

September 2017 Elementary Lunch Menu



WK 4

WK 1

WK 2

WK 3

WK 4

| Monday | Tuesday | Wednesday | Thursday | Friday | Elementary Lunch = \$2.30 Milk = \$.50 | |
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| <div style="border: 1px solid black; border-radius: 15px; padding: 10px; background-color: #e0e0ff;"> <h2 style="margin: 0;">Healthy Meals Grow Healthy Kids</h2> </div> | | | | <p>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</p> <p>Breakfast improves school performance!</p> | <p>1</p> <p>BOSCO Stuffed Crust Cheese Pizza or Chicken Ring "N" Roll Power Peas & Carrots Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk</p> | <p>ADDITIONAL ENTRÉE'S OFFERED</p> <p style="text-align: center;"><u>Daily</u></p> <p style="text-align: center;"><i>TRIX MEAL</i> (Yogurt, Cheese Stick & 2 Pkgs. Cheddar Goldfish)</p> <p style="text-align: center;">*Sliced Turkey on White Bread Soy Butter Jammers Crispy Chicken, Turkey or Cheese Chef Salad with Saltines & Croutons</p> |
| 4 | 5 | 6 | 7 | 8 | <p>A complete lunch consists of:</p> <p style="text-align: center;">One entrée choice and 2 side dishes (fruit or vegetables)</p> <p style="text-align: center;">1 side dish must be a fruit or vegetable and milk</p> | |
| <p>LABOR DAY NO SCHOOL</p> | <p>Mini Cheese Pizza or Popcorn Chicken & Cheese Bread Kooky Corn Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit Milk</p> | <p>Pasta Roll Up in Meat Sauce & Twisted Bread Stick or * Corn Dog Brainy Broccoli Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit Milk</p> | <p>Mac & Cheez-its or Chocolate Chip French Toast & Sausage Hearty Hash Brown Assorted Vegetables Appetizing Apple Juice Assorted Fresh Fruit Milk</p> | <p>BIG DADDY's Cheese Pizza or Mini Cheeseburgers Flavorful Baked Beans Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk</p> | <p>Menu is based on product availability and is subject to change</p> | |
| 11 | 12 | 13 | 14 | 15 | <p>PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENT'S ACCOUNT FOR LUNCH</p> | |
| <p>Patriot Day Hot Ham & Cheese on Pretzel Roll or Chicken Tenders Silly Smiley Fries Tasty Tossed Salad Shivering Cold Slushie Assorted Fresh Fruit/Milk <i>Cherry Blue Raspberry Frozen Juice Cup</i></p> | <p>Nachos or Mini Corn Dogs & Cheese Yummy Refried Beans Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit Milk</p> | <p>Flat Bread Pizza & Sauce or Chicken Ring "N" Roll Brainy Broccoli Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit Milk</p> | <p>* Bosco Sticks and Sauce or Chicken Drumstick & Waffles Sticks Groovy Green Beans Assorted Vegetables Awesome Applesauce Assorted Fresh Fruit Milk</p> | <p>BOSCO Stuffed Crust Cheese Pizza or Chicken Patty Sandwich Power Peas & Carrots Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk</p> | <p style="text-align: center;">Lake Central School Corporation Gladys Rediger - FS Director Linda Johnson-Administrative Assistant Food Service Central Office 865-4416</p> | |
| 18 | 19 | 20 | 21 | 22 | <p>CHECK THIS OUT!</p> <p>Come check out our Food Service website at lscs.us for Nutritional & Educational Material and Forms, including Special Diet Information, Free & Reduced Applications, Nutritionals, A La Carte List, Theme Days and Birthday Celebration Treats! While your there, take a minute and fill out our Parent Survey, we would love to hear from you.</p> | |
| <p>Mac & Cheez-its or Chocolate Chip French Toast & Sausage Hot & Hearty Hash Brown Tasty Tossed Salad Awesome Applesauce Assorted Fresh Fruit Milk</p> | <p>"MIGHTY" Mini Cheese Pizza or Corn Dog Corn "KAPOWS" "AMAZING" Assorted Vegetables "POW!" Pineapple Tidbits Assorted Fresh Fruit/Milk Sample a SUPER Hero SUPER Food!</p> | <p>Beef Ravioli & Twisted Breadstick or * Chicken Nuggets Groovy Green Beans Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit Milk</p> | <p>Popcorn Chicken or Turkey & Gravy Creamy Mashed Potatoes & Gravy Assorted Vegetables Appetizing Apple Juice Assorted Fresh Fruit Milk / Dinner Roll</p> | <p>BIG DADDY'S Cheese Pizza * or Mini Cheeseburgers Flavorful Baked Beans Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk</p> | <p style="text-align: center;">WHAT'S ON YOUR PLATE?</p> <p style="text-align: center;">Choose MyPlate.gov</p> | |
| 25 | 26 | 27 | 28 | 29 | <p><i>This institution is an equal opportunity provider.</i></p> | |
| <p>Pepperoni Pizza Sticks & Sauce or Popcorn Chicken & Cheese Bread Brainy Broccoli Tasty Tossed Salad Shivering Cold Slushie Assorted Fresh Fruit Milk</p> | <p>Nachos or Hot Dog Fantastic Fries Yummy Refried Beans Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit/Milk</p> | <p>WORLD SCHOOL MILK DAY bringing awareness to the benefits of Milk Flat Bread Pizza & Sauce or Chicken Tenders Kooky Corn Tasty Tossed Salad Delicious Diced Peaches Assorted Fresh Fruit STARRING "Milk"</p> | <p>Bosco Sticks & Sauce or Mini Pancakes & Sausage Hearty Hash Browns Assorted Vegetables Awesome Applesauce Assorted Fresh Fruit Milk</p> | <p>BOSCO Stuffed Crust Cheese Pizza or Chicken Ring "N" Roll Power Peas & Carrots Tasty Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk</p> | | |