

# Hamilton Middle School June Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1  BBQ Pork Rib Sandwich with beans Turkey & Cheese Sandwich Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free	2  Pizza Turkey & Cheese Sandwich Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free
5  Bean and Cheese Burrito Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free	6  Spicy Chicken Tender Turkey & Cheese Sandwich Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free	7  Veggie Burger w/ Cheese Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free	8  Pizza Turkey & Cheese Sandwich Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free	9  Turkey & Cheese Sandwich Sunbutter/Honey Sandwich Seasonal Fruit Fresh Salad Bar Milk White 1% & Fat Free



**Small choices can make a big difference!** After this **Soda-Free Summer**, when you are thirsty, try replacing soda with **pure, free, refreshing water** as often as you can.

**Your body—and your children’s bodies—will thank you**



## Free Summer Lunch Meals / Almuerzos de Verano Gratis

**Kids and teens 18 and under**  
**Niños y adolescentes de 18 años y menos**

Desayuno: 8:00am hasta las 8:45am      Breakfast: 8:00am - 8:45am  
 Almuerzo: 11:45am hasta las 12:00pm      Lunch: 11:45am - 12:00pm  
 de lunes a jueves SOLAMENTE      Monday - Thursday ONLY  
 junio 19 a julio 20      June 19<sup>th</sup> - July 20<sup>th</sup>

No hay servicio el 3 de julio y 4 de julio / No service on July 3<sup>rd</sup> & July 4<sup>th</sup>



[www.NovatoFANS.org](http://www.NovatoFANS.org)

Call/Liame 415-493-5351

Hamilton Elementary School Gym  
5530 Nave Drive / Novato, CA 94949