruit Milk</p>
<p>12</p> <p>Hot Ham &amp; Cheese on Pretzel Roll or Chicken Tenders</p> <p>Tator Tots Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk</p>	<p>13</p> <p>Nachos or Mini Corn Dogs &amp; Cheese</p> <p>Refried Beans / Corn <b>JAMBALAYA</b> Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit, Milk</p>	<p><b>VALENTINE'S DAY</b></p> <p>Flat Bread Pizza &amp; Sauce or Popcorn Chicken &amp; Cheese Bread</p> <p>Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit, Milk Healthy Heartzel Pretzels</p>	<p>15</p> <p>* Bosco Sticks and Sauce or Chicken Leg &amp; Waffle Sticks</p> <p>Green Beans Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk</p>	<p>16</p> <p>RETRO Pizza or Buffalo Chicken Sandwich</p> <p>Peas &amp; Carrots / Spicy Curly Fries Garden Salad/Assorted Vegetables Pineapple &amp; Mandarin Orange Mix up Assorted Fresh Fruit Milk</p>
<p>19</p> <p><b>Presidents' Day</b></p> <p><b>NO SCHOOL</b></p>	<p>20</p> <p>Flat Bread Pizza &amp; Sauce or Corn Dog</p> <p>Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk</p>	<p>21</p> <p>* Chicken Nuggets or Beef Ravioli &amp; Twisted Breadstick</p> <p>Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk</p>	<p>22</p> <p>Chicken Rings or Turkey &amp; Gravy</p> <p>Mashed Potatoes &amp; Gravy Pineapple Tidbit/Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk Dinner Roll</p>	<p>23</p> <p>Big Daddy's Cheese Pizza or Cheese Burger</p> <p>Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple &amp; Mandarin Orange Mix up Assorted Fresh Fruit Milk</p>
<p>26</p> <p>Pepperoni Pizza Sticks &amp; Sauce or Popcorn Chicken &amp; Cheese Bread</p> <p>Broccoli Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk</p>	<p>27</p> <p>Nachos or Quesadilla</p> <p>Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk</p>	<p>28</p> <p>Flat Bread Pizza &amp; Sauce or Chicken Tenders</p> <p>Corn Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk</p>		

Secondary Lunch = \$2.55  
Milk = \$.50

**DAILY Deli Specials**

- Big Daddy's Cheese Pizza
- Bosco Sticks & Sauce
- Sliced Turkey on White Bread
- Soy Butter Jammer
- Deluxe Sub Sandwich
- Turkey, Crispy Chicken or Vegetable Chef Salads

\*\*Offered DAILY\*\*

Spicy Chicken Sandwich

A complete lunch consists of:  
One entrée choice and  
2 side dishes (fruit or vegetables)  
1 side dish must be a fruit  
or vegetable and milk

**Homemade SOUPS offered DAILY**

\*\*\*Soup is A La Carte only\*\*\*

February 5-9 & 20-23      February 1, 2, 12-16 & 26-28

- |                         |                        |
|-------------------------|------------------------|
| Mon: Chicken Noodle     | Mon: Chicken Noodle    |
| Tues: Cream of Broccoli | Tues: Chili            |
| Wed: Cream of Chicken   | Wed: Cream of Chicken  |
| Thurs: Lemon Rice       | Thurs: Cream of Potato |
| Fri: Chef's choice      | Fri: Chef's choice     |

Menu is based on product availability  
and is subject to change

**PLEASE MAKE SURE YOU HAVE  
ENOUGH MONEY IN YOUR  
STUDENTS ACCOUNT FOR LUNCH**

**Lake Central  
School Corporation**  
Gladys Rediger - FS Director  
Linda Johnson-Administrative Assistant  
Food Service Central Office  
865-4416

WHATS ON YOUR PLATE?



This institution is an equal opportunity provider.

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**\*\*The Lake Central Food and Nutrition Department is looking for substitute workers\*\***  
If you are interested, please contact Gladys Rediger at [grediger@lcschools.com](mailto:grediger@lcschools.com)

[Click here](#)

WK 4  
WK 1  
WK 2  
WK 3  
WK 4