

Marysville Joint Unified School District

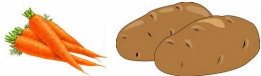
NOVEMBER 2018 INTERMEDIATE LUNCH MENU

FREE

Breakfast & Lunch for all students of Marysville Joint Unified School District!



Root Vegetables



Our menus are printed on 30% recycled paper .







Monday	Tuesday	Wednesday	Thursday	Friday
<p>November is Protein Month on My Plate!</p>	<p><u>Proteins Include:</u> Beans & Peas Eggs Meat Nuts & Seeds Poultry Seafood Soy Products</p>		<p>1 Chicken & Cheese Nachos</p> <p>Beef Teriyaki Blasters Brown Rice</p> <p>Pork Rib Hoagie</p> <p>Seasoned Beans Carrots Kiwis</p>	<p>2 Pepperoni or Cheese Pizza</p> <p>Bean & Cheese Pupusa Taco Sauce</p> <p>Deli Sandwich</p> <p>Romaine Salad V Blend Juice Grapes</p>
<p>5 Lasagna Garlic Breadstick</p> <p>Chicken Noodle Soup with Grilled Cheese Sandwich</p> <p>Bean & Cheese Burrito Taco Sauce</p> <p>Carrots Corn Apricot Cup</p>	<p>6 Pepperoni, Cheese or Fiesta Pizza</p> <p>Chicken Crisпитos Taco Sauce</p> <p>Monte Cristo Sandwich</p> <p>Garden Salad</p> <p>Banana</p>	<p>7 Hamburger Cheeseburger</p> <p>Meatball Sandwich</p> <p>Chicken Parmesan</p> <p>Seasoned Spiral Fries</p> <p>Lettuce/Tomato/Pickle</p> <p>Fresh Seasonal Fruit</p>	<p>8 Beef & Cheese Nachos</p> <p>Lemongrass Chicken Vegetable Fried Rice</p> <p>Chicken Nuggets</p> <p>Refried Beans Steamed Carrots</p> <p>Orange Sections</p>	<p>9 Pepperoni or Cheese Pizza</p> <p>Italian Supreme Panini</p> <p>Chicken Sandwich</p> <p>Salad</p> <p>Cucumber</p> <p>Kiwis</p>
<p>12 Veterans Day Observed</p>	<p>13 Cheese, Pep/Jal or Pepperoni Pizza</p> <p>Chicken Sandwich</p> <p>Turkey Corndog Condiments</p> <p>Baked Beans</p> <p>Tater Tots</p> <p>Banana</p>	<p>14 Street Tacos</p> <p>Taco Pocket Taco Sauce</p> <p>Hamburger Cheeseburger Condiments</p> <p>Lettuce/Tomato/Pickle</p> <p>Celery Sticks Fresh Seasonal Fruit</p>	<p>15 Turkey & Gravy</p> <p>Buffalo Drumstick</p> <p>Dinner Roll</p> <p>Chicken Quesadilla Taco Sauce</p> <p>Mashed Potatoes Green Beans</p> <p>Orange Sections</p>	<p>16 Pepperoni or Cheese Pizza</p> <p>"Mad Mac" & Cheese with Chicken</p> <p>Verde Mexi-Pocket</p> <p>Broccoli Salad Carrots</p> <p>Kiwis</p>
<h2><i>Thanksgiving Holiday Week</i></h2>				
<p>26 Breaded Chicken</p> <p>Chicken Chunks</p> <p>Onion Rings</p> <p>Enchilada Pie</p> <p>Corn Coleslaw</p> <p>Peach Cup</p>	<p>27 Pepperoni, Cheese or Veggie Pizza</p> <p>Ultimate Cheeseburger</p> <p>Cheese Filled Breadsticks</p> <p>Garden Salad</p> <p>Banana</p>	<p>28 Hamburger Cheeseburger Condiments</p> <p>Lettuce/Tomato/Pickle</p> <p>Cheese Tamale w/Salsa Verde Deli Sandwich</p> <p>Seasoned Potato Wedges</p> <p>Fresh Seasonal Fruit</p>	<p>29 Chicken & Cheese Nachos</p> <p>Beef Teriyaki Blasters Brown Rice</p> <p>Pepperoni Sandwich</p> <p>Refried Beans Broccoli Florets</p> <p>Orange Sections</p>	<p>30 Pepperoni or Cheese Pizza</p> <p>Bean & Cheese Pupusa Taco Sauce</p> <p>Chicken Alfredo Garlic Breadstick</p> <p>Carrots V Blend Juice Kiwis</p>

A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar *** Menu subject to change***

This institution is an equal opportunity provider.

NOVEMBER 2018 INTERMEDIATE BREAKFAST MENU

FREE
Breakfast & Lunch for all students of Marysville Joint Unified School District

Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Breakfast Choices				
Coffee Cake	Breakfast Biscuit Sandwich	Cinnamon French Toast	Pancakes & Turkey Sausage Link w/ Syrup	Chicken Crispito
Harvest of the Month Root Vegetables 			1 Strawberry Pancake Bowl Juice Fresh Seasonal Fruit	2 Cheese Omelet Biscuit Juice Fresh Seasonal Fruit
5 Sausage & Gravy Pizza Juice Fresh Seasonal Fruit	6 Bagel & Cream Cheese Juice Fresh Seasonal Fruit	7 Mini Sausage Pancake Hash Brown Juice Fresh Seasonal Fruit	8 Fruit Smoothie Muffin Juice Fresh Seasonal Fruit	9 Pancake & Sausage Stick Juice Fresh Seasonal Fruit
12 Veterans Day Observed 	13 Cinnamon Roll Juice Fresh Seasonal Fruit	14 Cheese Omelet Biscuit Juice Fresh Seasonal Fruit	15 French Toast Sticks Juice Fresh Seasonal Fruit	16 Sausage Pancake Sandwich Juice Fresh Seasonal Fruit
 <h2 style="color: #C0504D;">Happy Thanksgiving</h2> 				
26 Sausage & Cheese on Bun Juice Fresh Seasonal Fruit	27 Strawberry Pancake Bowl Juice Fresh Seasonal Fruit	28 Sausage Pizza Square Juice Fresh Seasonal Fruit	29 Egg & Chorizo Burrito Juice Fresh Seasonal Fruit	30 Yogurt Muffin Juice Fresh Seasonal Fruit

Harvest of the Month

Root Vegetables



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Daily Entrée Choices: WG Cereal Combo
 M: WG Benefit Bar T: PB&J Bar W: Cinnamon Square Th: Banana Bread F: Muffin Bread
 A choice of 1% white and nonfat chocolate milk offered with all breakfasts.

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