



EMPIRE UNION SCHOOL DISTRICT

SEPTEMBER 2021



Monday	Tuesday	Wednesday	Thursday	Friday
		MUFFIN TOP ¹	EGG & CHEESE SANDWICH ²	POP TART ³
		HAMBURGER (B)	CHICKEN FAJITAS (C) RICE KRISPY TREAT	PIZZA (V, T)
NO SCHOOL ⁶	CEREAL BAR ⁷	BAGELFUL ⁸	TURKEY SAUSAGE EGG WRAP ⁹	CINNAMON ROLL ¹⁰
	BURRITO (V)	CORN DOG (T)	TACO STICK(B) COOKIE	MAX STICKS WITH MARINARA
BANANA BREAD ¹³	CEREAL OR YOGURT WITH GRAHAM CRACKERS ¹⁴	FRENCH TOAST STICKS ¹⁵	BREAKFAST PIZZA ¹⁶	POP TART ¹⁷
GRILLED CHEESE(V)	SPAGHETTI WITH GARLIC STICK (B)	CHICKEN SANDWICH (C)	BRUNCH FOR LUNCH BROWNIE	PIZZA (V, T)
MUFFIN ²⁰	CEREAL BAR ²¹	PANCAKES ²²	WAFFLE ²³	CINNAMON ROLL ²⁴
DELI SANDWICH (T)	QUESADILLA (V)	HOT DOG (T)	PRETZEL JR STICK COOKIE	MAX STICKS WITH MARINARA
ZUCCHINI BREAD ²⁷	CEREAL OR YOGURT WITH GRAHAM CRACKERS ²⁸	MUFFIN TOP ²⁹	EGG & CHEESE SANDWICH ³⁰	<div style="border: 1px solid black; padding: 5px;"> Beef (B) Chicken (C) Turkey (T) Pork (P) Vegetarian (V) </div>
UNCRUSTABLE (V)	TURKEY GRAVY(T) WW ROLL	CHICKEN NUGGETS(C)	TAMALES (C) RICE KRISPY TREAT	
VEGETABLE SUBGROUPS:DARK GREEN	STARCHY	RED & ORANGE	BEANS & PEAS	OTHERS

*Non Fat Chocolate Milk & or 1% served with each meal.
 **All Entrée's Whole Grain Rich
 ***Menu subject to change.
 ****Dessert day every Thursday

ONLINE PAYMENTS

GO TO WWW.MYSCHOOLBUCKS.COM

This institution is an equal opportunities provider.

Meal Prices
 K-8.....2.55
 Reduced.....40
 Adult Lunch.....3.50
 Adult Breakfast.....1.50