

**JM May School Menu 2019**





<b>Week3</b>	<b>Monday, April 29, 2019</b>	<b>Tuesday, April 30, 2019</b>	<b>Wednesday, May 01, 2019</b>	<b>Thursday, May 02, 2019</b>	<b>Friday, May 03, 2019</b>
<b>Monarch Line</b>	Sloppy Joes on Bun	MCC-Bowl Marshall County Chicken Bowl!!! Mashed Potatoes , Popcorn Chicken, Corn, Gravy, Cheese	Chicken Cordon Blue on Bun	Taco's in a Bag Or Taco Salad	Cheese Quesadilla
<b>Pride Line</b>	Potato Crusted Baked Fish	MCC-Bowl Marshall County Chicken Bowl!!! Mashed Potatoes , Popcorn Chicken, Corn, Gravy, Cheese	Meatball Hoagie	Taco's in a Bag Or Taco Salad	Chicken Philly Sub
<b>Hot Sandwich</b>	Grilled Cheese Sandwich	Hamburger, Cheeseburger or Veggie Burger on Bun	Egg Rolls	Burritos	Mini Corn Dogs
<b>Pizza Line</b>	<b>Round Deep Dish Pizza - Cheese or Pepperoni</b>	<b>French Bread - Cheese or Pepperoni</b>	<b>School Made Pizza</b>	Round Deep Dish Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni
<b>Cold Sandwich</b>	Buffalo Chicken Roll -up	Chicken Salad on Croissant	Buffalo Chicken Roll -up	Chicken Salad on Croissant	Buffalo Chicken Roll -up
<b>Salad Entrée</b>	Chicken Pasta Salad V120	Chicken Pasta Salad V120	Chicken Pasta Salad V120	Chicken Pasta Salad V120	Chicken Pasta Salad V120
	Mandarin Orange Spinach Salad	Sweet Green Peas, Sautéed Veggies	Caesar Salad	Pasta Salad	Smile Fries
	Crispy Curly Fries	Baby Carrots with Dip	Roasted Brussel Sprouts	Seasoned Pinto Beans	Steamed Corn
	Green Beans, Honey Carrot Coins	Hot Roll	Strawberry Fruit Cup	lettuce, tomato, salsa and cheese	Baby Lima Beans
	Frozen Fruit Slushie	Salad Bar	Baked Beans	Stir Fry Veggies	Salad Bar
	Hot Roll		Wow Butter Cookie	Salad Bar	
	Salad Bar		Salad Bar		
<b>Week 4</b>	<b>Monday, May 06, 2019</b>	<b>Tuesday, May 07, 2019</b>	<b>Wednesday, May 08, 2019</b>	<b>Thursday, May 09, 2019</b>	<b>Friday, May 10, 2019</b>
<b>Monarch Line</b>	Chicken Drumstick (1013)	Cheese Quesadilla	Cheeseburger Mac	Hot Dog on Bun	General Tso or Teriyaki Chicken/Vegetable Fried Rice
<b>Pride Line</b>	Open Face Turkey w/gravy over biscuit	Steak Hoagie on Bun w/grilled peppers and onions	Chicken Alfredo with A Twist	Chicken and Cheese Wraps	Pasta with Meat Sauce or Marinara/Cheese stick
<b>Hot Sandwich</b>	Hot Ham and Cheese on Pretzel Bun	Breaded Chicken Filet- Regular or Hot and Spicy	Ruben	Hamburger, Cheeseburger or Veggie Burger on Bun	BBQ Pork Patty on Bun
<b>Pizza Line</b>	French Bread Cheese or Pepperoni Pizza	<b>French Bread - Cheese or Pepperoni</b>	Stuffed Crust Pizza - Cheese or Pepperoni	Round Deep Dish Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni
<b>Cold Sandwich</b>	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie
<b>Salad Entrée</b>	Santa Fe Fajita Salad V114	Santa Fe Fajita Salad V115	Santa Fe Fajita Salad V115	Santa Fe Fajita Salad V115	Santa Fe Fajita Salad V115
	Mashed Potatoes w/Gravy		Romaine Tossed Salad	Broccoli and Cauliflower Salad	Sugar Snap Peas
	Broccoli	Hash brown Rounds	Sweet Green Peas	Crispy French Fries	Steamed Carrots
	Corn	Green Beans	Garlic Roasted Cauliflower	Baked Beans	Hot Roll
	Hot Roll	Mixed Cooked Veggies	Hot Roll	Sautéed Veggies	Red Pepper Strips With Dip
	Strawberry Fruit Cup	Salad Bar	Salad Bar	Peach Cup Double Chocolate Chip Cookie	Salad Bar
	Salad Bar			Salad Bar	

