

Start your day off **“Fresh and Smart”** by participating in our Breakfast for All program. We offer free breakfast to all enrolled students before school. We also offer a second chance breakfast at sites offering nutrition break.

Meal Prices
Breakfast - Free

Lunch -
Reduced \$0.40 Daily
Reduced \$2.00 Weekly

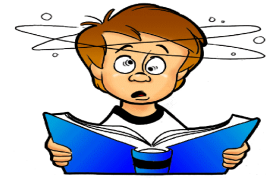
Paid \$2.75 Daily
Paid \$13.75 Weekly



Sack Lunch and Pizza Party order forms are available on the district web site. We ask that you fax all request 2 weeks in advance to: 556-0212.



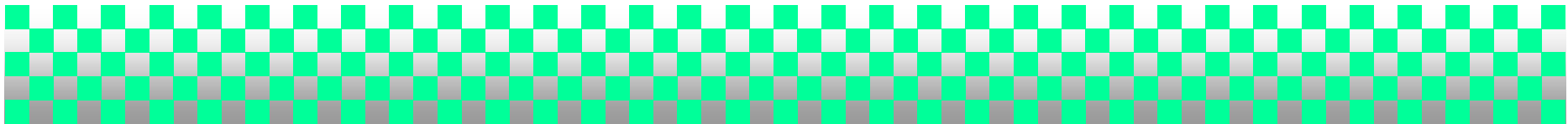
Jr. High School Menu



December—February
Breakfast and Lunch

Fresh & Smart
Nutrition

Ceres Unified



Jr. High Menu

Mon	Tue	Wed	Thu	Fri
Cereal Variety Cinnamon Roll Apple Cinnamon Pancakes Egg & Cheese Wrap Egg & Potato Burrito Fruit Variety Milk Variety	Cereal Variety Breakfast Breads Apple Cranberry Danish Pancake Breakfast Bites Ham, Egg & Cheese Sandwich Fruit Variety Milk Variety	Cereal Variety Breakfast Pizza Bagel Egg & Cheese Sandwich Muffin Breakfast Bun Bites Fruit Variety Milk Variety	Cereal Variety Blueberry Pancake on a stick Egg & Sausage Burrito Pan Dulce Crumb Cake Fruit Variety Milk Variety	Cereal Variety French Toast Sticks Sausage Biscuit Mini Strawberry Pancakes Yogurt w/Granola Fruit Variety Milk Variety
Crispy Chicken Salad Ham & Cheese on Ciabatta Thai Chili Chicken Popcorn Chicken Bowl Four Cheese Pizza Pepperoni Pizza Uncrustable/Pretzels Spicy Chicken Sandwich Beef Soft Taco Chicken Nuggets Fruit Variety Vegetable Variety Milk Variety	Chicken Caesar Salad Roast Beef Sub w/Chips Spicy Chicken Strips w/Chips Cherry Blossom Chicken Four Cheese Pizza Buffalo Chicken Pizza Nachos Cheeseburger Popcorn Orange Chicken Beef Stroganoff Fruit Variety Vegetable Variety Milk Variety	Apple Berry Chicken Salad Ham & Cheese on Croissant Lemon Chicken w/Rice Pasta Alfredo Four Cheese Pizza Meat Combo Pizza Uncrustable w/Pretzels Rib A Que Spicy Boneless Chicken Smothered Burrito Fruit Variety Vegetable Variety Milk Variety	Santa Fe Chicken Salad Deli Combo Sandwich Mango Mandarin Chicken Turkey & Gravy Four Cheese Pizza Hawaiian Pizza Southwest Bowl Chicken Sandwich Soup & Sandwich Breakfasts Burrito Fruit Variety Vegetable Variety Milk Variety	Crispy Chicken Pita Tuna Sandwich on Kaiser Nachos Lasagna Four Cheese Pizza Veggie Pizza Bean & Cheese Burrito Hot Dog w/Chips Chicken Parmesan Chicken Tamale Fruit Variety Vegetable Variety Milk Variety

All meals must include 1/2c fruit or 1/2c vegetable and two other items to be a reimbursable meal

MILK VARIETY AVAILABLE FOR ALL MEALS: NON FAT CHOCOLATE LOW FAT WHITE

Menu Subject to Changes Based on Product Availability.



Vegetarian Options in Green

