

**JM Dec School Menu 2018**

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<b>Week 2</b>	<b>Monday, December 03, 2018</b>	<b>Tuesday, December 04, 2018</b>	<b>Wednesday, December 05, 2018</b>	<b>Thursday, December 06, 2018</b>	<b>Friday, December 07, 2018</b>
<b>Monarch Line</b>	Salisbury Steak	Fish Tacos	Pasta with Meat Sauce or Marinara/ Cheese Stick	Chicken Philly Sub	Freshly Baked Pizza Stromboli w/ marinara
<b>Pride Line</b>	Chicken and Noodles	Baked Potato Bar- Top it Your Way ! Taco, Meat, Cheddar cheese, Diced Ham, veggies and more!	General Tso or Teriyaki Chicken	Pulled BBQ Chicken on Bun	Freshly Baked Pizza Stromboli w/ marinara
<b>Hot Sandwich</b>	Mini Corn Dogs	Hamburger, Cheeseburger or Veggie Burger on Pretzel Bun	Grilled Cheese Sandwich	BBQ Pork Patty on Bun	Breaded Chicken Filet- Regular or Hot and Spicy
<b>Pizza Line</b>	<b>Round Deep Dish Pizza - Cheese or Pepperoni</b>	French Bread - Cheese or Pepperoni	Stuffed Crust Pizza - Cheese or Pepperoni	<b>Round Deep Dish Pizza - Cheese or Pepperoni</b>	<b>French Bread - Cheese or Pepperoni</b>
<b>Cold Sandwich</b>	Turkey and Cheese on Croissant	Turkey and Cheese on Croissant	Turkey and Cheese on Croissant	Turkey and Cheese on Croissant	Turkey and Cheese on Croissant
<b>Salad Entrée</b>	Bistro Spinach Salad V105	Bistro Spinach Salad V105	Bistro Spinach Salad V105	Bistro Spinach Salad V105	Bistro Spinach Salad V105
	Mashed Potatoes w/Gravy	<b>Breaded Onion Rings</b>	Romaine Tossed Salad	Roasted Red Potatoes	Baby Carrots with Dip
	Broccoli with Parmesan Cheese	Mexican Corn	Peas Garlic Roasted Cauliflower	Baked Beans	Green Beans
	Hot Roll	Sugar Snap Peas	Hot Roll	Hot Roll	California Blend Veggies
	Sliced Pears	Honey Apple Crisp	Vegetable Fried Rice	Garlic Roasted Brussel Sprouts	Fresh Fruit
	Steamed Carrots	Salad Bar	Mandarin Orange Slices	Salad Bar	Salad Bar- Cottage Cheese
	Salad Bar		Salad Bar		
<b>Week3</b>	<b>Monday, December 10, 2018</b>	<b>Tuesday, December 11, 2018</b>	<b>Wednesday, December 12, 2018</b>	<b>Thursday, December 13, 2018</b>	<b>Friday, December 14, 2018</b>
<b>Monarch Line</b>	<b>Sloppy (Pork) Joes on Bun</b>	MCC-Bowl Marshall County Chicken Bowl!!! Mashed Potatoes , Popcorn Chicken, Corn, Gravy, Cheese	Chicken Cordon Blue on Bun	Roasted Turkey	Cheese Quesadilla
<b>Pride Line</b>	Potato Crusted Baked Fish	MCC-Bowl Marshall County Chicken Bowl!!! Mashed Potatoes , Popcorn Chicken, Corn, Gravy, Cheese	Meatball Hoagie	Roasted Turkey	Chicken Philly Sub
<b>Hot Sandwich</b>	Grilled Cheese Sandwich	Hamburger, Cheeseburger or Veggie Burger on Bun	Egg Rolls	Burritos	Mini Corn Dogs
<b>Pizza Line</b>	<b>Round Deep Dish Pizza - Cheese or Pepperoni</b>	<b>French Bread - Cheese or Pepperoni</b>	<b>School Made Pizza</b>	Round Deep Dish Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni
<b>Cold Sandwich</b>	Buffalo Chicken Roll -up	Chicken Salad on Croissant	Buffalo Chicken Roll -up	Chicken Salad on Croissant	Buffalo Chicken Roll -up
<b>Salad Entrée</b>	Chicken Pasta Salad V120	Chicken Pasta Salad V120	Chicken Pasta Salad V120	Chicken Pasta Salad V120	Chicken Pasta Salad V120
	Mandarin Orange Spinach Salad	Sweet Green Peas, Sauteed Veggies	Caesar Salad	Mashed Potatoes w/Gravy	Smile Fries
	Crispy Curly Fries	Baby Carrots with Dip	Roasted Brussel Sprouts	Stuffing Noodles	Steamed Corn
	Green Beans, Honey Carrot Coins	Hot Roll	Strawberry Fruit Cup	Green Beans Corn	Baby Lima Beans
	Frozen Fruit Slushie	Salad Bar	Baked Beans	Hot Roll	Salad Bar
	Hot Roll		<b>Rice Crispy Treat</b>	Pumpkin Dessert	
	Salad Bar		Salad Bar	Salad Bar	

