


Marshall County Schools

John Marshall High Lunch Menu



Oct 2020 In- School Level 2 Four Days in Person Learning					Must be signed up for Remote (Virtual) Learning for 5 day meal kits
Monday	Tuesday	Wednesday	Thursday	Friday	
28 Breaded Chicken Strips Mashed Potatoes w/Gravy Green Beans Fresh Fruit	29 Meatball Hoagie or Turkey Sandwich on Pretzel Bun Steamed Corn Caesar Salad Chilled Peach Cup Chocolate Chip Cookie	30 Meal Kit Distribution Day Various types of Pizza, Entree Salads, and Side Salads will also be offered each day!! 	1 Meatball Hoagie or Turkey Sandwich on Pretzel Bun Steamed Corn Caesar Salad Chilled Peach Cup Chocolate Chip Cookie	2 Breaded Chicken Strips Mashed Potatoes w/Gravy Green Beans Fresh Fruit	
Breakfast Week One					
5 Oven Roasted Chicken or Philly Steak Hoagie Smiley Potatoes Baked Beans Sliced Pears Goldfish Crackers	6 Breaded Pork Chop or Chicken and Noodles Mashed Potatoes w/gravy Broccoli w/Parmesan Cheese Fresh Fruit Wow Butter Cookie	7 Meal Kit Distribution Day One and Five Day Meal Kits Must complete survey form online at http://boe.mars.k12.wv.us/ Must be signed up for Remote Learning for 5 day meal kits Pick Up Times- Meal Kits 9:30-10:00 AM 5 Day Kits 10:00-10:30 AM 1 Day Kits	8 Burrito or Egg Rolls Romaine Tossed Salad Sweet Green Peas Applesauce	9 Freshly Baked Pepperoni Roll with Marinara Sauce Baby Carrots with Dip Green Beans Fresh Fruit Rice Crispy Treat	
Breakfast Week Two					
12 Meatball Hoagie or Chicken Patty on Bun Crispy French Fries Broccoli w/Parmesan Cheese Strawberry Fruit Cup	13 Popcorn Chicken Bowl - Popcorn Chicken Mashed Potatoes, Gravy, Corn Fresh Fruit Fruit Slushie Cup	14 Cameron High School Must complete survey form online at http://boe.mars.k12.wv.us/	15 Mini Corn Dogs or Hamburger Caesar Salad Green Beans Mixed Fruit Cup Chocolate Chip Cookie	16 Philly Steak Sub Or Hot Turkey Sandwich Crispy French Fries Red Pepper Strips w/dip Carrots Fresh Fruit	
Breakfast Week Three					
19 Breaded Chicken Strips Mashed Potatoes w/Gravy Peas Applesauce	20 BBQ Rib Patty on Bun or Pretzel Dog Crispy French Fries Green Beans Fresh Fruit	21 Meal Kit Distribution Day One and Five Day Meal Kits Must complete survey form online at http://boe.mars.k12.wv.us/	22 BBQ Beef on Bun or Hot Ham and Cheese Steamed Corn Caesar Salad Chilled Peach Cup Chocolate Chip Cookie	23 Lasagna or Popcorn Chicken Wraps Snap Peas Fresh Fruit	
Breakfast Week One					
26 Chicken Patty on Bun or Philly Steak Hoagie Onion Rings Carrots Fresh Fruit	27 Breaded Pork Chop or Chicken and Noodles Mashed Potatoes w/gravy Broccoli w/Parmesan Cheese Fresh Fruit	28 Meal Kit Distribution Day One and Five Day Meal Kits Must complete survey form online at http://boe.mars.k12.wv.us/	29 Fish on Bun or Shouthweset Chicken Romaine Tossed Salad Sweet Green Peas Applesauce	30 Freshly Baked Pepperoni Roll with Marinara Sauce Baby Carrots with Dip Green Beans Fresh Fruit Rice Crispy Treat	
Breakfast Week Two					

Various types of **Pizza, Entree Salads, and Side Salads** will also be offered each day!!

Variety of milk offered everyday!

Menu Subject to change www.mcsbfit.com

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