






February 2018

Elementary Breakfast Menu

BE MY VALENTINE!

HUGS!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</p>  <p>Breakfast improves school performance!</p>		 <p><i>All Schools offer BREAKFAST every day!</i></p> <p>Come join us!!!!</p> <p>February 20th - 23rd all students who come to BREAKFAST will have a chance to win small prizes during <i>Lucky Tray Week!</i></p>	<p>1</p> <p>Mini Cinnis or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>2</p> <p>Breakfast Pizza or Cereal & Honey Oat Goldfish</p> <p>Fresh Fruit Juice Milk</p>
<p>5</p> <p>Mini Pancake Sausage Wrap or Cereal & Poptart</p> <p>Fresh Fruit Juice Milk</p>	<p>6</p> <p>Cheese Omelet & Cinnamon Roll or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>7</p> <p>Breakfast Pizza or Cereal & Honey Oat Goldfish</p> <p>Fresh Fruit Juice Milk</p>	<p>8</p> <p>Mini Cinnis or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>9</p> <p>Breakfast Pizza or Cereal & Honey Oat Goldfish</p> <p>Fresh Fruit Juice Milk</p>
<p>12</p> <p>Mini Pancake Sausage Wrap or Cereal & Poptart</p> <p>Fresh Fruit Juice Milk</p>	<p>13</p> <p>Cheese Omelet & Cinnamon Roll or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>14</p> <p>Breakfast Pizza or Cereal & Honey Oat Goldfish</p> <p>Fresh Fruit Juice Milk</p>	<p>15</p> <p>Mini Cinnis or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>16</p> <p>Breakfast Pizza or Cereal & Honey Oat Goldfish</p> <p>Fresh Fruit Juice Milk</p>
<p>19</p>  <p>NO SCHOOL</p>	<p>20</p> <p>Cheese Omelet & Cinnamon Roll or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>***LUCKY TRAY WEEK***</p>		
<p>26</p> <p>Mini Pancake Sausage Wrap or Cereal & Poptart</p> <p>Fresh Fruit Juice Milk</p>	<p>27</p> <p>Cheese Omelet & Cinnamon Roll or Cereal & Donut</p> <p>Fresh Fruit Juice Milk</p>	<p>28</p> <p>Breakfast Pizza or Cereal & Honey Oat Goldfish</p> <p>Fresh Fruit Juice Milk</p>		

Staff Breakfast = \$2.00
Elementary Breakfast = \$1.60
Milk = \$.50

Offered Daily
Fruit Parfaits



Take time for
School Breakfast

Breakfast Supplies Important Nutrients

Breakfast contributes less than 20% of daily calories, while providing many key vitamins and minerals including

- * Calcium * B vitamins
- * Iron * Vitamin D

Nutrients missed at breakfast are typically not made up during the day

Menu is based on product availability and is subject to change.

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

Lake Central
School Corporation
Gladys Rediger - FS Director
Linda Johnson-Administrative Assistant
Food Service Central Office
865-4416

WHAT'S ON YOUR PLATE?



This institution is an equal opportunity provider.