

# FEBRUARY 2020 K-8 BREAKFAST MENU



Oranges



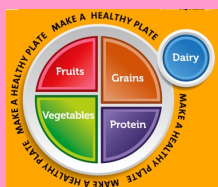
Physical Activity of the Month

SIMPLY GET ACTIVE!



Monday	Tuesday	Wednesday	Thursday	Friday
<h2>Harvest of the Month</h2>  <p>Oranges</p>				
3 Sausage & Gravy Pizza Juice Fresh Seasonal Fruit	4 French Toast Sticks Fruit Cup or Pop Fresh Seasonal Fruit	5 Orange Juice Smoothie Muffin Juice Fresh Seasonal Fruit	6 Sausage & Cheese Bagel Fruit Cup or Pop Fresh Seasonal Fruit	7 Turkey Sausage Link, Pancakes & Syrup Juice Fresh Seasonal Fruit
10  President Abraham Lincoln 1809-1865	11 Sausage Pancake Sandwich Fruit Cup or Pop Fresh Seasonal Fruit	12 Sausage & Gravy Pizza Juice Fresh Seasonal Fruit	13 Yogurt Breakfast Bar Fruit Cup or Pop Fresh Seasonal Fruit	14 Egg & Cheese Biscuit Sandwich Juice Fresh Seasonal Fruit
17 	18 French Toast Sticks Fruit Cup or Pop Fresh Seasonal Fruit	19 Orange Juice Smoothie Muffin Juice Fresh Seasonal Fruit	20 Sausage & Cheese Bagel Fruit Cup or Pop Fresh Seasonal Fruit	21 Turkey Sausage Link, Pancakes & Syrup Juice Fresh Seasonal Fruit
24 Pancake & Sausage on Stick Juice Fresh Seasonal Fruit	25 Sausage Pancake Sandwich Fruit Cup or Pop Fresh Seasonal Fruit	26 Sausage & Gravy Pizza Juice Fresh Seasonal Fruit	27 Yogurt Breakfast Bar Fruit Cup or Pop Fresh Seasonal Fruit	28 Egg & Cheese Biscuit Sandwich Juice Fresh Seasonal Fruit

Daily Entrée Choices: WG Cereal Combo  
 M: WG Banana Bread T: Muffin Bread W: Coffee Cake Th: PB&J Wafer F: Benefit Bar  
 A choice of 1% white and nonfat chocolate milk offered with all breakfasts.  
 \*\*\*MENU SUBJECT TO CHANGE\*\*\*



## February is Heart Health Month!

