

Marshall County Schools
Middle School Lunch Menu
September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>	<p>3</p> <p style="text-align: center;">Breakfast Week Four</p> <p>Cheese Quesadilla Or Burrito</p> <p>Nachos with Queso Sauce</p> <p>Veggie Sticks w/Dip</p> <p>Green Beans</p> <p>Fresh Fruit</p>	<p>4</p> <p>Individual Round Cheese Or Pepperoni Pizza</p> <p>Romaine Tossed Salad</p> <p>Garlic Roasted Cauliflower</p> <p>Fresh Fruit</p>	<p>5</p> <p>Cheeseburger or Hamburger on Bun</p> <p>Waffle Cut Sweet Potato Fries</p> <p>Baked Beans</p> <p>Strawberry Fruit Cup</p> <p>Broccoli and Cauliflower Salad</p> <p>Double Chocolate Chip Cookie</p>	<p>6</p> <p>Asian Chicken Served over Fried Rice</p> <p>Stir Fry Veggies</p> <p>Egg Roll</p> <p>Fresh Fruit</p>
<p>9</p> <p>Meatball Hoagie Or Wow Butter and Jelly Sandwich</p> <p>Smile Potatoes</p> <p>Baked Beans</p> <p>Frozen Fruit Sidekick</p> <p>Garbanzo Bean Salad</p>	<p>10</p> <p style="text-align: center;">Breakfast Week Five</p> <p>Crispy Chicken Nuggets Or Hot and Spicy</p> <p>Crinkle Cut French Fries</p> <p>Baby Carrots with Dip</p> <p>Fresh Fruit</p>	<p>11</p> <p>Freshly Baked Pepperoni Rolls w/marinara sauce</p> <p>Garlic Steamed Broccoli</p> <p>Cottage Cheese</p> <p>Fresh Fruit</p> <p>Rice Crispy Treat</p>	<p>12</p> <p>Breaded Chicken Patty on Bun</p> <p>Buttered Parsley Potatoes</p> <p>Steamed Corn</p> <p>Chilled Pears</p> <p>Freshly Baked Brownie</p>	<p>13</p> <p>School Made Lasagna</p> <p>Caesar Salad</p> <p>Green Beans</p> <p>Hot Roll</p> <p>Fresh Fruit</p>
<p>16</p> <p>Brunch For Lunch</p> <p>Sausage and Egg on Pretzel Bun</p> <p>Tater Tots, Tomato Slices</p> <p>Warm Apple Slices w/Cinnamon</p>	<p>17</p> <p style="text-align: center;">Breakfast Week One</p> <p>Chicken Alfredo With A Twist</p> <p>Caesar Salad</p> <p>Steamed Corn</p> <p>Garlic Breadstick</p> <p>Fresh Fruit</p>	<p>18</p> <p>Wedge Cheese or Pepperoni Pizza</p> <p>Peas</p> <p>Red Pepper Strips w/dip</p> <p>Chilled Peach Cup</p>	<p>19</p> <p>Crispy Chicken Nuggets Or Hot and Spicy</p> <p>Mashed Potatoes w/Gravy</p> <p>Steamed Carrots</p> <p>Hot Roll</p> <p>Fresh Fruit</p>	<p>20</p> <p>Hot Dog on Bun</p> <p>Crispy French Fries</p> <p>Baked Beans Fresh Fruit</p> <p>Coleslaw</p> <p>Chocolate Chip Cookie</p>
<p>23</p> <p>Salisbury Steak</p> <p>Mashed Potatoes w/gravy</p> <p>Broccoli w/Parmesan Cheese</p> <p>Whole Wheat Bread</p> <p>Sliced Pears</p>	<p>24</p> <p style="text-align: center;">Breakfast Week Two</p> <p>Fish Tacos</p> <p>Breaded Onion Rings</p> <p>Steamed Corn</p> <p>Fresh Fruit</p>	<p>25</p> <p>French Bread Cheese or Pepperoni Pizza</p> <p>Romaine Tossed Salad</p> <p>Sweet Green Peas</p> <p>Mandarin Orange Slices</p>	<p>26</p> <p>Southwest Baked Chicken</p> <p>Roasted Red Potatoes</p> <p>Baked Beans</p> <p>Hot Roll</p> <p>Fresh Fruit</p>	<p>27</p> <p>Freshly Baked Pizza Stromboli w/ marinara</p> <p>Baby Carrots with Dip</p> <p>Green Beans</p> <p>Frozen Fruit Sidekick</p>
<p>30</p> <p>Pork Rib-B-Q Patty On Bun</p> <p>Smile Fries</p> <p>Honey Carrot Coins</p> <p>Mixed Fruit Cocktail</p>	<p>1</p> <p style="text-align: center;">Breakfast Week Three</p> <p>Popcorn Chicken Bowl - Popcorn Chicken</p> <p>Mashed Potatoes, Gravy, Corn</p> <p>Fresh Fruit</p> <p>Hot Roll</p>	<p>2</p> <p>School Made Pizza Cheese Or Pepperoni</p> <p>Caesar Salad</p> <p>Green Beans</p> <p>Strawberry Fruit Cup</p> <p>WOW Butter Cookie</p>	<p>3</p> <p>Taco's in a Bag Or Taco Salad (Baked Whole Wheat Doritos, w/seasoned ground beef lettuce, tomato, salsa and cheese)</p> <p>Pinto Beans Pasta Salad</p> <p>Fresh Fruit</p>	<p>4</p> <p>Mini Corn Dogs</p> <p style="background-color: #FF69B4; text-align: center;">World Smile Day! Smile Emoi Tots</p> <p>Celery with WOW butter</p> <p>Pineapple Tidbits</p>

Fresh Garden Bar Offered Daily***Includes a variety of fresh leafy green and dark red and orange vegetables, fresh and canned fruit options also available. Cottage cheese, pasta, macaroni, broccoli and specialty salads rotated on the

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Variety of milk offered everyday!