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<b>Week 5</b>	<b>Monday, May 13, 2019</b>	<b>Tuesday, May 14, 2019</b>	<b>Wednesday, May 15, 2019</b>	<b>Thursday, May 16, 2019</b>	<b>Friday, May 17, 2019</b>
<b>Monarch Line</b>	Chicken Cordon Blue on Bun	Chicken Strips Regular or Hot and Spicy Strips	Freshly Baked Pepperoni Rolls w/marinara Sauce	BBQ Beef on Bun	Pasta with Meat Sauce or Marinara/Cheese stick (2)
<b>Pride Line</b>	Meatball Hoagie w/wo Cheese	Chicken Strips Regular or Hot and Spicy Strips	Freshly Baked Pepperoni Rolls w/marinara Sauce	Chicken Philly Sub	Southwest Chicken
<b>Hot Sandwich</b>	Turkey and Cheese on Croissant	Hamburger, Cheeseburger or Veggie Burger on Bun	Egg Rolls	Grilled Chicken Filet- Regular or Hot and Spicy	Hot Ham and Cheese on Pretzel Bun
<b>Pizza Line</b>	Round Deep Dish Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni	Stuffed Crust Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni	Round Deep Dish Pizza - Cheese or Pepperoni
<b>Cold Sandwich</b>	Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick	Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick	Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick	Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick	Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick
<b>Salad Entrée</b>	Chef Salad V125	Chef Salad V125	Chef Salad V125	Chef Salad V125	Chef Salad V125
	Garbanzo Bean Salad	Crispy French Fries	Cottage Cheese	Roasted Red Potatoes	Caesar Salad
	Potato Smiles	Seasoned Brussel Sprouts	Garlic Steamed Broccoli	Steamed Corn	Green Beans
	Baked Beans	Steamed Carrots	Kidney Beans	Peas	Roasted Garlic Cauliflower
	Sugar Snap Peas	Baby Carrots with Dip	Rice Crispy Treat	Tropical Fruit Cocktail	Hot Roll
	Strawberry Fruit Cup	Salad Bar	Salad Bar	Royal Brownie	Salad Bar
	Salad Bar			Salad Bar	
<b>Week 1</b>	<b>Monday, May 20, 2019</b>	<b>Tuesday, May 21, 2019</b>	<b>Wednesday, May 22, 2019</b>	<b>Thursday, May 23, 2019</b>	<b>Friday, May 24, 2019</b>
<b>Monarch Line</b>	Brunch For Lunch	Cheeseburger Mac	No School		
<b>Pride Line</b>	Steak Hoagie W/Grilled Onions and Peppers	Chicken Parm			
<b>Hot Sandwich</b>	Grilled Chicken Filet- Regular or Hot and Spicy	Turkey and Cheese On Croissant			
<b>Pizza Line</b>	Round Deep Dish Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni			
<b>Cold Sandwich</b>	Ham and Cheese on Pretzel Bun	Ham and Cheese on Pretzel Bun			
<b>Salad Entrée</b>	Chicken Caesar Salad V102	Chicken Caesar Salad V102			
	Colby Cheese Omelet	Caesar Salad			
	Hash brown Rounds	Steamed Corn			
	Tomato Slices, Warm Apple Slices w/cinnamon	Sugar Snap Peas			
	Steamed Broccoli	Fresh Fruit			
	Lenders Bagel	Hot Roll			
	Salad Bar	Salad Bar			

**Cooks  
Choice**

JM May School Menu 2019

Week 2	Monday, May 27, 2019	Tuesday, May 28, 2019	Wednesday, May 29, 2019	Thursday, May 30, 2019	Friday, May 31, 2019
Monarch Line	No School				
Pride Line					
Hot Sandwich					
Pizza Line					
Cold Sandwich					
Salad					
Entrée					
					

# Cooks Choice

Students may choose 1 entrée from six different entrée serving lines.  
 Each line will offer protein, grains, fruits, and vegetables.  
 Full salad bar available with each entrée!

A variety of milk will be offered daily. May select only one milk.  
 A 100% 4 oz. fruit juice will be offered daily. Students may select only one juice.  
 Juice may count toward the 1/2 c fruit or vegetable component.

The salad bar will contain fresh leafy greens, dark red and orange veggies, as well as a variety of other nutrient rich fresh vegetables. Cooked vegetables will also be offered on the salad bar.

Must Choose at least 3 of 5 different food groups- Including  
 at least a 1/2 c fruit or vegetable

Vegetables  
 Fruits

Milk

Proteins  
 Grains

Menu subject to change.

"This institution is an equal opportunity provider"

The bar will also contain a variety of fresh and canned fruit. Specialty items and salads such as cottage cheese, broccoli and cauliflower salad, pasta salad, and black bean and corn salsa will also be rotated on the salad bar.

Menu Subject to Change

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\*\*\*It is our intent that students may take one serving (1/2 C) of each fruit/vegetable item available on the bar. Additional servings may be taken if they are consumed on the premise. Condiments and salad dressings should be taken in moderation. \*\*\* Thanks