

GRAB n' GO MENU

September 2021

Entrée Salad of the Day:

Monday:
Caesar Salad
w/ Chicken


Tuesday:
Greek Pasta
Salad

Wednesday:
Turkey Chef's
Salad

Thursday:
Asian Noodles
w/ Chicken

Offered Daily:

- Hot Brd Chicken Sandwich
- BBQ Rib Hoagie
- Fish Sandwich
- Veggie Burger
- Grilled Cheese
- Burrito Variety
- "Stuffed" Sandwich Variety
- Housemade Pizza Variety
- PBJ Uncrustable
- WG Hoagie Sandwich Variety
- Cracker Variety
- Potato sides
- Fresh Veggies
- Mixed Green Salad
- Fruit/Juice Variety
- Milk Variety
- Soy/Lactaid Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Register on MySchoolBucks.com to deposit money and view student transactions.</i> <i>www.spusd.net-Departments tab Choose:Food and Nutrition</i></p>	<p><u>Meal Prices:</u> Combo Meal: Free A la Carte Entrée: \$1.50-\$2.50 100% Juice Slushies \$1.25 Water: \$0.75 Other items for sale daily.</p>	<p>1 Chicken Fajita Quesadilla Or Cheese Bites w/ Marinara</p>	<p>2 Nachos w. Turkey Meat and Cheese Sauce or Crispy Chicken Tenders (Hot & Spicy or Regular)</p>	<p>3 Pizza Hut Pizza Or Shrimp Poppers w/ Aloha Roll</p>
<p>LABOR DAY 6  No School</p>	<p>7 Teriyaki Chicken Rice Bowl w/ Edamame Or All Beef Hot Dog Or Green Chile Quesadilla</p>	<p>8 Rotini w. Meat Sauce w/ Cheesy Bun Or Chicken Tamale w/ Red Sauce</p>	<p>9 Mini Cheese Ravioli w/ Pesto-Marinara Or Crispy Chicken Tenders (Hot & Spicy or Regular)</p>	<p>10 Bosco's Mozzarella Or Pepperoni* Bread Sticks w/ Marinara Or Mini Corn Dogs</p>
<p>13 Popcorn Chicken w/ Roll Or Chicken Taquitos w/ Green Sauce</p>	<p>14 Yang's Orange Chicken Rice Bowl w/ Edamame Or Chicken Corn Dog</p>	<p>15 Penne Alfredo Or Cheese Bites w/ Marinara</p>	<p>16 Nachos w. Turkey Meat and Cheese Sauce or Crispy Chicken Tenders (Hot & Spicy or Regular)</p>	<p>17 Pizza Hut Pizza Or Shrimp Poppers w/ Aloha Roll</p>
<p>20 Buffalo Hot Lings Chicken Chunks & Flatbread Or French Bread Pizza</p>	<p>21 Teriyaki Chicken Rice Bowl w/ Edamame Or All Beef Hot Dog Or Green Chile Quesadilla</p>	<p>22 White Mac & Cheese w/ Chicken Or Chicken Tamale w/ Red Sauce</p>	<p>23 Mini Cheese Ravioli w/ Pesto-Marinara Or Crispy Chicken Tenders (Hot & Spicy or Regular)</p>	<p>24 Bosco's Mozzarella Or Pepperoni* Bread Sticks w/ Marinara Or Mini Corn Dogs</p>
<p>27 Popcorn Chicken w/ Roll Or Chicken Taquitos w/ Green Sauce</p>	<p>28 Yang's Orange Chicken Rice Bowl w/ Edamame Or Chicken Corn Dog</p>	<p>29 Chicken Potstickers w/ Edamame Or Cheese Bites w/ Marinara</p>	<p>30 Nachos w. Turkey Meat and Cheese Sauce or Crispy Chicken Tenders (Hot & Spicy or Regular)</p>	<p>Students must take 3 of the 5 Food Groups offered to make it a "Combo Meal": Protein, Grain, Fruit, Veggies and Milk. One item must be a fruit or vegetable- 1/2 cup serving.</p>