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<b>Week 4</b>	<b>Monday, December 17, 2018</b>	<b>Tuesday, December 18, 2018</b>	<b>Wednesday, December 19, 2018</b>	<b>Thursday, December 20, 2018</b>	<b>Friday, December 21, 2018</b>
<b>Monarch Line</b>	Chicken Drumstick (1013)	Cheese Quesadilla	Fish Sticks/Mac and Cheese		
<b>Pride Line</b>	Open Face Turkey w/gravy over biscuit	Steak Hoagie on Bun w/grilled peppers and onions	Chicken Alfredo with A Twist	Cooks Choice!	
<b>Hot Sandwich</b>	Hot Ham and Cheese on Pretzel Bun	Breaded Chicken Filet- Regular or Hot and Spicy	Ruben		
<b>Pizza Line</b>	French Bread Cheese or Pepperoni Pizza	French Bread - Cheese or Pepperoni	Stuffed Crust Pizza - Cheese or Pepperoni		
<b>Cold Sandwich</b>	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie		
<b>Salad Entrée</b>	Santa Fe Fajita Salad V114	Santa Fe Fajita Salad V115	Santa Fe Fajita Salad V115		
	Mashed Potatoes w/gravy		Romaine Tossed Salad		
	Broccoli with Parmesan Cheese	Hash brown Rounds	Sweet Green Peas		
	Corn	Green Beans	Garlic Roasted Cauliflower		
	Hot Roll	Mixed Cooked Veggies	Hot Roll		
	Strawberry Fruit Cup	Salad Bar	Salad Bar		
	Salad Bar				
<b>Week 5</b>	<b>Monday, December 24, 2018</b>	<b>Tuesday, December 25, 2018</b>	<b>Wednesday, December 26, 2018</b>	<b>Thursday, December 27, 2018</b>	<b>Friday, December 28, 2018</b>
<b>Monarch Line</b>					
<b>Pride Line</b>					
<b>Hot Sandwich</b>					
<b>Pizza Line</b>					
<b>Cold Sandwich</b>					
<b>Salad Entrée</b>					

Week 1	Monday, December 31, 2018	Tuesday, January 01, 2019	Wednesday, January 02, 2019	Thursday, January 03, 2019	Friday, January 04, 2019
Monarch Line			Taco's in a Bag Or Taco Salad	Chicken Nuggets- Regular or Hot and Spicy	Hot Dog on Bun
Pride Line			Taco's in a Bag Or Taco Salad	Chicken Nuggets- Regular or Hot and Spicy	Chicken Taco Wrap
Hot Sandwich			Hamburger, Cheeseburger or Veggie Burger on Bun	BBQ Pork On Bun	Grilled Cheese Sandwich
Pizza Line			Stuffed Crust Pizza - Cheese or Pepperoni	Round Deep Dish Pizza - Cheese or Pepperoni	French Bread - Cheese or Pepperoni
Cold Sandwich			Ham and Cheese on Pretzel Bun	Ham and Cheese on Pretzel Bun	Ham and Cheese on Pretzel Bun
Salad Entrée			Chicken Caesar Salad V102	Chicken Caesar Salad V102	Chicken Caesar Salad V102
			Peas	Mashed Potatoes w/Gravy	Creamy Coleslaw
			Pasta Salad	Steamed Carrots	Crispy French Fries
			Peach Cup	Hot Roll	Baked Beans
			Red Pepper Strips W/Dip	Fresh Fruit	Sautéed Veggies
			Stir Fry Veggies	California Blend	Chocolate Chip Cookie
			Salad Bar	Salad Bar	Salad Bar



Students may choose 1 entrée from six different entrée serving lines. Each line will offer protein, grains, fruits, and vegetables. Full salad bar available with each entrée!

A variety of milk will be offered daily. May select only one milk. A 100% 4 oz. fruit juice will be offered daily. Students may select only one juice. Juice may count toward the 1/2 c fruit or vegetable component.

The salad bar will contain fresh leafy greens, dark red and orange veggies, as well as a variety of other nutrient rich fresh vegetables. Cooked vegetables will also be offered on the salad bar.

Must Choose at least 3 of 5 different food groups- Including at least a 1/2 c fruit or vegetable

Vegetables  
Fruits

Milk

Proteins  
Grains

Menu subject to change.

"This institution is an equal opportunity provider"

The bar will also contain a variety of fresh and canned fruit. Specialty items and salads such as cottage cheese, broccoli and cauliflower salad, pasta salad, and black bean and corn salsa will also be rotated on the salad bar.

\*\*\*It is our intent that students may take one serving (1/2 C) of each fruit/vegetable item available on the bar. Additional servings may be taken if they are consumed on the premise. Condiments and salad dressings should be taken in moderation. \*\*\* Thanks