

# FOOTHILL ELEMENTARY LUNCH MENU JANUARY 2019

**FREE**

**Breakfast  
& Lunch  
for all  
students  
of  
Marysville  
Joint  
Unified  
School  
District!**

**Harvest  
of the  
Month™**



**Salad Greens**



Our menus are printed on 30% recycled paper.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Winter Recess January 1 through 4</p>				
<p><b>7 Meatless Monday Option:</b></p> <p>Cheese Wheels With Marinara</p> <p>Strawberry Cup</p>	<p>8</p> <p>Enchilada Pie</p> <p>Taco Sauce</p> <p>Refried Beans</p> <p>Banana</p>	<p>9</p> <p>Chicken Noodle Soup with Grilled Cheese Sandwich</p> <p>Corn Mandarin</p>	<p>10</p> <p>Cherry Blossom Chicken</p> <p>Chow Mein</p> <p>Steamed Carrots Pineapple</p>	<p>11</p> <p>Pepperoni, Cheese or Hawaiian Pizza</p> <p>Cheese Wheels Tossed Romaine Salad Kiwi (2)</p>
<p><b>14 Meatless Monday Option:</b></p> <p>Mac &amp; Cheese</p> <p>Corn</p> <p>Peach Cup</p>	<p>15</p> <p>Beef &amp; Cheese Or Cheese Nachos</p> <p>Refried beans</p> <p>Banana</p>	<p>16</p> <p>Hamburger Cheeseburger</p> <p>Condiments</p> <p>Jicama Mandarin</p>	<p>17</p> <p><b>Breakfast for Lunch</b></p> <p>Pancake Taco Syrup</p> <p>Tater Tots Kiwi (2)</p>	<p>18</p> <p>Pepperoni or Cheese Pizza</p> <p>Tossed Romaine Salad</p> <p>Grapes</p>
<p>21</p> <p>Martin Luther King, Jr. Day</p>	<p>22</p> <p>Chicken Alfredo</p> <p>Dinner Roll</p> <p>Steamed Carrots</p> <p>Banana</p>	<p>23</p> <p>Carnitas Soft Taco</p> <p>Taco Sauce</p> <p>Refried Beans</p> <p>Kiwi (2)</p>	<p>24</p> <p>Turkey &amp; Gravy</p> <p>Dinner Roll</p> <p>Mashed Potatoes</p> <p>Mandarin</p>	<p>25</p> <p>Pepperoni, Cheese or Pep/Jalapeno Pizza</p> <p>Salad Grapes</p>
<p><b>28 Meatless Monday Option:</b></p> <p>Cheese Wheels With Marinara</p> <p>Strawberry Cup</p>	<p>29</p> <p>Enchilada Pie</p> <p>Taco Sauce</p> <p>Refried Beans</p> <p>Banana</p>	<p>30</p> <p>Chicken Noodle Soup with Grilled Cheese Sandwich</p> <p>Corn Mandarin</p>	<p>31</p> <p>Tangerine Chicken</p> <p>Chow Mein</p> <p>Steamed Carrots Pineapple</p>	<p><b>January is Vegetable Month on My Plate!</b></p>

A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar  
\*\*\* Menu subject to change\*\*\*

# JANUARY 2019 ELEMENTARY BREAKFAST MENU

**FREE**  
Breakfast & Lunch for all students of Marysville Joint Unified School District



Salad Greens



Our menus are printed on 30% recycled paper.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>WINTER RECESS—JANUARY 1 THROUGH 4</p>				
<p>7 Pancake-Maple Sausage Sandwich</p> <p>Juice Fresh Seasonal Fruit</p>	<p>8 Cinnamon Square</p> <p>Juice</p> <p>Fresh Seasonal Fruit</p>	<p>9 Pancakes with Syrup &amp; Sausage Link</p> <p>Juice Fresh Seasonal Fruit</p>	<p>10 Egg &amp; Cheese Omelet Biscuit</p> <p>Juice Fresh Seasonal Fruit</p>	<p>11 Strawberry Pancake Bowl</p> <p>Juice Fresh Seasonal Fruit</p>
<p>14 Sausage &amp; Pancake on a Stick</p> <p>Juice Fresh Seasonal Fruit</p>	<p>15 Yogurt Soft Breakfast Bar</p> <p>Juice Fresh Seasonal Fruit</p>	<p>16 Egg &amp; Cheese Biscuit Sandwich</p> <p>Juice Fresh Seasonal Fruit</p>	<p>17 French Toast</p> <p>Juice Fresh Seasonal Fruit</p>	<p>18 Turkey Sausage Pizza</p> <p>Juice Fresh Seasonal Fruit</p>
<p>21</p>	<p>22 Sausage &amp; Cheese on Bun</p> <p>Juice Fresh Seasonal Fruit</p>	<p>23 Sausage &amp; Cheese Bagel</p> <p>Juice Fresh Seasonal Fruit</p>	<p>24 French Toast Sticks</p> <p>Juice Fresh Seasonal Fruit</p>	<p>25 Sausage &amp; Gravy Pizza</p> <p>Juice Fresh Seasonal Fruit</p>
<p>28 Pancake-Maple Sausage Sandwich</p> <p>Juice Fresh Seasonal Fruit</p>	<p>29 Cinnamon Square</p> <p>Juice</p> <p>Fresh Seasonal Fruit</p>	<p>30 Pancakes with Syrup &amp; Sausage Link</p> <p>Juice Fresh Seasonal Fruit</p>	<p>31 Egg &amp; Cheese Omelet Biscuit</p> <p>Juice Fresh Seasonal Fruit</p>	<p><b>Salad Greens</b></p>

Daily Entrée Choices: WG Cereal Combo  
M: WG Banana Bread T : Muffin Bread W: Coffee Cake Th: Mini Bagel with Strawberry Cream Cheese F: PB&J Wafer  
A choice of 1% white and nonfat chocolate milk offered with all breakfasts.  
\*\*\*MENU SUBJECT TO CHANGE\*\*\*

## January is Vegetable Month on My Plate!

