

| Week 5 | Monday, January 29, 2018 | Tuesday, January 30, 2018 | Wednesday, January 31, 2018 | Thursday, February 01, 2018 | Friday, February 02, 2018 |
|----------------------|---|---|---|---|---|
| Monarch Line | Chicken Cordon Blue on Bun | Chicken Strips or Hot and Spicy Chicken Nuggets | Freshly Baked Pepperoni Rolls w/marinara Sauce | BBQ Beef on Bun | Pasta with Meat Sauce or Marinara/Cheese stick |
| Pride Line | Meatball Hoagie w/wo Cheese | Chicken Strips or Hot and Spicy Chicken Nuggets | Freshly Baked Pepperoni Rolls w/marinara Sauce | Chicken Philly Sub | Southwest Chicken |
| Hot Sandwich | Turkey and Cheese on Croissant | Hamburger, Cheeseburger or Veggie Burger on Bun | Egg Rolls | Grilled Chicken Filet- Regular or Hot and Spicy | Hot Ham and Cheese on Pretzel Bun |
| Pizza Line | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni | Stuffed Crust Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni | Round Deep Dish Pizza - Cheese or Pepperoni |
| Cold Sandwich | Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick | Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick | Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick | Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick | Wow Butter and Jelly Sandwich - No Peanut Allergen/Cheese Stick |
| Salad Entrée | Chef Salad V125 | Chef Salad V125 | Chef Salad V125 | Chef Salad V125 | Chef Salad V125 |
| | Garbanzo Bean Salad | Crispy French Fries | Cottage Cheese | Roasted Red Potatoes | Caesar Salad |
| | Potato Smiles | Seasoned Brussel Sprouts | Garlic Steamed Broccoli | Steamed Corn | Green Beans |
| | Baked Beans | Steamed Carrots | Kidney Beans | Peas | Roasted Garlic Cauliflower |
| | Sugar Snap Peas | Baby Carrots with Dip | Rice Crispy Treat | Tropical Fruit Cocktail | Hot Roll |
| | Strawberry Fruit Cup | Salad Bar | Salad Bar | Royal Brownie | Salad Bar |
| | Salad Bar | | | Salad Bar | |
| Week 1 | Monday, February 05, 2018 | Tuesday, February 06, 2018 | Wednesday, February 07, 2018 | Thursday, February 08, 2018 | Friday, February 09, 2018 |
| Monarch Line | Southwest Chicken Quesadilla w/Salsa | Chicken Alfredo with A Twist | Taco's in a Bag Or Taco Salad | Roast Turkey | Hot Dog on Bun |
| Pride Line | Steak Hoagie W/Grilled Onions and Peppers | Shredded Pork on Bun | Taco's in a Bag Or Taco Salad | Roast Turkey | Chicken Taco Wrap |
| Hot Sandwich | Grilled Chicken Filet- Regular or Hot and Spicy | Turkey and Cheese On Croissant | Hamburger, Cheeseburger or Veggie Burger on Bun | BBQ Pork On Bun | Grilled Cheese Sandwich |
| Pizza Line | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni | Stuffed Crust Pizza - Cheese or Pepperoni | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni |
| Cold Sandwich | Ham and Cheese on Pretzel Bun | Ham and Cheese on Pretzel Bun | Ham and Cheese on Pretzel Bun | Ham and Cheese on Pretzel Bun | Ham and Cheese on Pretzel Bun |
| Salad Entrée | Chicken Caesar Salad V102 | Chicken Caesar Salad V102 | Chicken Caesar Salad V102 | Chicken Caesar Salad V102 | Chicken Caesar Salad V102 |
| | Pierogies | Caesar Salad | Peas | Mashed Potatoes w/Gravy | Creamy Coleslaw |
| | Mixed Cooked Veggies | Steamed Corn | Pasta Salad | Steamed Carrots | Crispy French Fries |
| | Green Beans | Sugar Snap Peas | Applesauce | Hot Roll | Baked Beans |
| | Peach Cup | Fresh Fruit | Red Pepper Strips W/Dip | Fresh Fruit | Sautéed Veggies |
| | Sherbet | Hot Roll | Stir Fry Veggies | California Blend | Chocolate Chip Cookie |
| | Salad Bar | Salad Bar | Salad Bar Tangelos | Salad Bar | Salad Bar |

