

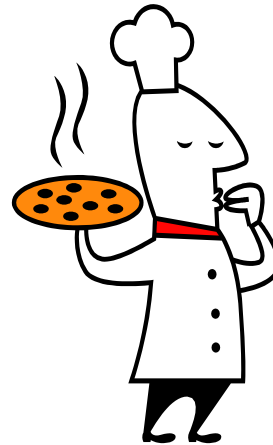


Start your day off **“Fresh and Smart”** by participating in our Breakfast for All program. We offer free breakfast to all enrolled students before school. We also offer a second chance breakfast at sites offering nutrition break.

Meal Prices
Breakfast - Free

Lunch -
Reduced \$0.40 Daily
Reduced \$2.00 Weekly

Paid \$2.75 Daily
Paid \$13.75 Weekly



Sack Lunch and Pizza Party order forms are available on the district web site. We ask that you fax all request 2 weeks in advance to: 556-0212.

MILK VARIETY INCLUDED WITH ALL MEALS
FOR ALL MEALS:
NON FAT CHOCOLATE
LOW FAT WHITE



Menu Subject to Changes Based on Product Availability.

All meals must include 1/2 cup vegetable or fruit and two other items to be a complete meal.

High School Menu



December—February
Breakfast and Lunch

Fresh & Smart





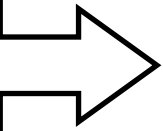
Fresh Seasonal Vegetables and Fruit Available Daily For Lunch.


Vegetarian options indicated in green

High School Menu

Mon	Tue	Wed	Thu	Fri
Cereal Variety Cinnamon Roll Egg & Cheese Wrap Apple Cinnamon Pancakes Egg & Potato Burrito Oatmeal Fruit Variety	Cereal Variety Breakfast Breads Apple Cranberry Danish Pancake Breakfast Bites Ham, Egg & Cheese Sandwich Oatmeal Fruit Variety	Cereal Variety Breakfast Pizza Bagel Egg & Cheese Sandwich Muffin Breakfast Bun Bites Oatmeal Fruit Variety	Cereal Variety Blueberry Pancake on a stick Egg & Sausage Burrito Pan Dulce Crumb Cake Oatmeal Fruit Variety	Cereal Variety French Toast Sticks Sausage Biscuit Mini Strawberry Pancakes Yogurt w/Granola Oatmeal Fruit Variety
Thai Chili Chicken Popcorn Chicken Bowl Spicy Chicken Sandwich Chicken Nuggets w/Chips Fruit Variety Vegetable Variety Daily Pizza Potions: Four Cheese Pizza Pepperoni Pizza	Beef Stroganoff Uncrustable w/Pretzels Cheeseburger Spicy Chicken Strips w/Chips Fruit Variety Vegetable Variety Daily Pizza Potions: Four Cheese Pizza Buffalo Chicken Pizza	Southwest Bowl Rib A Que Spicy Boneless Chicken Wings Smothered Burrito Pudding Cup Fruit Variety Vegetable Variety Daily Pizza Potions: Four Cheese Pizza Meat Combo Pizza	Turkey & Gravy Uncrustable w/Pretzels Chicken Sandwich Bean & Cheese Burrito Fruit Variety Vegetable Variety Daily Pizza Potions: Four Cheese Pizza Hawaiian Pizza	Lasagna w/Garlic Toast Beef Hot Dog w/Chips Chicken Parmesan Chicken Tamale Snickerdoodle Cookie Fruit Variety Vegetable Variety Daily Pizza Potions: Four Cheese Pizza Veggie Pizza
Daily Specialty Bar Offering: Taco Bar	Daily Specialty Bar Offering: Nacho Bar-Vegetarian Option	Daily Specialty Bar Offering: Pasta Bar-Vegetarian Option	Daily Specialty Bar Offering: Oriental Bar	Daily Specialty Bar Offering: Nacho Bar-Vegetarian Op-

Sandwich Bar
 Build your own sandwich. We provide you with the meat and cheese on a variety of breads and you add your own toppings.
Note: The bar is served as a complete meal.





Salad Bar

Create your own work of art. We'll provide you with the lettuce and protein. You add your own toppings from our colorful palette to create an individualized work of art.

Note: The salad bar is served as a complete meal.



Dress up your burger and sandwich with our new veggie bar.

