



October 2018

LOSD Elementary Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
1	Turkey Burger Veggie Burger	2 Beef & Bean Burrito or Bean and Cheese Pupusa	3 Chicken n'Gravy w/ Dinner Roll or Mac n'Cheese	4 Chicken Enchilada or Bean and Cheese Burrito	5 Veggie Chili w/Corn Bread or Cheese Bites w/Marinara
8 	Hamburger or Veggie Burger	9 Cheese Pizza or Bean and Cheese Pupusa	10 Turkey Soft Tacos or Mac n'Cheese	11 Orange Chicken w/ Rice or Bean and Cheese Burrito	12 Alfredo Pasta w/ Parmesan or Cheese Bites w/ Marinara
15	Chicken Sandwich or Veggie Burger	16 Mozzarella Sticks w/Marinara or Bean and Cheese Pupusa	17 Chicken Vegetable and Rice Soup or Mac n'Cheese	18 Spaghetti & Meat Sauce or Bean and Cheese Burrito	19 Nachos or Cheese Bites w/ Marinara
22	Mini Corn Dogs n'Tots or Veggie Burger	23 Pepperoni French Bread Pizza or Bean and Cheese Pupusa	24 Chicken Soft Tacos or Mac n'Cheese	25 Chicken Chow Mein or Bean and Cheese Burrito	26 Cheese Quesadilla or Cheese Bites w/Marinara
29	Chicken Strips or Veggie Burger	30 Chicken Tamale or Bean and Cheese Pupusa	31  Turkey Sloppy Joe or Mac n'Cheese	1 BBQ Chicken & Mashed Potatoes or Bean and Cheese Burrito	2 Veggie Fried Rice or Cheese Bites w/Marinara

Choice of Hot
Entree
or
Yogurt Basket
(Yogurt, String Cheese and
Crackers)
or
WOWBUTTER
Sandwich
or
Hummus Basket
(Hummus, WG Cracker,
Cheese Stick)

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LOSD Elementary Breakfast Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Early Morning	Bagel w/ String Cheese & Cream Cheese	Breakfast Sandwich w/!ots	French Toast and Sausage	Egg and Cheese Burrito w/!ots	Egg Frittata w/Biscuit
Snack Break Breakfast	Cereal w/ Sunflower Seeds	Breakfast Bar w/String Cheese	Cereal w/Sunflower Seeds	Breakfast Bar w/String Cheese	Cereal w/Sunflower Seeds

Offered Daily
with Breakfast and Lunch:
Assorted Fresh Fruit
1% and Fat Free Milk

Offered Tuesday and Thursdays
with Lunch:
Full Salad Bar

All Menus are subject to Change

In an effort to support the protection of our environment, we no longer serve or sell single use water bottles at any of the elementary schools.

Pathwater is available for \$2.00. This water comes in a reusable aluminum bottle. There is a place on the bottle for the students' name. We encourage the use of the water hydration stations to refill your reusable water bottle.

Breakfast Price:
\$2.25
Lunch Price:
\$3.00

Meals can be prepaid on-line :
family.titank12.com

If your student qualifies for the free or reduced lunch program their meals will be received at no cost

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