



Secondary Lunch = \$2.55
Milk = \$.50

HAPPY NEW YEAR



NO SCHOOL WINTER BREAK

Students are given the opportunity to start their day with a healthy breakfast at all of our schools.



Breakfast improves school performance!

DELI BAR - Offered Daily
Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Panini, Ciabatta Bread Wrap, and top with Assorted Vegetables

Chef Salads with Ham, Turkey, Chicken, Cheese & Assorted Vegetables.

HOT Meals To Go: Panini Turkey Sandwich, Bosco Sticks & Sauce, Veggie Burger & Pizza

COLD SANDWICHES and CHEF SALAD MEALS to go!

Weekly Deli TO GO Salad Specials

MON: Chicken Salad / Grilled Chicken Salad
TUES: Taco Salad / Tuna Salad/Greek Salad
WED: Buffalo Chicken Salad/Antipasto Salad
THURS: Cobb Salad/Caesar Salad
FRI: Berry Spinach Salad

Weekly Deli TO GO Wraps & Sandwich Specials

MON: Turkey Avocado Wrap
TUES: BLT Chicken Wrap
WED: Turkey Avocado Wrap
THURS: Turkey & Ham Sub

ALL COLD MEALS ON THE DELI COMES

A complete lunch consists of :
One entrée choice and 2 sides dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk

Homemade A La Carte SOUPS offered DAILY

January 8-12, 22-26 January 16-19, 29-31

Mon: Chicken Noodle Mon: Chicken Noodle
Tues: Cream of Chicken Tues: Chili
Wed: Chicken Tortilla Wed: Pasta Fagioli
Thurs: Cream of Potato Thurs: Cream of Broccoli
Fri: Chefs Choice Fri: Chefs Choice

Pizza with Friends

*Inquire with Cashier on Deli line.

Menu is based on product availability and is subject to change

Lake Central School Corporation
Gladys Rediger - FS Director
Linda Johnson- FS Administrative Assistant
Food Service Central Office, 865-4416

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

This institution is an equal opportunity provider.

