



November 2 - 30, 2015

Central High School, Chesterfield County Public Schools, South Carolina

Monday, 11/2	Tuesday, 11/3	Wednesday, 11/4	Thursday, 11/5	Friday, 11/6
Sausage Biscuit Fruit or Juice/Milk	Pancake & Sausage on a stick Fruit or Juice/Milk	Pop Tart & Yogurt Fruit or Juice/Milk	Bagelful w/ Cinnamon Cream Fruit or Juice/Milk	Scrambled Eggs & Tritators Fruit or Juice/Milk
Chef Salad, Cheese Pizza Toasted Cheese Sandwich Vegetable Soup, Baked Potato, Broccoli w/ cheese & Choice of Fruit	Cheese, Veggie & Fruit Plate Baked Spaghetti Pepperoni Pizza, Garden Salad, Steamed Squash, Green Peas, Garlic Bread & Choice of Fruit	Chef Salad Chicken Pattie Sandwich Beef Fritter, Whipped Potatoes & Gravy, Collard Greens, Corn, Garden Salad, & Choice of Fruit	Chef Salad Hamburger or BBQ Chicken Brown Rice, Garden Salad, Broccoli Steamed, Field Peas, Honey Wheat Roll & Choice of Fruit	Chef Salad Grilled Chicken Sandwich Cheese Pizza, Sandwich toppings, Seasoned French Fries, Lima Beans, Green Beans & Choice of Fruit
Monday, 11/9	Tuesday, 11/10	Wednesday, 11/11	Thursday, 11/12	Friday, 11/13
Chicken Biscuit Fruit or Juice/Milk	Maple Burst'n Pancakes Fruit or Juice/Milk	Breakfast Muffin Fruit or Juice/Milk	Beef Biscuit Fruit or Juice/Milk	Pancake & Sausage on a stick Fruit or Juice/Milk
Chef Salad Beef Burrito or Cheese Pizza Chips & Salsa, Garden Salad, Pinto Beans, Steamed Corn & Choice of Fruit	Chicken Salad Plate Chicken Alfredo or Corn Dog Garden Salad, Steamed Green Beans, Rolls, & Choice of Fruit	Happy Veteran's Day Cheese, Veggie & Fruit Plate Bacon Burger or Hot Dog on Bun Sandwich Toppings, Cole Slaw, Baked Beans, French Fries Baked, Pasta Salad & Choice of Fruit	Baked Potato w/ chili Chef Salad, Oven Fried Chicken Whipped Potatoes & gravy, Breaded Okra, Field Peas, Garden Salad & Choice of Fruit	Chef Salad Spicy Chicken or BBQ Sandwich Sandwich Toppings, Seasoned French Fries, Lima Beans, Broccoli Salad & Choice of Fruit
Monday, 11/16	Tuesday, 11/17	Wednesday, 11/18	Thursday, 11/19	Friday, 11/20
Sausage Biscuit Fruit or Juice/Milk	Pillsbury Frudel Fruit or Juice/Milk	Chicken Biscuit Fruit or Juice/Milk	Breakfast Bread & Cereal Fruit or Juice/Milk	Pancake & Sausage on a stick Fruit or Juice/Milk
Cheese, Veggie & Fruit Plate Chef Salad or Fiestada Pizza Toasted Cheese Sandwich, Corn, Tomato Soup, French Fries Baked, & Choice of Fruit	Chicken Salad or Cheese Pizza Popcorn Chicken Macaroni & Cheese, Black eyed Peas, Breaded Okra & Choice of Fruit	Chef Salad Chicken Pattie or Hoagie on bun Sandwich Toppings, Doritos, Steamed Green Beans, Pasta Salad, Veggie Cup & Choice of Fruit	Sliced Turkey Baked Ham Rice & Gravy, Cornbread Stuffing, Candied Sweet Potatoes, Green Beans, Roll & Choice of Fruit	Meatball Sub Spicy Chicken Sandwich Sandwich toppings, Potato Smiles, Steamed Squash, & Choice of Fruit
Monday, 11/23	Tuesday, 11/24	Wednesday, 11/25	Thursday, 11/26	Friday, 11/27
Breakfast Pizza Fruit or Juice/Milk	Scrambled Eggs & Sausage Fruit or Juice/Milk	No School Today Fall Break	No School Today Fall Break	No School Today Fall Break
Chef Salad Nachos w/ beef Garden Salad, Corn, Chips & Salsa, Pinto Beans & Choice of Fruit	Chef Salad, Pepperoni Pizza Lasagna w/ beef Garden Salad, Steamed Green Beans, Garlic Bread, & Choice of Fruit		<p>Happy Thanksgiving</p>	
Monday, 11/30	Tuesday, 12/1	Wednesday, 12/2	Thursday, 12/3	Friday, 12/4
Sausage Biscuit Fruit or Juice/Milk				
Chef Salad, Beef Fritter Chicken Patty Sandwich Whipped Potatoes & Gravy, Breaded Okra, Black eye Peas, Yeast Rolls & Choice of Fruit				

