







Monday	Tuesday	Wednesday	Thursday	Friday
4 Grilled Cheese Tomato Soup Peas Sliced Chilled Pears Goldfish Crackers	5 Breakfast Week Three Popcorn Chicken Bowl - Popcorn Chicken Mashed Potatoes, Gravy, Corn Fresh Fruit Hot Roll	6 School Made Pizza Cheese Or Pepperoni Caesar Salad Green Beans Strawberry Fruit Cup WOW Butter Cookie	7 Taco's in a Bag Or Taco Salad (Baked Whole Wheat Doritos, w/seasoned ground beef lettuce, tomato, salsa and cheese) Pinto Beans Pasta Salad Fresh Fruit	8  No School
11  Veterans Day No School	12 Breakfast Week Four Cheese Quesadilla Or Burrito Nachos with Queso Sauce Veggie Sticks w/Dip Green Beans Fresh Fruit	13 Wedge Cheese or Pepperoni Pizza Romaine Tossed Salad Garlic Roasted Cauliflower Fresh Fruit	14 Cheeseburger or Hamburger on Bun Crinkle Cut French Fries Baked Beans Strawberry Fruit Cup Broccoli and Cauliflower Salad Double Chocolate Chip Cookie	15 Asian Chicken Strips Served over Fried Rice Stir Fry Veggies Red Pepper Strips w/Dip Hot Roll Fresh Fruit
18 Meatball Hoagie Or Wow Butter and Jelly Sandwich Smile Potatoes Baked Beans Frozen Fruit Sidekick Garbanzo Bean Salad	19 Breakfast Week Five Crispy Chicken Nuggets Or Hot and Spicy Crinkle Cut French Fries Baby Carrots with Dip Fresh Fruit	20 French Bread Cheese, Garlic, or Pepperoni Pizza w/marinara sauce Garlic Steamed Broccoli Cottage Cheese Fresh Fruit Rice Crispy Treat	21 Thanksgiving Dinner Roasted Turkey Mashed Potatoes w/Gravy Homestyle Noodles Corn Hot Roll Pumpkin Dessert Fresh Fruit	22 Cooks Choice 
25 Cook Choice 	26 Cook Choice	27 Breakfast Week One No School	28 No School	29 No School
2 Salisbury Steak Mashed Potatoes w/gravy Broccoli w/Parmesan Cheese Whole Wheat Bread Sliced Pears	3 Breakfast Week Two Fish Tacos Breaded Onion Rings Steamed Corn Fresh Fruit	4 French Bread Cheese, Garlic, or Pepperoni Pizza Romaine Tossed Salad Sweet Green Peas Mandarin Orange Slices	5 Southwest Baked Chicken Roasted Red Potatoes Baked Beans Hot Roll Fresh Fruit	6 Freshly Baked Pizza Stromboli w/ marinara Baby Carrots with Dip Green Beans Frozen Fruit Sidekick

Fresh Garden Bar Offered Daily***Includes a variety of fresh leafy green and dark red and orange vegetables, fresh and canned fruit options also available. Cottage cheese, pasta, macaroni, broccoli and specialty salads rotated on the bar.

Variety of milk offered everyday!