

Start your day off **“Fresh and Smart”** by participating in our Breakfast for All program. We offer free breakfast to all enrolled students before school. We also offer a second chance breakfast at sites offering nutrition break.

Meal Prices

Breakfast -
Reduced \$0.40 Daily
Paid \$1.25

Lunch -
Reduced \$0.40 Daily
Reduced \$2.00 Weekly

Paid \$2.75 Daily
Paid \$13.75 Weekly



Sack Lunch and Pizza Party order forms are available on the district web site. We ask that you fax all request 2 weeks in advance to: 556-0212.



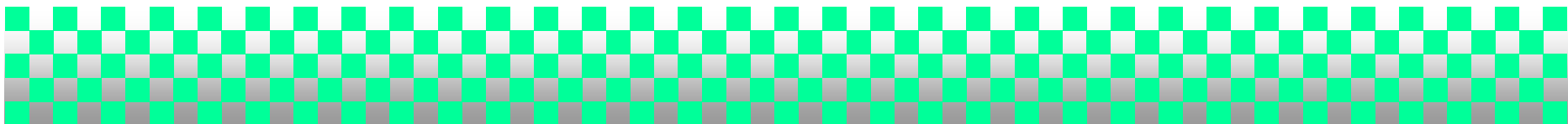
Whitmore Charter Jr High & High School Menu



February
Lunch

Fresh & Smart
 Nutrition

 Ceres Unified



Lunch

				1	2
				Asian Noodle Salad Soup & Sandwich Chicken Fajita Mango Mandarin Chicken	Asian Noodle Salad Bean & Cheese Burrito Chicken Parmesan Sandwich Breadstick Bites
5	6	7	8	9	
Chicken Caesar Salad Uncrustable Hamburger Thai Chili Chicken	Chicken Caesar Salad Nachos Spicy Chicken Strips Mango Mandarin Chicken	Chicken Caesar Salad Grilled Cheese Meat Combo Pizza Ham & Cheese on a Croissant	Chicken Caesar Salad Bean & Cheese Burrito Pork Chop w/Mac & Cheese Chicken Sandwich	Chicken Caesar Salad Lasagna Heart Nuggets Beef Hot Dog w/Chips	
12	13	14	15	16	
No School	No School	No School	No School	No School	
19	20	21	22	23	
No School	Santa Fe Chicken Salad Buffalo Chicken Pizza Uncrustable Cherry Blossom Chicken	Santa Fe Chicken Salad Chili Macaroni Chicken Strips w/chips Rib A Que	Santa Fe Chicken Salad Garden Salad Combo Sandwich Sweet Chili Chicken	Santa Fe Chicken Salad Tuna Croissant Sandwich Chicken Tamale Personal Cheese Pizza	
26	27	28			
Crispy Chicken Salad Hummus Pack Beef Soft Taco Chicken Drumsticks	Crispy Chicken Salad Cheeseburger Ham & Cheese on Ciabatta Beef Stroganoff	Crispy Chicken Salad Smothered Burrito Chicken Taquitos Lemon Chicken			



Breakfast Served Daily
Please see the K-12 menu for offerings.



All lunches are served with a variety of fresh and canned fruits and vegetables daily.
All meals must include a 1/2 cup fruit or vegetable with two other items to be a

MILK VARIETY AVAILABLE FOR ALL MEALS: NON FAT CHOCOLATE LOW FAT WHITE

