

Marshall County Schools
Middle School Lunch Menu
February 2019



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 4 Brunch For Lunch Sausage and Egg on Pretzel Bun Hasbrown Rounds, Tomato Slices Warm Apple Slices w/Cinnamon  | 5 Chicken Alfredo With A Twist Caesar Salad Steamed Corn Hot Roll Fresh Fruit | 6 Breakfast Week One Stuffed Crust Cheese or Pepperoni Pizza Peas Red Pepper Strips w/dip Chilled Peach Cup | 7 Crispy Chicken Nuggets Or Hot and Spicy Mashed Potatoes w/Gravy Steamed Carrots Hot Roll Fresh Fruit | 8 Hot Dog on Bun Crispy French Fries Baked Beans Fresh Fruit Coleslaw Chocolate Chip Cookie |
| 11 Salisbury Steak Mashed Potatoes w/gravy Broccoli w/Parmesan Cheese Whole Wheat Bread Sliced Pears | 12 Breakfast Week Two Fish Tacos Breaded Onion Rings Steamed Corn Fresh Fruit | 13 French Bread Cheese Pizza French Bread Pepperoni Pizza Romaine Tossed Salad Sweet Green Peas Mandarin Orange Slices | 14 Chicken Philly Sub Or Steak Philly Sub Roasted Red Potatoes Baked Beans Valentines Day Slushie Cup  | 15 Freshly Baked Pizza Stromboli w/ marinara Baby Carrots with Dip Green Beans Fresh Fruit  |
| 18  | 19 Breakfast Week Three MCC BOWL Marshall County Popcorn Chicken Bowl Mashed Potatoes, Gravy, Corn Fresh Fruit Hot Roll | 20 School Made Pizza Cheese Or Pepperoni Caesar Salad Roasted Brussel Sprouts Strawberry Fruit Cup WOW Butter Cookie | 21 Taco's in a Bag Or Taco Salad (Baked Whole Wheat Doritos, w/seasoned ground beef lettuce, tomato, salsa and cheese) Pinto Beans Pasta Salad Fresh Fruit | 22 Mini Corn Dogs Smile Fries Cucumber Slices w/Dip Chilled Peach Cup |
| 25 Chicken Drumstick Mashed Potatoes w/gravy Corn Hot Roll Strawberry Fruit Cup | 26 Breakfast Week Four Cheese Quesadilla Hashbrown rounds Green Beans Fresh Fruit | 27 Wedge Cheese Pizza Or Pepperoni Pizza Romaine Tossed Salad Garlic Roasted Cauliflower Fresh Fruit  | 28 Cheeseburger or Hamburger on Bun Crispy French Fries Baked Beans Applesauce Broccoli and Cauliflower Salad Double Chocolate Chip Cookie | 1 Asian Chicken Strips Served over Fried Rice Stir Fry Veggies Red Pepper Strips with Dip Hot Roll Fresh Fruit |

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Fresh Garden Bar Offered Daily***Includes a variety of fresh leafy green and dark red and orange vegetables, fresh and canned fruit options also available. Cottage cheese, pasta, macaroni, broccoli and specialty salads rotated on the bar.

Variety of Low Fat and Skim milk offered everyday!

"This institution is an equal opportunity provider"