

GRAB & GO SACK MEALS
 AVAILABLE DAILY:
 DELI TURKEY /CHEESE/BUN
 BAKED CHIPS MILK
 2 VEGGIES 2 FRUITS

TPSD - SCHOOL NUTRITION DEPARTMENT
 "GROWING HEALTHY WAVES"



Tuesday

Wednesday

Thursday

Friday

¹² CHILI & CHEESE CORN CHIPS
 CHEESY TEXAS TOAST
 OR
 (3-5) ROASTED CHICKEN
 BBQ OR MANDARIN SAUCES
 (K - 2) CHICKEN TENDERS
 W/G ROLL / SWT YEAST ROLL
 OR
 GRAB AND GO LUNCH & CHIPS

 BAKED POTATO WEDGES
 TPSD GARDEN SALAD/DRESS.
 WHOLE K CORN
 "PINK" DELICIOUS APPLES
 CHILL. PINEAPPLE & CHERRY
 FRUIT JUICES MILK

¹³ TERIYAKI GRILL. CHICKEN
 OR SIRACHA GRILL. CHICKEN
 ON W/GRAIN BUN
 OR
 SLOPPY JOE ON W/GRAIN SUB
 OR
 GRAB AND GO LUNCH & CHIPS

 BAKED SPICY POTATO WEDGE
 FRESH VEGGIES & RANCH DIP
 CHEESY BROCCOLI BITES
 STEAMED BROCCOLI FLORETS
 FRESH BANANA
 FRZ DICED STRAWBY IN CUP
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

¹⁴ CHICKEN SANDWICH
 SPICY CHICKEN SANDWICH
 OR
 LASAGNA ITALIANO
 GARLIC TEXAS TOAST - W/G
 OR
 GRAB AND GO LUNCH BAG

 TPSD GARDEN SALAD/DRESS.
 SEASONED GREEN BEANS
 GLAZED CARROT COINS
 GRANNY GRN. APPLE WEDGES
 FRZ DICED PEACHES IN CUP
 ASSORTED FRUIT JUICES
 CHOICE OF MILK
 SUGAR COOKIE

¹⁵ FIESTA STYLE PIZZA
 OR CHEESE PIZZA WEDGE
 OR
 CHICKEN AND DUMPLINGS
 WHOLE GRAIN YEAST ROLL
 OR
 GRAB AND GO LUNCH BAG

 SEASONED BLACK EYE PEAS
 SWT POTATO FRIES/CUBES
 CREAMY COLESLAW
 CUCUMBERS & RANCH DIP
 BLUE RASPB DICED PEARS
 FRESH ORANGE WEDGES
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

¹⁶ BEEFY NACHOS GRANDE
 TORT. CHIPS NACHO CHEESE
 SALSA JALEPENO SLICES
 OR
 BBQ MEATBALLS
 W/G OR SWT YEAST ROLL
 OR
 GRAB AND GO LUNCH BAG
 CHEESY CALIFORNIA VEGGIE
 BAKED POTATO/TATER TOTS
 CARROT STICKS & RANCH DIP
 FRESH GRAPPLE SLICES
 LIME GREEN APPLESAUCE
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

¹⁹ FEBRUARY 2018
 LUNCH MENUS
 PREK - 5TH
 ENJOY A CHOICE OF
 HOT OR COLD BREAKFAST
 EVERY MORNING
 AT ALL TPSD SCHOOLS

²⁰ VARIETY OF PIZZAS
 OR CHEESE PIZZA
 OR
 MGR. CHOICE OF
 COUNTRY CHICKEN
 CASSEROLES / W/G TX TOAST
 OR
 GRAB AND GO LUNCH & CHIPS

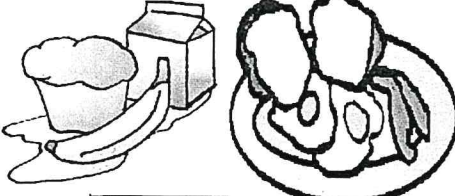
 SEASONED PEAS & CARROTS
 TPSD GARDEN SALAD/DRESS.
 BAKED SPICY FRIES
 FRESH BANANA
 FRZ DICED STRAWBY IN CUP
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

