


November 2017
Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Secondary Lunch = \$2.55 Milk = \$.50
		1 Pasta Roll Up in Meat Sauce & Twisted Bread Stick or * Corn Dog Broccoli Garden Salad/Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk	2 Macaroni & Cheese / Dinner Roll or Italian Beef & Mozzarella Mashed Potatoes & Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	3 Big Daddy's Cheese Pizza or Cheese Burger Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	DAILY Deli Specials <i>Big Daddy's Cheese Pizza</i> <i>Bosco Sticks & Sauce</i> <i>Sliced Turkey on White Bread</i> <i>Soy Butter Jammer</i> <i>Deluxe Sub Sandwich</i> <i>Turkey, Crispy Chicken or Vegetable Chef Salads</i>
6 Hot Ham & Cheese on Pretzel Roll or Chicken Tenders Tator Tots Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk	ELECTION DAY  NACHOS or  Chili Cheese Dog Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit/Milk <i>Come VOTE for your favorite lunch!</i>	8 Flat Bread Pizza & Sauce or Popcorn Chicken & Cheese Bread Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	9 * Bosco Sticks and Sauce or Chicken Leg & Waffle Sticks Green Beans Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	Veterans Day  RETRO Pizza or Buffalo Chicken Sandwich Peas & Carrots / Spicy Curly Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	**Offered DAILY** <i>Spicy Chicken Sandwich</i>
13 Macaroni & Cheese / Dinner Roll or Chocolate Chip French Toast & Sausage Hash Brown Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	14 Mini Cheese Pizza or Corn Dog Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	15 * Chicken Nuggets or Beef Ravioli & Twisted Breadstick Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	Thanksgiving Feast  Chicken Rings Turkey & Gravy Mashed Potatoes & Gravy Stuffing / Garden Salad Pineapple Tidbit/Assorted Fresh Fruit Assorted Vegetables Milk/ Dinner Roll <i>Snickerdoodle</i>	17 Big Daddy's Cheese Pizza or Cheese Burger Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	Homemade SOUPS offered DAILY ***Soup is A La Carte only*** Nov. 1-3, 13-17, 27-30 Nov. 6-10, 20-22 <i>Mon: Chicken Noodle</i> <i>Mon: Chicken Noodle</i> <i>Tues: Cream of Broccoli</i> <i>Tues: Chili</i> <i>Wed: Cream of Chicken</i> <i>Wed: Cream of Chicken</i> <i>Thurs: Lemon Rice</i> <i>Thurs: Cream of Potato</i> <i>Fri: Chef's choice</i> <i>Fri: Chef's choice</i>
20 Pepperoni Pizza Sticks & Sauce or Popcorn Chicken & Cheese Bread Broccoli Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk	21 Nachos or Quesadilla Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	22 Flat Bread Pizza & Sauce or Chicken Tenders Corn Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	23 	24 Milk	Menu is based on product availability and is subject to change PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENT'S ACCOUNT FOR LUNCH
27 Chicken Nuggets or Grilled Cheese & Chicken Noodle Soup Green Beans Garden Salad/Assorted Vegetables Applesauce/ Assorted Fresh Fruit Milk	28 Mini Cheese Pizza or Popcorn Chicken & Cheese Bread Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	29 Pasta Roll Up in Meat Sauce & Twisted Bread Stick or * Corn Dog Broccoli Garden Salad/Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk	30 Macaroni & Cheese / Dinner Roll or Italian Beef & Mozzarella Mashed Potatoes & Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	Students are given the opportunity to start their day with a healthy breakfast at all of our schools.  Breakfast improves school performance!	Lake Central School Corporation Gladys Rediger - FS Director Linda Johnson-Administrative Assistant Food Service Central Office 865-4416
					WHAT'S ON YOUR PLATE?  Choose MyPlate.gov <i>This institution is an equal opportunity provider.</i>

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****The Lake Central Food and Nutrition Department is looking for substitute workers this Fall If you are interested, please contact Gladys Rediger at grediger@lcschools.com**

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