



# Lu Sutton Summer Breakfast Menu




Monday	Tuesday	Wednesday	Thursday	Friday
June 24 Assorted Cereals Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk 	June 25 Cinnamon Bagel with Cream Cheese Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	June 26 Muffin Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	June 27 Breakfast Bar Nutrigrain Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk	June 28 Mini Pancakes Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk
July 1 Assorted Cereals Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk 	July 2 Cinnamon Bagel with Cream Cheese Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	July 3 Muffin Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	July 4 <p style="text-align: center;"><b>4th of July</b></p> 	July 5 <p style="text-align: center;"><b>MEALS NOT AVAILABLE</b></p>
July 8 Assorted Cereals Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk	July 9 Cinnamon Bagel with Cream Cheese Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	July 10 Muffin Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	July 11 Breakfast Bar Nutrigrain Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk	July 12 Mini Pancakes Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk
July 15 Assorted Cereals Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk 	July 16 Cinnamon Bagel with Cream Cheese Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	July 17 Muffin Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk	July 18 Breakfast Bar Nutrigrain Mozzarella Cheese Stick Fresh Fruit White 1% Milk White Fat Free Milk	July 19 Mini Pancakes Sunflower Seeds Fresh Fruit White 1% Milk White Fat Free Milk

**Breakfast Available:**  
from 8:00am to 8:30am

**Lunch Available:**  
from 11:30am to 12:15 pm

**Monday—Friday**  
**June 24th—July 19th**  
**No July 4th & 5th**



**CLOVER MILK**

1% or Fat Free

Offered with all meals.

Does not contain Growth Hormone-rBST

For more information at [www.novatofans.org](http://www.novatofans.org)



**Small choices can make a big difference!** After this **Soda-Free Summer**, when you are thirsty, try replacing soda with **pure, free, refreshing water** as often as you can.

**Your body—and your children’s bodies—will thank you**