



# SEPTEMBER 2017 MIDDLE SCHOOL LUNCH MENU



WK 4

WK 1

WK 2

WK 3

WK 4

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</p> <p>Breakfast improves school performance!</p>		<p style="text-align: center;">1</p> BOSCO Stuffed Crust Cheese Pizza or Buffalo Chicken Leg & Waffle Sticks Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
<p style="text-align: center;">4</p> <p style="text-align: center;"><b>LABOR DAY NO SCHOOL</b></p>	<p style="text-align: center;">5</p> Mini Cheese Pizza or Popcorn Chicken & Cheese Bread Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	<p style="text-align: center;">6</p> Pasta Roll Up in Meat Sauce & Twisted Bread Stick or * Corn Dog Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	<p style="text-align: center;">7</p> Mac & Cheez Its or Chicken Pattie Sandwich Mashed Potatoes & Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	<p style="text-align: center;">8</p> Big Daddy's Cheese Pizza or Mini Cheeseburgers Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
<p style="text-align: center;">11</p> <p style="text-align: center;"><b>Patriot Day</b></p> <p>Hot Ham &amp; Cheese on Pretzel Roll or Chicken Tenders Tator Tots Garden Salad Assorted Vegetables Assorted Fresh Fruit/Milk</p> <p style="text-align: center;"><i>Cherry Blue Raspberry Frozen Juice Cup</i></p>	<p style="text-align: center;">12</p> Nachos or Mini Corn Dogs & Cheese Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	<p style="text-align: center;">13</p> Flat Bread Pizza & Sauce or Popcorn Chicken & Cheese Bread Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	<p style="text-align: center;">14</p> * Bosco Sticks and Sauce or Buffalo Chicken Leg & Waffle Sticks Green Beans Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	<p style="text-align: center;">15</p> BOSCO Stuffed Crust Cheese Pizza or Buffalo Chicken Sandwich Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
<p style="text-align: center;">18</p> Mac & Cheez Its or Chocolate Chip French Toast & Sausage Hash brown Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	<p style="text-align: center;">19</p> Mini Cheese Pizza or Corn Dog Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	<p style="text-align: center;">20</p> * Chicken Nuggets or Beef Ravioli & Twisted Breadstick Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	<p style="text-align: center;">21</p> Chicken Rings or Turkey & Gravy Mashed Potatoes & Gravy Pineapple Tidbit/Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk Dinner Roll	<p style="text-align: center;">22</p> <div style="background-color: #008000; color: white; padding: 5px; text-align: center;"> <b>TAILGATE PARTY!</b> </div> Big Daddy's Cheese Pizza or Mini Cheeseburger <b>"BLITZ"</b> Baked Beans / <b>"FIELD GOAL"</b> Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin <b>"OFFSIDE"</b> Oranges Assorted Fresh Fruit /Milk <b>"SIDELINE"</b> Soft Pretzel & Cheese
<p style="text-align: center;">25</p> Pepperoni Pizza Sticks & Sauce or Popcorn Chicken & Cheese Bread Broccoli Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk	<p style="text-align: center;">26</p> Nachos or Quesadilla Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	<p style="text-align: center;">27</p> Flat Bread Pizza & Sauce or Chicken Tenders Corn Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	<p style="text-align: center;">28</p> <div style="background-color: #8B4513; color: white; padding: 5px; text-align: center;"> <b>WORLD SCHOOL MILK DAY</b>            bringing awareness to the benefits of Milk         </div> Bosco Sticks & Sauce or BBQ Rib Sandwich Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit STARRING <b>"Milk"</b>	<p style="text-align: center;">29</p> BOSCO Stuffed Crust Cheese Pizza or Buffalo Chicken Leg & Waffle Sticks Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk

## SECONDARY LUNCH = \$2.55 MILK = \$.50

DAILY Deli Specials

*Sliced Turkey on White Bread*

*Soy Butter Jammer*

*Deluxe Sub Sandwich*

*Turkey, Crispy Chicken or Vegetable Chef Salads*

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**\*\*Offered DAILY\*\***

*Spicy Chicken Sandwich*

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A complete lunch consists of :

One entrée choice and

2 side dishes (fruit or vegetables)

1 side dish must be a fruit or vegetable and milk

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Homemade SOUPS offered DAILY

**\*\*\*Soup is A La Carte only\*\*\***

Septmeber 1-3, 5-8 & 18-22      September 1st, 2-4 & 25-29

*Mon: Chicken Noodle*      *Mon: Chicken Rice*  
*Tues: Lemon Rice*      *Tues: Cream of Broccoli*  
*Wed: Cream of Chicken*      *Wed: Cream of Chicken*  
*Thurs: Pasta Fagioli*      *Thus: Cream of Potato*  
*Fri: Chef's choice*      *Fri: Chef's choice*

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Menu is based on product availability and is subject to change

**PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH**

**Lake Central School Corporation**

Gladys Rediger - FS Director

Linda Johnson-Administrative Assistant

**Food Service Central Office**

**865-4416**

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