| Week 2 | Monday, February 12, 2018 | Tuesday, February 13, 2018 | Wednesday, February 14, 2018 | Thursday, February 15, 2018 | Friday, February 16, 2018 |
|----------------------|---|--|--|---|---|
| Monarch Line | Salisbury Steak | Chicken Cheese and Ranch Wrap | Pasta with Meat Sauce or Marinara/ Cheese Stick | Chicken Philly Sub | Fish Sandwich on Bun #1028 2m, 3.5 B |
| Pride Line | Chicken and Noodles | Baked Potatoes Bar- Top it Your Way ! Taco, Meat, Cheddar cheese, Diced Ham, veggies and more! | Sweet Thai Chili or Teriyaki Chicken | Taco Pasta Pierogies | Cheese Quesadilla 1054A |
| Hot Sandwich | Mini Corn Dogs | Hamburger, Cheeseburger or Veggie Burger on Pretzel Bun | Grilled Cheese Sandwich | BBQ Pork Patty on Bun | Breaded Chicken Filet- Regular or Hot and Spicy |
| Pizza Line | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni | Stuffed Crust Pizza - Cheese or Pepperoni | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni |
| Cold Sandwich | Turkey and Cheese on Croissant | Turkey and Cheese on Croissant | Turkey and Cheese on Croissant | Turkey and Cheese on Croissant | Turkey and Cheese on Croissant |
| Salad Entrée | Bistro Spinach Salad V105 | Bistro Spinach Salad V105 | Bistro Spinach Salad V105 | Bistro Spinach Salad V105 | Bistro Spinach Salad V105 |
| | Mashed Potatoes w/Gravy | Nachos w/ Corn and Black Bean Salsa | Romaine Tossed Salad | Roasted Red Potatoes | Baby Carrots with Dip |
| | Broccoli with Parmesan Cheese | Steamed Corn | Peas Garlic Roasted Cauliflower | Baked Beans | French Fries |
| | Hot Roll | Fresh Fruit | Hot Roll | Hot Roll | California Blend Veggies |
| | Sliced Pears | Honey Apple Crisp | Vegetable Fried Rice | Garlic Roasted Brussel Sprouts | Fresh Fruit |
| | Steamed Carrots | Sugar Snap Peas | Mandarin Orange Slices, Oreo Cookies | Salad Bar | Salad Bar |
| | Salad Bar | Salad Bar | Salad Bar | | |
| Week3 | Monday, February 19, 2018 | Tuesday, February 20, 2018 | Wednesday, February 21, 2018 | Thursday, February 22, 2018 | Friday, February 23, 2018 |
| Monarch Line | Sloppy Joes on Bun | Chicken Nuggets- Regular or Hot and Spicy | Chicken Cordon Blue on Bun | Taco's in a Bag Or Taco Salad | Cheese Quesadilla |
| Pride Line | Potato Crusted Baked Fish | Chicken Nuggets- Regular or Hot and Spicy | Meatball Hoagie | Taco's in a Bag Or Taco Salad | Chicken Philly Sub |
| Hot Sandwich | Mini Corn Dogs | Hamburger, Cheeseburger or Veggie Burger on Bun | Egg Rolls | Burrito | Grilled Cheese Sandwich |
| Pizza Line | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni | School Made Pizza | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni |
| Cold Sandwich | Chicken Salad on Croissant | Chicken Salad on Croissant | Chicken Salad on Croissant | Chicken Salad on Croissant | Chicken Salad on Croissant |
| Salad Entrée | Chicken Pasta Salad V120 | Chicken Pasta Salad V120 | Chicken Pasta Salad V120 | Chicken Pasta Salad V120 | Chicken Pasta Salad V120 |
| | Mandarin Orange Spinach Salad | Mashed Potatoe | Caesar Salad | Pasta Salad | Tomato Soup |
| | Potato Wedges | Sweet Green Peas, Sautéed Veggies | Roasted Brussel Sprouts | Seasoned Pinto Beans | Steamed Corn |
| | Green Beans, Honey Carrot Coins | Baby Carrots with Dip | Strawberry Fruit Cup | lettuce, tomato, salsa and cheese | Baby Lima Beans |
| | Fruit Cocktail Cup | Hot Roll | Baked Beans | Stir Fry Veggies | Cheddar Crackers |
| | Hot Roll | Salad Bar | Salad Bar | Salad Bar | Sliced Chilled Pears Red Pepper Strips w/ Dip |
| | Salad Bar | | | | Salad Bar |