²¹ MGR. CHOICE OF
 BAKED ITALIAN PASTAS
 W/GRAIN GARLIC TX TOAST
 OR
 GRILL. CHEESE SANDWICH
 VEGETABLE BEEF SOUP
 OR
 GRAB AND GO LUNCH & CHIPS
 BOWL OF VEGGIE BEEF SOUP
 SWEET POTATO FRIES/CUBES
 FRESH VEGGIES & RANCH DIP
 FRESH ORANGE WEDGES
 LIME GREEN DICED PEARS
 ASSORTED FRUIT JUICES
 CHOICE OF MILK
 CHOCOLATE CHIP COOKIE

²² BBQ PULLED PORK SUB SAND.
 OR SIRACHA PULL. PORK SAND
 OR
 CRISPY CHICKEN TENDERS
 SWEET YEAST ROLL
 OR
 CORNBREAD DRESSING
 BAKED BEANS
 TPSD SUPER GREENS SALAD
 (SPINACH, ROMAINE, BROCCOLI
 CHOICE OF DRESSING
 MGR. CHOICE HOT VEGGIE
 FRESH PEAR SLICES
 ROSEY APPLESAUCE
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

²³ FAJITA CHICKEN NACHOS
 TORT. CHIPS NACHO CHEESE
 SALSA JALEPENO SLICES
 OR
 CRISPY BEEF STICKS
 SWEET YEAST ROLL

 CUCUMBER SLICES & R. DIP
 BROCCOLI FLORETS & R. DIP
 BAKED POTATO / TATER TOTS
 WHOLE K CORN
 FRESH GRAPPLE SLICES
 FRZ DICED PEACHES IN CUP
 ASSORTED FRUIT JUICES
 CHOICE OF MILK



²⁶ HAMBURGER/CHEESEBURGER
 LETTUCE & PICKLE TRIM.
 OR
 CHICKEN ALFREDO PASTA
 W/G OR SWT YEAST ROLL
 OR
 GRAB & GO LUNCH & CHIPS

 BAKED CRINKLE FRIES
 CREAMY STYLE COLESLAW
 SEASONED MIXED VEGGIES
 FRESH ORANGE WEDGES
 PINEAPPLE & CHERRIES
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

²⁷ CRISPY CHICKEN NUGGETS
 W/G OR SWEET YEAST ROLL
 OR
 BOWL OF CHILI
 WITH BAKED CHEESE STICK
 OR
 GRAB & GO LUNCH & CHIPS

 CREAMED POTATOES/GRAVY
 FRESH CARROT STICKS & DIP
 SEASONED PINTO BEANS
 FRESH BANANA
 FRZ APPLE SLICES DELICIOUS
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

²⁸ STUFFED CRUST PEPPERONI
 OR CHEESE PIZZA WEDGE
 OR
 BBQ DICED CHICKEN ON BUN
 SIRACHA DICED CHICKEN/BUN
 OR
 GRAB AND GO LUNCH & CHIPS
 TPSD GARDEN SALAD/DRESS.
 SEASONED GREEN BEANS
 SWT POTATO WAFFLE FRIES
 FRESH BANANA
 FRZ DICED STRAWBY IN CUP
 ASSORTED FRUIT JUICES
 CHOICE OF MILK
 OATMEAL RAISIN COOKIE

¹ BAKED BEEF A RONI
 W/GRAIN OR SWT YEAST ROLL
 OR
 TURKEY CORN DOG NUGGETS
 OR
 GRAB & GO LUNCH & CHIPS

 SEASONED TURNIP GREENS
 FRESH VEGGIES/RANCH CIP
 WHOLE K CORN
 FRESH APPLE WEDGES
 BLUSHING BLUE DICED PEARS
 ASSORTED FRUIT JUICES
 CHOICE OF MILK

² CRISPY STEAK SANDWICH
 PICKLE SLICES
 OR
 FAJITA CHICKEN LOADED
 BAKED POTATO / TX TOAST
 SALSA CUP
 OR
 GRAB & GO LUNCH & CHIPS

 BAKED POTATO/ MARG/S.CRM
 COOL CUKE SLICES & DIP
 GLAZED CARROT COINS
 APPLE AND ORANGE SLICES
 FRZ DICED PEACHES IN CUP
 ASSORTED FRUIT JUICES
 CHOICE OF MILK