WK 1
WK 2
WK 3
WK 4

<p>8</p> <p>Pepperoni Pizza Sticks & Sauce</p> <p>Boneless Wings & Biscuit</p> <p>Buffalo Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans/Garden Salad</p> <p>Assorted Vegetables</p> <p>Diced Pears/Assorted Fresh Fruit</p> <p>Milk</p>					<p>9</p> <p>Happy New Year !!</p> <p>Chicken Enchilada</p> <p>Popcorn Chicken</p> <p>Buffalo Chicken Sandwich</p> <p>Southwest Bar - Nachos or Tacos</p> <p>Corn /Assorted Vegetables/ Garden Salad</p> <p>Applesauce / Assorted Fresh Fruit</p> <p>Milk/ Spanish Rice /Corn Bread</p> <p>Frozen Fruit Juice Cup</p>					<p>10</p> <p>Pasta Roll up with Meat/Marinara Sauce</p> <p>Chicken Nuggets</p> <p>Buffalo Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>Broccoli / Garden Salad / Assorted Vegetables</p> <p>Diced Peaches / Assorted Fresh Fruit</p> <p>Milk/Twisted Breadstick</p>					<p>11</p> <p>Macaroni & Cheese with Dinner Roll</p> <p>Italian Beef Sandwich</p> <p>Buffalo Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>California Blend/Garden Salad</p> <p>Assorted Vegetables</p> <p>Pineapple Tidbits</p> <p>Assorted Fresh Fruit/Milk</p>					<p>12</p> <p>Big Daddy's X-tra Cheesy Pizza</p> <p>Cheese Burger</p> <p>Buffalo Chicken Sandwich</p> <p>Baked Beans / Fries</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>				
<p>15</p> <p>No School</p>					<p>16</p> <p>Quesadilla</p> <p>Mini Corn Dog & Cheese</p> <p>Buffalo Chicken Sandwich</p> <p>Southwest Bar - Nachos or Tacos</p> <p>Refried Beans / Assorted Vegetables</p> <p>Garden Salad / Applesauce</p> <p>Assorted Fresh Fruit</p> <p>Milk/ Spanish Rice</p>					<p>17</p> <p>Pepperoni Calzone with Marinara</p> <p>Beef Ravioli /Twisted Bread Stick</p> <p>Buffalo Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>Broccoli/ Garden Salad / Assorted Vegetables</p> <p>Diced Peaches / Assorted Fresh Fruit</p> <p>Milk</p>					<p>18</p> <p>Pepperoni Pizza Sticks & Sauce</p> <p>Chicken Nuggets/Dinner Roll</p> <p>Buffalo Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Carrots / Assorted Vegetables</p> <p>Garden Salad/Pasta Salad</p> <p>Pineapple / Assorted Fresh Fruit</p> <p>Milk</p>					<p>19</p> <p>Retro Pizza</p> <p>Chicken Fries & Biscuit</p> <p>Buffalo Chicken Sandwich</p> <p>Malibu Blend / Spicy Curly Fries</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>				
<p>22</p> <p>Macaroni & Cheese with Dinner Roll</p> <p>Grilled Cheese & Chicken Noodle Soup</p> <p>Buffalo Chicken Sandwich</p> <p>Green Beans</p> <p>Garden Salad / Assorted Vegetables</p> <p>Diced Pears/Assorted Fresh Fruit</p> <p>Milk</p>					<p>23</p> <p>Corn Dog</p> <p>Buffalo Chicken Sandwich</p> <p>Southwest Bar - Nachos or Tacos</p> <p>Corn/Assorted Vegetables</p> <p>Garden Salad / Applesauce</p> <p>Assorted Fresh Fruit</p> <p>Spanish Rice /Corn Bread</p> <p>Milk</p>					<p>24</p> <p>Chicken Parmesan & Pasta</p> <p>Buffalo Chicken Tenders</p> <p>Buffalo Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>California Blend/Garden Salad/Assorted Vegetables</p> <p>Pasta Salad/Diced Peaches/Assorted Fresh Fruit</p> <p>Milk/Twisted Breadstick</p>					<p>25</p> <p>Popcorn Chicken</p> <p>Turkey & Gravy</p> <p>Buffalo Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans/Assorted Vegetables</p> <p>Garden Salad</p> <p>Pineapple/Assorted Fresh Fruit</p> <p>Milk/Dinner Roll</p>					<p>26</p> <p>Big Daddy's X-tra Cheesy Pizza</p> <p>Cheese Burger</p> <p>Buffalo Chicken Sandwich</p> <p>Baked Beans / Fries</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>				
<p>29</p> <p>Pepperoni Pizza Sticks & Sauce</p> <p>Popcorn Chicken Bowl</p> <p>Buffalo Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Corn / Garden Salad</p> <p>Assorted Vegetables</p> <p>Diced Pears/Assorted Fresh Fruit</p> <p>Milk/ Dinner Roll</p>					<p>30</p> <p>Quesadilla</p> <p>Mini Corn Dogs & Cheese</p> <p>Buffalo Chicken Sandwich</p> <p>Southwest Bar - Nachos or Tacos</p> <p>Refried Beans</p> <p>Assorted Vegetables/Garden Salad</p> <p>Applesauce / Assorted Fresh Fruit</p> <p>Milk/ Spanish Rice</p>					<p>31</p> <p>Flat Bread Pizza & Sauce</p> <p>Chicken Tenders</p> <p>Buffalo Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>Broccoli / Garden Salad/ Assorted Vegetables</p> <p>Pasta Salad/Diced Peaches/Assorted Fresh Fruit</p> <p>Milk/ Twisted Bread Stick</p>					<p>KEEP MOVING THIS WINTER</p>									

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****The Lake Central Food and Nutrition Department is looking for substitute workers this Winter****

If you are interested, please contact Gladys Rediger at grediger@lcsmail.com

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