| Week 4 | Monday, February 26, 2018 | Tuesday, February 27, 2018 | Wednesday, February 28, 2018 | Thursday, March 01, 2018 | Friday, March 02, 2018 |
|----------------------|--|--|---|---|--|
| Monarch Line | Chicken Drumstick (1013) | Brunch For Lunch | Cheese Quesadilla | Hot Dog on Bun | Sweet Thai Chili or Teriyaki Chicken |
| Pride Line | Open Face Turkey w/gravy over biscuit | Steak Hoagie on Bun w/grilled peppers and onions | Chicken Alfredo with A Twist | Chicken and Cheese Wraps | Pasta with Meat Sauce or Marinara/Cheese stick |
| Hot Sandwich | Hot Ham and Cheese on Pretzel Bun | Breaded Chicken Filet- Regular or Hot and Spicy | Burrito | Hamburger, Cheeseburger or Veggie Burger on Bun | BBQ Pork Patty on Bun |
| Pizza Line | French Bread Cheese or Pepperoni Pizza | Round Deep Dish Pizza - Cheese or Pepperoni | Stuffed Crust Pizza - Cheese or Pepperoni | Round Deep Dish Pizza - Cheese or Pepperoni | French Bread - Cheese or Pepperoni |
| Cold Sandwich | Deli Boardwalk Hoagie | Deli Boardwalk Hoagie | Deli Boardwalk Hoagie | Deli Boardwalk Hoagie | Deli Boardwalk Hoagie |
| Salad Entrée | Santa Fe Fajita Salad V114 | Santa Fe Fajita Salad V115 | Santa Fe Fajita Salad V115 | Santa Fe Fajita Salad V115 | Santa Fe Fajita Salad V115 |
| | Mashed Potatoes w/Gravy | Scrambled Eggs Sausage Patty | Romaine Tossed Salad | Broccoli and Cauliflower Salad | Vegetable Fried Rice |
| | Peas and Carrots | Potato Wedges | Sweet Green Peas | Crispy French Fries | Steamed Carrots |
| | Corn | Biscuit | Garlic Roasted Cauliflower | Baked Beans | Hot Roll |
| | Hot Roll | Tomato Slices, Warm Apple Slices w/cinnamon | Hot Roll | Steamed Corn | Red Pepper Strips With Dip |
| | Strawberry Fruit Cup | Steamed Broccoli | Salad Bar | Peach Cup Double Chocolate Chip Cookie | Salad Bar |
| | Salad Bar | Mixed Cooked Veggies | | Salad Bar | Salad Bar |
| | | Salad Bar | | | |

Students may choose 1 entrée from six different entrée serving lines. Each line will offer protein, grains, fruits, and vegetables. Full salad bar available with each entrée!

A variety of milk will be offered daily. May select only one milk. A 100% 4 oz. fruit juice will be offered daily. Students may select only one juice. Juice may count toward the 1/2 c fruit or vegetable component.

THE SALAD BAR WILL CONTAIN FRESH LEAFY GREENS, DARK RED AND ORANGE VEGGIES, AS WELL AS A VARIETY OF OTHER NUTRIENT RICH FRESH VEGETABLES. COOKED VEGETABLES WILL ALSO BE OFFERED ON THE SALAD BAR.

Must Choose at least 3 of 5 different food groups- Including at least a 1/2 c fruit or vegetable

Vegetables
Fruits

Milk

Proteins
Grains

Menu subject to change.

"This institution is an equal opportunity provider"

THE BAR WILL ALSO CONTAIN A VARIETY OF FRESH AND CANNED FRUIT. SPECIALTY ITEMS AND SALADS SUCH AS COTTAGE CHEESE, BROCCOLI AND CAULIFLOWER SALAD, PASTA SALAD, AND BLACK BEAN AND CORN SALSA WILL ALSO BE ROTATED ON THE SALAD BAR.

***It is our intent that students may take one serving (1/2 C) of each fruit/vegetable item available on the bar. Additional servings may be taken if they are consumed on the premise. Condiments and salad dressings should be taken in moderation. *** Thanks