

October 2017 Elementary Lunch Menu



Elementary Lunch = \$2.30
Milk = \$.50

WK. 1

WK. 2

WK. 3

WK. 4

WK. 1

2
Chicken Nuggets or Sloppy Joe Groovy Green Beans Tasty Tossed Salad Awesome Applesauce Assorted Fresh Fruit Milk

3
Mini Cheese Pizza or Popcorn Chicken & Cheese Bread Kooky Corn Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit Milk

4
Pasta Roll Up in Meat Sauce & Twisted Bread Stick or * Corn Dog Brainy Broccoli Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit Milk

5
Mac & Cheez-its or Chocolate Chip French Toast & Sausage Hearty Hash Brown Assorted Vegetables Appetizing Apple Juice Assorted Fresh Fruit Milk

6
BIG DADDY's Cheese Pizza or Mini Cheeseburgers Flavorful Baked Beans Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk

NATIONAL SCHOOL LUNCH WEEK



9
Hot Ham & Cheese on Pretzel Roll or Chicken Tenders Silly Smiley Fries Tasty Tossed Salad Shivering Cold Slushie Assorted Fresh Fruit Milk

10
Nachos or Mini Corn Dogs & Cheese Yummy Refried Beans Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit Milk

11
Flat Bread Pizza & Sauce or Chicken Ring "N" Roll Brainy Broccoli Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit/Milk Educational, Nutritional & Whole Grain Cookies

12
* Bosco Sticks and Sauce or Chicken Drumstick & Waffles Sticks Groovy Green Beans Assorted Vegetables Awesome Applesauce Assorted Fresh Fruit Milk

13
BOSCO Stuffed Crust Cheese Pizza or Chicken Patty Sandwich Power Peas & Carrots Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk

16
Mac & Cheez-its or Chocolate Chip French Toast & Sausage Hot & Hearty Hash Brown Tasty Tossed Salad Awesome Applesauce Assorted Fresh Fruit Milk

17
Mini Cheese Pizza or Corn Dog Kooky Corn Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit Milk

18
Beef Ravioli & Twisted Breadstick or * Chicken Nuggets Groovy Green Beans Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit Milk

19
Popcorn Chicken or Turkey & Gravy Creamy Mashed Potatoes & Gravy Assorted Vegetables Appetizing Apple Juice Assorted Fresh Fruit Milk / Dinner Roll

20
BIG DADDY'S Cheese Pizza * or Mini Cheeseburgers Flavorful Baked Beans Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk

INDIANA FOOD DAY

23
Pepperoni Pizza Sticks & Sauce or Popcorn Chicken & Cheese Bread Brainy Broccoli Tasty Tossed Salad Shivering Cold Slushie Assorted Fresh Fruit Milk

24
Nachos or Hot Dog Fantastic Fries/Yummy Refried Beans Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit/Milk ~Try A Veggie Sample!~

25
Flat Bread Pizza & Sauce or Chicken Tenders Kooky Corn Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit Milk



30
Chicken Nuggets or Sloppy Joe Groovy Green Beans Tasty Tossed Salad Awesome Applesauce Assorted Fresh Fruit Milk

Happy Halloween

MONSTER Mini Cheese Pizza or
 Popcorn Chicken & SPOOKY Cheese Bread
 HOWLING Corn / Assorted YAMSHING
 Vegetables / CREEPY Pineapple Tidbits /
 Assorted FRIGHTENING Fresh Fruit / Milk
 WICKED Jack O' Lantern Cookie

KEEP ACTIVE THIS FALL.....

WITH FUN OUTDOOR FALL ACTIVITIES

Students are given the opportunity to start their day with a healthy breakfast at all of our schools.

Breakfast improves school performance!

ADDITIONAL ENTRÉE'S OFFERED

Daily
TRIX MEAL
 (Yogurt, Cheese Stick & 2 Pkgs. Cheddar Goldfish)
 *Sliced Turkey on White Bread
 Soy Butter Jammers
 Crispy Chicken, Turkey or Cheese Chef Salad
 with Saltines & Croutons

A complete lunch consists of:

- One entrée choice and
- 2 side dishes (fruit or vegetables)
- 1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

Lake Central School Corporation
 Gladys Rediger - FS Director
 Linda Johnson-Administrative Assistant
 Food Service Central Office
 865-4416

CHECK THIS OUT!

Come check out our Food Service website at lscs.us for Nutritional & Educational Material and Forms, including Special Diet Information, Free & Reduced Applications, Nutritionals, A La Carte List, Theme Days and Birthday Celebration Treats! While you're there, take a minute and fill out our Parent Survey, we would love to hear from you.

WHAT'S ON YOUR PLATE?

Choose MyPlate.gov

This institution is an equal opportunity provider.

The Lake Central Food and Nutrition Department is looking for substitute workers this Fall
 If you are interested, please contact Gladys Rediger, at gregdiger@lscsmail.com

[CLICK HERE](#) For More Information