

Marshall County Schools Middle School Lunch Menu February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
29 Meatball Hoagie Or Wow Butter and Jelly Sandwich * Peanut allernen FRFF* Smile Potatoes Baked Beans Strawberry Fruit Cup Garbanzo Bean Salad	30 Crispy Chicken Strips Or Hot and Spicy Nuqqets Crispy French Fries Baby Carrots with Dip Fresh Fruit 	31 Freshly Baked Pepperoni Rolls w/marinara sauce Garlic Steamed Broccoli Cottage Cheese Fresh Fruit Rice Crispy Treat	1 Grilled Chicken Filet on Bun Roasted Red Potatoes Steamed Corn Fruit Cocktail Cup Brownie	2 Pasta with Meat Sauce Caesar Salad Green Beans Hot Roll Fresh Fruit
Breakfast Week One				
5 Taco Quesadilla w/salsa Pierogies Mixed Cooked Veggies Peach Cup Sherbet	6 Chicken Alfredo With A Twist Caesar Salad Steamed Corn Hot Roll Fresh Fruit	7 Stuffed Crust Cheese or Pepperoni Pizza Peas Red Pepper Strips w/dip Applesauce	8 Roast Turkey Mashed Potatoes w/Gravy Steamed Carrots Hot Roll Fresh Fruit	9 Hot Dog on Bun Crispy French Fries Baked Beans Fresh Fruit Coleslaw Chocolate Chip Cookie
Breakfast Week Two				
12 Salisbury Steak Mashed Potatoes w/gravy Broccoli w/Parmesan Cheese Whole Wheat Bread Sliced Pears	13 Chicken Cheese and Ranch Wrap Nachos w/ Corn and Black Bean Salsa Steamed Corn Fresh Fruit Honey Apple Crisp	14 Valentines Day French Bread Pizza Romaine Tossed Salad Peas, Fresh Tangelo Nabisco Oreo Cookies!	15 Chicken Philly Sub Roasted Red Potatoes Baked Beans Apple Slices	16 Fish Sticks Baby Carrots with Dip Crispy French Fries Fresh Strawberries 
Breakfast Week Three				
19 Presidents Day Sloppy Joes on Bun Potato Wedges Honey Carrot Coins Fresh Tangelos Mandarin Orange Spinach Salad	20 Crispy Chicken Nuggets Or Hot and Spicv Mashed Potatoes w/Gravy Broccoli Florets with Dip Fresh Fruit Hot Roll	21 School Made Pizza Cheese Or Pepperoni Caesar Salad Roasted Brussel Sprouts Apple Slices Snickerdoodle Cookie	22 Taco's in a Bag Or Taco Salad (Baked Whole Wheat Doritos, w/seasoned ground beef lettuce, tomato, salsa and cheese) Pinto Beans Pasta Salad Fresh Fruit	23 Grilled Cheese Tomato Soup Green Beans Sliced Chilled Pears Cheese it Crackers
Breakfast Week One				
26  Chicken Drumstick Mashed Potatoes w/gravy Corn Hot Roll Strawberry Fruit Cup	27 Brunch For Lunch Scrambled Eggs Sausage Pattv Potato Wedges Tomato Slices Southern Style Biscuit Warm Apple slices w/cinnamon	28 Individual Round or Cheese Or Pepperoni Pizza Romaine Tossed Salad Garlic Roasted Cauliflower Fresh Fruit	1 Cheeseburger or Hamburger on Bun Crispy French Fries Baked Beans Peach Cup Broccoli and Cauliflower Salad Double Chocolate Chip Cookie	2 Cheese Quesadilla Stir Fry Veggies Red Pepper Strips with Dip Fresh Fruit
Breakfast Week Two				

Fresh Garden Bar Offered Daily***Includes a variety of fresh leafy green and dark red and orange vegetables, fresh and canned fruit options also available. Cottage cheese, pasta, macaroni, broccoli and specialty salads rotated on the bar.

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Variety of Low Fat and Skim milk offered everyday!

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