



Monday	Tuesday	Wednesday	Thursday	Friday
12	13	14	15	16
<b>Breakfast Week One</b>				
<p><b>Kiwi fruit</b> A kiwi fruit is hairy on the outside and soft in the middle. It is one of the only fruits to be green when it is ripe. You can scoop out the juicy green flesh with a spoon just like a boiled egg! One kiwi fruit contains all the vitamin C you need for a whole day. Vitamin C helps your body to heal cuts and bruises and to fight</p>			<p>Crispy Chicken Nuggets Or Hot and Spicy</p> <p>Mashed Potatoes w/Gravy</p> <p>Steamed Carrots</p> <p>Hot Roll</p> <p>Fresh Fruit</p>	<p>Pretzel Dog</p> <p>Crispy French Fries</p> <p>Baked Beans Fresh Fruit</p> <p>Coleslaw</p> <p>Chocolate Chip Cookie</p>
Be sure to try some fresh Kiwi on August 27th!				
19	20	21	22	23
<b>Breakfast Week Two</b>				
<p>Salisbury Steak</p> <p>Mashed Potatoes w/gravy</p> <p>Broccoli w/Parmesan Cheese</p> <p>Whole Wheat Bread</p> <p>Sliced Pears</p>	<p>Fish Tacos</p> <p>Breaded Onion Rings</p> <p>Steamed Corn</p> <p>Fresh Fruit</p>	<p>French Bread Cheese or Pepperoni Pizza</p> <p>Romaine Tossed Salad</p> <p>Sweet Green Peas</p> <p>Mandarin Orange Slices</p>	<p>Southwest Baked Chicken</p> <p>Roasted Red Potatoes</p> <p>Baked Beans</p> <p>Hot Roll</p> <p>Fresh Fruit</p>	<p>Freshly Baked Pizza</p> <p>Stromboli w/ marinara</p> <p>Baby Carrots with Dip</p> <p>Green Beans</p> <p>Frozen Fruit Sidekick</p>
26	27	28	29	30
<b>Breakfast Week Three</b>				
<p>Pork Rib-B-Q Patty On Bun</p> <p>Smile Fries</p> <p>Honey Carrot Coins</p> <p>Mixed Fruit Cocktail</p>	<p>Popcorn Chicken Bowl</p> <p>Mashed Potatoes, Gravy, Corn</p> <p>Kiwi Fruit</p> <p>Hot Roll</p>	<p>School Made Pizza Cheese Or Pepperoni</p> <p>Caesar Salad</p> <p>Green Beans</p> <p>Strawberry Fruit Cup</p> <p>WOW Butter Cookie</p>	<p>Taco's in a Bag Or Taco Salad</p> <p>(Baked Whole Wheat Doritos, w/seasoned ground beef lettuce, tomato, salsa and cheese)</p> <p>Pinto Beans Pasta Salad</p> <p>Fresh Fruit</p>	<p>Mini Corn Dogs</p> <p>Tater Tots</p> <p>Celery with WOW butter</p> <p>Pineapple Tidbits</p>
2	3	4	5	6
<b>Breakfast Week Four</b>				
  	<p>Cheese Quesadilla Or Burrito</p> <p>Nachos with Queso Sauce</p> <p>Veggie Sticks w/Dip</p> <p>Green Beans</p> <p>Fresh Fruit</p>	<p>Individual Round Cheese Or Pepperoni Pizza</p> <p>Romaine Tossed Salad</p> <p>Garlic Roasted Cauliflower</p> <p>Fresh Fruit</p>	<p>Cheeseburger or Hamburger on Bun</p> <p>Waffle Cut Sweet Potato Fries</p> <p>Baked Beans</p> <p>Strawberry Fruit Cup</p> <p>Broccoli and Cauliflower Salad</p> <p>Double Chocolate Chip Cookie</p>	<p>Tangerine or General Tso's Chicken Strips</p> <p>Served over Fried Rice</p> <p>Stir Fry Veggies</p> <p>Egg Roll</p> <p>Fresh Fruit</p>
9	10	11	12	13
<b>Breakfast Week Five</b>				
<p>Meatball Hoagie Or Wow Butter and Jelly Sandwich</p> <p>Smile Potatoes</p> <p>Baked Beans</p> <p>Frozen Fruit Sidekick</p> <p>Garbanzo Bean Salad</p>	<p>Crispy Chicken Nuggets Or Hot and Spicy</p> <p>Crinkle Cut French Fries</p> <p>Baby Carrots with Dip</p> <p>Fresh Fruit</p>	<p>Freshly Baked Pepperoni Rolls w/marinara sauce</p> <p>Garlic Steamed Broccoli</p> <p>Cottage Cheese</p> <p>Fresh Fruit</p> <p>Rice Crispy Treat</p>	<p>Breaded Chicken Patty on Bun</p> <p>Buttered Parsley Potatoes</p> <p>Steamed Corn</p> <p>Chilled Sliced Pears</p> <p>Freshly Baked Brownie</p>	<p>School Made Lasagna</p> <p>Caesar Salad</p> <p>Green Beans</p> <p>Hot Roll</p> <p>Fresh Fruit</p>

Fresh Garden Bar Offered Daily\*\*\*Includes a variety of fresh leafy green and dark red and orange vegetables, fresh and canned fruit options also available. Cottage cheese, pasta, macaroni, broccoli and specialty salads rotated on the

Variety of milk offered everyday!

"This Institution is an equal opportunity provider"