

The meal pattern

All meals offered in our schools meet USDA requirements. School lunches must meet meal pattern and nutrition standards based on the latest Dietary Guidelines for Americans. The current meal pattern increases the availability of fruits, vegetables, and whole grains in the school menu. The meal pattern's dietary specifications set specific calorie limits to ensure age-appropriate meals for grades K-5, 6-8 and 9-12. While school lunches must meet Federal meal requirements, decisions about what specific foods to serve and how they are prepared are made by the Nutrition Services Department.

Hours

Monday - Friday	7:30 am - 4:30 pm
Saturday	Closed
Sunday	Closed

Nutrition Services Office
546 S Citrus Avenue
Azusa, CA 91702

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Azusa Unified School District

GRADES
6 - 8 MENU

August September and October 2019

Our commitment is to offer healthy and tasty meals to our students.

This institution is an equal opportunity provider

Meal Prices
Breakfast: \$
Lunch: \$

Reduced Price: No charge



Breakfast Selection

These quick grab and go meals are available daily. All meals served with a choice of fresh fruit or 100% fruit juice and milk.

- WG Chocolate Muffin
- Butter Milk Bar
- Bagel with Cream Cheese
- Morning Jelly Sandwich

Popular Morning Selection

These quick grab and go items are whole grain items for those with a sweet tooth.

- Oatmeal Chocolate Benefit Bar
- Dutch Waffle
- Breakfast Rounds

Savory Morning Selection

Select any item and add fresh fruit or fruit juice and milk.

- English muffin with Sausage
- Build Your Own Breakfast Burrito
- Breakfast Pizza
- Breakfast Grab N Go
- Cereal with String Cheese

Lunch Selection

Bowls & Boxed meals on Monday, Tuesday & Thursday

Try these hearty meals to fill you up for the rest of the day.

- Hamburger with Potato Wedges
- Chicken Meal Box
- Macaroni and Cheese with Chicken Wings

Entrée Selections offered Monday, Tuesday & Thursday

All meals offered with extra vegetables, fruit selection and 1% or nonfat milk

- Chicken Tamale meal
- BYO Nacho Bar
- Orange Chicken Bowl

Daily Mixed Grill

Easy grab and go lunches offered with vegetables, fruit and milk. Price \$ 2.50

- Spicy Chicken Sandwich
- Breaded Chicken Sandwich
- Peanut Butter and Jelly
- Yogurt Parfait
- House Chicken Salad
- Turkey Ham Sandwich
- Ham Sandwich
- Tuna Sandwich

***Pizza Hut Every Wednesday and Friday**