



Start your day off **"Fresh and Smart"** by participating in our Breakfast for All program. We offer free breakfast to all enrolled students before school. We also offer a second chance breakfast at sites offering nutrition break.

#### Meal Prices

Breakfast -  
Reduced \$0.40 Daily  
Paid \$1.25

Lunch -  
Reduced \$0.40 Daily  
Reduced \$2.00 Weekly

Paid \$2.75 Daily  
Paid \$13.75 Weekly



**Sack Lunch and Pizza Party order forms are available on the district web site. We ask that you fax all request 2 weeks in advance to: 556-0212.**



## Beaver Jr. High



October  
Lunch

Fresh & Smart

Nutrition



Ceres Unified



# Lunch



|  |  |   |  |  |
|--|--|---|--|--|
| <p>2</p> <p>Chicken Caesar Salad<br/>Spicy Chicken Sandwich<br/>Pepperoni Pizza Pocket<br/>Mandarin Orange Chicken</p> | <p>3</p> <p>Chicken Caesar Salad<br/>Hummus Pack<br/>Rib A Que<br/>Popcorn Chicken Bowl</p>                          | <p>4</p> <p>Chicken Caesar Salad<br/>Tuna Croissant Sandwich<br/>Mini Corn Dog<br/>Chili Macaroni</p>                         | <p>5</p> <p>Chicken Caesar Salad<br/>Carnitas Taco Truck Taco<br/>Chicken Drumstick<br/>Southwest Bowl</p> | <p>6</p> <p>Chicken Caesar Salad<br/>Deli Combo Sandwich<br/>Bean &amp; Cheese Burrito<br/>Pasta Alfredo</p> |
| <p>9</p> <p>Chicken Garden Salad<br/>Turkey &amp; Cheese Croissant<br/>Cheese Ravioli<br/>Asian Chicken Chunks</p>     | <p>10</p> <p>Chicken Garden Salad<br/>Egg &amp; Cheese Pack<br/>Mango Mandarin Chicken<br/>Buffalo Chicken Pizza</p> | <p>11</p> <p>Chicken Garden Salad<br/>Smothered Burrito<br/>Ham &amp; Cheese on Ciabatta<br/>Spicy Boneless Chicken Wings</p> | <p>12</p> <p>Chicken Garden Salad<br/>Uncrustable<br/>Turkey &amp; Gravy<br/>Chicken Sandwich</p>          | <p>13</p> <p>Chicken Garden Salad<br/>Beef Hot Dog<br/>Pasta Alfredo<br/>Chicken Tamale</p>                  |
| <p>16</p> <p>Crispy Chicken Wrap<br/>Rotini w/Meat Sauce<br/>BBQ Chicken Sandwich<br/>Nachos</p>                       | <p>17</p> <p>Crispy Chicken Wrap<br/>Bean &amp; Cheese Burrito<br/>Roasted BBQ Chicken<br/>Cheeseburger</p>          | <p>18</p> <p>Crispy Chicken Wrap<br/>Kung Pao Chicken<br/>Waffle Chicken Sandwich<br/>Four Cheese Pizza</p>                   | <p>19</p> <p>Crispy Chicken Wrap<br/>Garden Salad<br/>Chili w/Cornbread<br/>Roast Beef Sandwich</p>        | <p>20</p> <p>Crispy Chicken Wrap<br/>Teriyaki Chicken<br/>Southwest Bowl<br/>Chicken Parmesan Sandwich</p>   |
| <p>23</p> <p>Crispy Chicken Salad<br/>Cheese Enchilada<br/>Chicken Fajita<br/>Pepperoni Pizza</p>                      | <p>24</p> <p>Crispy Chicken Salad<br/>Hummus Pack<br/>Carnitas Taco Truck Tacos<br/>Thai Chili Chicken</p>           | <p>25</p> <p>Crispy Chicken Salad<br/>Nachos<br/>Halloween Nuggets<br/>Hamburger</p>  | <p>26</p> <p>Crispy Chicken Salad<br/>Uncrustable<br/>Salisbury Steak<br/>Chicken Sandwich</p>             | <p>27</p> <p>Crispy Chicken Salad<br/>Combo Deli Sandwich<br/>Mac &amp; Cheese<br/>Beef Hot Dog</p>          |
| <p>30</p> <p>No School</p>   | <p>31</p> <p>Deli Ham Salad<br/>Popcorn Chicken Bowl<br/>Uncrustable<br/>Buffalo Chicken Pizza</p>                   |   |  |  |



Breakfast Served Daily



All lunches are served with a variety of fresh and canned fruits and vegetables daily.

**MILK VARIETY AVAILABLE**

