



MIDDLE SCHOOL BREAKFAST MENU—AUGUST 2019

Visit our district web page for more information www.novatofans.org

Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22 English Muffin Sandwich (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	23 Breakfast Taco (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich
26 Breakfast Taco (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	27 English Muffin Sandwich (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	28 Breakfast Taco (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	29 English Muffin Sandwich (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	30 Breakfast Taco (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich

CLOVER MILK
1 % white, Fat Free white, or Fat Free Chocolate
Offered with all meals.
Does not contain Growth Hormone-rBST

SECONDARY PRICES	Breakfast	Lunch
Full Priced Student	\$ 2.25	\$ 3.50
Reduce Priced Student (this year only)	\$.00	\$.00
Free Student	No charge	
Adult Price	\$ 2.50	\$ 4.00
Milk only	\$.50	

**PART TIME
JOBS
AVAILABLE!!
CALL
415-892-2115**

APPLY NOW ! for Free & Reduced meals.

Applications available at your school office, cafeteria or online.

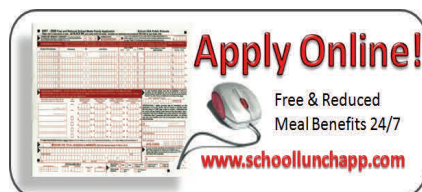
***NEW STUDENTS to the PROGRAM: Meals are full price until you are notified of your eligibility

Go to www.school lunchapp.com Click on "Apply Online"

Select your State (California) & School District (Novato USD)

Follow the easy, step-by-step screens.

If you have questions call Food Services (415)892-2115



**Menu items are subject to change
Every Meal Includes Fruit, Veggie, & Milk
This Institution is an Equal Opportunity
Provider**

Desayuno de Secundaria—Augusto 2019

Para mas informacion vaya a www.novatofans.org

Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22 English Muffin Sandwich (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	23 Burrito Panecillo de Bagel Yogurt-Fruit Parfait Cereal Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich
26 Burrito Panecillo de Bagel Yogurt-Fruit Parfait Cereal Pancakes Minis Muffin Sunbutter Sandwich Zee Zee Nutritional Bar	27 English Muffin Sandwich (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	28 Burrito Panecillo de Bagel Yogurt-Fruit Parfait Cereal Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	29 English Muffin Sandwich (Veggie Patty, Egg, & Cheese) Bagel Yogurt-Fruit Parfait Assorted Cereals Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich	30 Burrito Panecillo de Bagel Yogurt-Fruit Parfait Cereal Pancakes Minis Muffin Zee Zee Nutritional Bar Sunbutter Sandwich

La Leche de CLOVER
1 % o Libre de grasa
No contiene la hormona
Del crecimiento (rBST)

Presios de las comidas Desayuno Almuerzo

Estudiante Completa Caro	\$ 2.25	\$ 3.50
Reduccion de Precio de Estudiante (solo este ano)	\$.00	\$.00
Alumno Libre	\$ 0.00	
Adultos	\$ 2.50	\$ 4.00
Leche	\$.50	

Trabajos de Medio Tiempo !
415-892-2115

APLICAR AHORA ! Para las comidas gratis y reducida.

Las Aplicaciones disponibles en su oficina de la escuela, la cafeteria o en el Internet



Vaya a www.schoolunchapp.com
Vaya al Aplica en la WEB "Apply Online"
Seleccione su estado (California) & el distrito escolar (Novato USD)
Siga las instrucciones faciles.
Para preguntas llame al Food Services (415) 892-2115



Menu Conforme a Cambio.
Todas las Comidas Incluyen frutas, Verduras y Leche.
Esta Institucion es un Proveedor de Igualdad de Oportunidades