

Marshall County Schools
 Middle School Lunch Menu
 November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
29 Salisbury Steak Mashed Potatoes w/gravy Broccoli w/Parmesan Cheese Whole Wheat Bread Sliced Pears	30 Breakfast Week Two Fish Tacos Crispy Curly Fries Mexican Corn Fresh Fruit Rice Crispy Treat	31 Breakfast Week Two French Bread Cheese or Pepperoni Pizza Or Steak Hoagie w/onions and Peppers Romaine Tossed Salad Sweet Green Peas Mandarin Orange Slices	1 Breakfast Week Two Chicken Philly Sub Roasted Red Potatoes Baked Beans Fresh Fruit	2 Freshly Baked Pizza Stromboli w/ marinara Baby Carrots with Dip Green Beans Fresh Fruit
11/5 Sloppy Joes on Bun Crispy Curly Fries Honey Carrot Coins Frozen Fruit Slushie Mandarin Orange Spinach Salad	6 Breakfast Week Three 	7 Breakfast Week Three School Made Pizza Cheese Or Pepperoni Caesar Salad Roasted Brussel Sprouts Strawberry Fruit Cup WOW Butter Cookie	8 Breakfast Week Three Taco's in a Bag Or Taco Salad (Baked Whole Wheat Doritos, w/seasoned ground beef lettuce, tomato, salsa and cheese) Pinto Beans Pasta Salad Fresh Fruit	9 Mini Corn Dogs Smile Fries Cucumber Slices w/Dip Chilled Peach Cup
12 	13 Breakfast Week Four Cheese Quesadilla Hashbrown rounds Peas Fresh Fruit	14 Breakfast Week Four Individual Round Cheese Or Pepperoni Pizza Romaine Tossed Salad Garlic Roasted Cauliflower Fresh Fruit	15 Breakfast Week Four Thanksgiving Luncheon Roasted Turkey Mashed Potatoes w/gravy Stuffing Green Beans Fresh Fruit Pumpkin Dessert	16 Tangerine or General Tso's Chicken Strips Served over Fried Rice Stir Fry Veggies Red Pepper Strips with Dip Hot Roll Fresh Fruit
19 Cooks Choice	20 Breakfast Week Five Cooks Choice	21 Breakfast Week Five Cooks Choice	22 Breakfast Week Five 	23 Breakfast Week Five Cooks Choice
26 Brunch For Lunch Sausage and Egg on Pretzel Bun Hasbrowns Rounds, Tomato Slices Warm Apple Slices w/Cinnamon	27 Breakfast Week One Chicken Alfredo With A Twist Caesar Salad Steamed Corn Hot Roll Fresh Fruit	28 Breakfast Week One Stuffed Crust Cheese or Pepperoni Pizza Peas Red Pepper Strips w/dip Chilled Peach Cup	29 Breakfast Week One Crispy Chicken Strips Or Hot and Spicy Nuggets Mashed Potatoes w/Gravy Steamed Carrots Hot Roll Fresh Fruit	30 Hot Dog on Bun Crispy French Fries Baked Beans Fresh Fruit Coleslaw Chocolate Chip Cookie

Fresh Garden Bar Offered Daily***Includes a variety of fresh leafy green and dark red and orange vegetables, fresh and canned fruit options also available. Cottage cheese, pasta, macaroni, broccoli and specialty salads rotated on the bar.

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 Variety of Low Fat and Skim milk offered everyday!

"This institution is an equal opportunity provider"