

Start your day off **"Fresh and Smart"** by participating in our Breakfast for All program. We offer free breakfast to all enrolled students before school. We also offer a second chance breakfast at sites offering nutrition break.

**Meal Prices**  
**Breakfast - Free**

**Lunch -**  
**Reduced \$0.40 Daily**  
**Reduced \$2.00 Weekly**

**Paid \$2.75 Daily**  
**Paid \$13.75 Weekly**



**Sack Lunch and Pizza Party order forms are available on the district web site. We ask that you fax all request 2 weeks in advance to: 556-0212.**

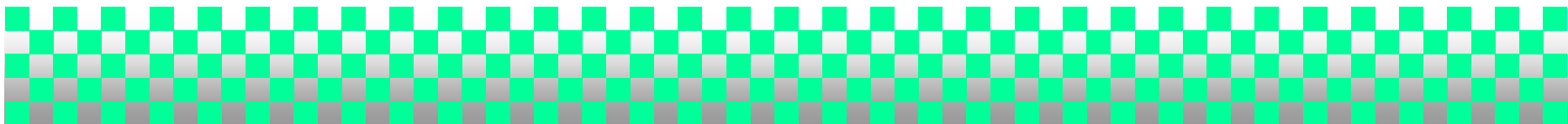


# Jr. High School Menu



March - June  
Breakfast and Lunch

Fresh & Smart  
Nutrition  
  
Ceres Unified



# Jr. High Menu

Mon	Tue	Wed	Thu	Fri
Cereal Variety Cinnamon Roll Apple Cinnamon Pancakes Egg & Cheese Wrap Stuffed Croissant Fruit Variety Milk Variety	Cereal Variety Breakfast Breads Apple Cranberry Danish Pancake Breakfast Bites Biscuit & Gravy Fruit Variety Milk Variety	Cereal Variety Breakfast Pizza Bagel Fiesta Egg & Cheese Sandwich Muffin Breakfast Bun Bites Fruit Variety Milk Variety	Cereal Variety Blueberry Pancake on a stick Egg, Bacon & Cheese Burrito Pan Dulce Crumb Cake Fruit Variety Milk Variety	Cereal Variety French Toast Sticks Sausage Biscuit Mini Strawberry Pancakes Yogurt w/Granola Fruit Variety Milk Variety
Chicken Garden Salad Tuna Croissant w/ Chips Korean BBQ Chicken Chile Verde Pulled Pork <b>Four Cheese Pizza</b> Pepperoni Pizza <b>Uncrustable/Pretzels</b> BBQ Chicken Sandwich <b>Cheese Enchilada</b> Corn Dog w/Chips Fruit Variety Vegetable Variety Milk Variety	Chicken Caesar Salad <b>Egg Salad Sandwich</b> Spicy Chicken Strips w/Chips Teriyaki Chicken w/Rice <b>Four Cheese Pizza</b> Buffalo Chicken Pizza <b>Hummus Pack</b> Beef Hot Dog w/Chips BBQ Pulled Pork Sliders Beef Stroganoff Fruit Variety Vegetable Variety Milk Variety	Popcorn Chicken Salad Spicy Chicken Wrap Mandarin Orange Chicken <b>Southwest Bowl</b> <b>Four Cheese Pizza</b> Meat Combo Pizza Uncrustable w/Pretzels Chicken Parmesan Sandwich Chicken Tinga w/Rice <b>En Fuego Bean &amp; Cheese Burrito</b> Fruit Variety Vegetable Variety Milk Variety	Deli Salad Deli Combo Sandwich Lemon Chicken w/Rice Pork Chop w/Potatoes <b>Four Cheese Pizza</b> Hawaiian Pizza <b>Soup &amp; Sandwich</b> Spicy Chicken Sandwich <b>Soup &amp; Sandwich</b> Fiesta Bean & Cheese Burrito Fruit Variety Vegetable Variety Milk Variety	Crispy Chicken Salad Bologna & Cheese Sandwich <b>Nachos</b> <b>Cheese Stuffed Shells</b> <b>Four Cheese Pizza</b> <b>Veggie Pizza</b> <b>Smothered Burritos</b> Chili Macaroni Meatball Sub Cheeseburger Fruit Variety Vegetable Variety Milk Variety

All meals must include 1/2c fruit or 1/2c vegetable and two other items to be a reimbursable meal

**MILK VARIETY AVAILABLE FOR ALL MEALS:  
NON FAT CHOCOLATE  
LOW FAT WHITE**

Menu Subject to Changes Based on Product Availability.



**Vegetarian Options in Green**

