

Start your day off **“Fresh and Smart”** by participating in our Breakfast for All program. We offer free breakfast to all enrolled students before school. We also offer a second chance breakfast at sites offering nutrition break.

Meal Prices

Breakfast -
Reduced \$0.40 Daily
Paid \$1.25

Lunch -
Reduced \$0.40 Daily
Reduced \$2.00 Weekly

Paid \$2.75 Daily
Paid \$13.75 Weekly



Sack Lunch and Pizza Party order forms are available on the district web site. We ask that you fax all request 2 weeks in advance to: 556-0212.

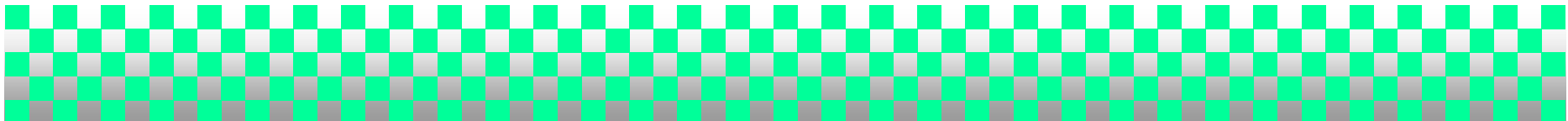


**Whitmore
 Charter Jr High
 & High School**



October
 Lunch

*Fresh & Smart
 Nutrition
 Ceres Unified*

Lunch

2	Chicken Caesar Salad Spicy Chicken Sandwich Pepperoni Pizza Pocket Mandarin Orange Chicken	3	Chicken Caesar Salad Hummus Pack Rib A Que Popcorn Chicken Bowl	4	Chicken Caesar Salad Tuna Croissant Sandwich Mini Corn Dog Chili Macaroni	5	Chicken Caesar Salad Carnitas Taco Truck Taco Chicken Drumstick Southwest Bowl	6	Chicken Caesar Salad Deli Combo Sandwich Bean & Cheese Burrito Pasta Alfredo
9	Chicken Garden Salad Turkey & Cheese Croissant Cheese Ravioli Asian Chicken Chunks	10	Chicken Garden Salad Egg & Cheese Pack Mango Mandarin Chicken Buffalo Chicken Pizza	11	Chicken Garden Salad Smothered Burrito Ham & Cheese on Ciabatta Spicy Boneless Chicken Wings	12	Chicken Garden Salad Uncrustable Turkey & Gravy Chicken Sandwich	13	Chicken Garden Salad Beef Hot Dog Pasta Alfredo Chicken Tamale
16	Crispy Chicken Wrap Rotini w/Meat Sauce BBQ Chicken Sandwich Nachos	17	Crispy Chicken Wrap Bean & Cheese Burrito Roasted BBQ Chicken Cheeseburger	18	Crispy Chicken Wrap Kung Pao Chicken Waffle Chicken Sandwich Four Cheese Pizza	19	Crispy Chicken Wrap Garden Salad Chili w/Cornbread Roast Beef Sandwich	20	Crispy Chicken Wrap Teriyaki Chicken Southwest Bowl Chicken Parmesan Sandwich
23	Crispy Chicken Salad Cheese Enchilada Chicken Fajita Pepperoni Pizza	24	Crispy Chicken Salad Hummus Pack Carnitas Taco Truck Tacos Thai Chili Chicken	25	Crispy Chicken Salad Nachos Halloween Nuggets Hamburger	26	Crispy Chicken Salad Uncrustable Salisbury Steak Chicken Sandwich	27	Crispy Chicken Salad Combo Deli Sandwich Mac & Cheese Beef Hot Dog
30	No School	31	Deli Ham Salad Popcorn Chicken Bowl Uncrustable Buffalo Chicken Pizza						



Breakfast Served Daily



All lunches are served with a variety of fresh and canned fruits and vegetables daily.

**MILK VARIETY
AVAILABLE**

