



# Lu Sutton Summer Lunch Menu




Monday	Tuesday	Wednesday	Thursday	Friday
June 24 Veggie Cheese Burger w/ Lettuce and Tomato Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk 	June 25 Baked Chicken Tenders Cornbread Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	June 26 Home Style Cheese Pizza Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Mil	June 27 Hot Turkey & Cheese on Ciabatta Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	June 28 Bean and Cheese Burrito Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk
July 1 Quesadillas Chips \ Salsa Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Mil 	July 2 Teriyaki Chicken Drumstick Whole Wheat Roll Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 3 Home Style Cheese Pizza Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 4 <p style="text-align: center;"><b>4th of July</b></p> 	July 5 <p style="text-align: center;"><b>MEALS NOT AVAILABLE</b></p>
July 8 Veggie Cheese Burger w/ Lettuce and Tomato Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 9 Baked Chicken Tenders Cornbread Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 10 Home Style Cheese Pizza Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 11 Hot Turkey & Cheese on Ciabatta Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 12 Bean and Cheese Burrito Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk
July 15 Quesadillas Chips \ Salsa Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk 	July 16 Teriyaki Chicken Drumstick Whole Wheat Roll Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 17 Home Style Cheese Pizza Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 18 Sandwich \Turkey \Cheese Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk	July 19 BBQ Pork Rib Sandwich Vegetarian Chili Beans Fresh Seasonal Fruit Seasonal Veggies White 1% Milk White Fat Free Milk

**Breakfast Available:**  
from 8:00am to 8:30am

**Lunch Available:**  
from 11:30am to 12:15 pm

**Monday—Friday**  
**June 24th—July 19th**  
**No July 4th & 5th**



**CLOVER MILK**

1% or Fat Free  
Offered with all meals.

Does not contain Growth Hormone-rBST

For more information at [www.novatofans.org](http://www.novatofans.org)



**Small choices can make a big difference!** After this **Soda-Free Summer**, when you are thirsty, try replacing soda with **pure, free, refreshing water** as often as you can.

Your body—and your children’s bodies—will **thank you**