

# FOOTHILL ELEMENTARY LUNCH MENU

## OCTOBER 2018

**FREE**

**Breakfast & Lunch for all students of Marysville Joint Unified School District!**

**Harvest of the Month™**

**Apple**



Our menus are printed on 30% recycled paper



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <b>Meatless Monday</b> Option: <b>NEW</b> Cheese Tamale w/Salsa Verde Taco Sauce</p> <p>Corn Peach Cup</p>	<p>2 <b>NEW</b> Meatball Sandwich</p> <p>Lettuce/Tomato/ Pickle</p> <p>Banana</p>	<p>3 Beef &amp; Cheese Or Cheese Nachos</p> <p>Salsa</p> <p>Refried beans</p> <p>Orange Sections</p>	<p>4 Turkey Hot Dog Condiments</p> <p>Seasoned Spiral Fries</p> <p>Fresh Stone Fruit</p>	<p>5 Pepperoni, Cheese or Pep/Jalapeno Pizza</p> <p>Salad</p> <p>Grapes</p>
<p>8 </p>	<p>9 <b>NEW</b> Enchilada Pie</p> <p>Green Beans</p> <p>Banana</p>	<p>10 Breaded Drumstick Garlic Breadstick</p> <p>Baked Beans</p> <p>Watermelon</p>	<p>11 Cherry Blossom Chicken</p> <p>Vegetable Fried Rice</p> <p>Steamed Carrots</p> <p>Fresh Stone Fruit</p>	<p>12 Pepperoni, Cheese or Hawaiian Pizza</p> <p>Tossed Romaine Salad</p> <p>Grapes</p>
<p>15 <b>Meatless Monday</b> Option: Mac &amp; Cheese</p> <p>Coleslaw Salad</p> <p>Mixed Berry Pop</p>	<p>16 Chicken Nuggets Ketchup</p> <p>Seasoned Potato Wedges</p> <p>Banana</p>	<p>17 Hamburger Cheeseburger</p> <p>Condiments</p> <p>Baked Beans Apple Slices</p>	<p>18 Grilled Ham &amp; Cheese Sandwich</p> <p>Broccoli</p> <p>Fresh Stone Fruit</p>	<p>19 Pepperoni or Cheese Pizza</p> <p>Tossed Romaine Salad</p> <p>Grapes</p>
<p>22 <b>Meatless Monday</b> Option: Bean &amp; Cheese Burrito</p> <p>Refried Beans Taco Sauce Corn Strawberry Pop</p>	<p>23 Chicken Sandwich</p> <p>Ketchup</p> <p>Lettuce/Tomato/ Pickle</p> <p>Banana</p>	<p>24 Chicken &amp; Cheese Or Cheese Nachos Salsa</p> <p>Refried beans</p> <p>Orange Sections</p>	<p>25 <b>NEW</b> Ultimate Cheeseburger Condiments</p> <p>Seasoned Spiral Fries</p> <p>Fresh Stone Fruit</p>	<p>26 Pepperoni, Cheese or Pep/Jalapeno Pizza</p> <p>Salad</p> <p>Grapes</p>
<p>29 <b>Meatless Monday</b> Option: Cheese Filled Breadsticks With Marinara <b>NEW</b></p> <p>Tater Tots Ketchup Fruit Cup</p>	<p>30 <b>NEW</b> Verde Mexi-Pocket</p> <p>Taco Sauce</p> <p>Green Beans</p> <p>Banana</p>	<p>31 Breaded Chicken</p> <p>Garlic Breadstick</p> <p>Baked Beans</p> <p>Apple Slices</p>		

A choice of 1% milk and nonfat chocolate milk offered with all lunches.

Please enjoy the Salad bar \*\*\* Menu subject to change\*\*\*

**October is "National School Lunch Week" month!**

This institution is an equal opportunity provider.

# ELEMENTARY BREAKFAST MENU

## OCTOBER 2018

**FREE**

**Breakfast & Lunch for all students of Marysville Joint Unified School District**

**Harvest of the Month™**  
Apple



Our menus are printed on 30% recycled paper



Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage & Gravy Pizza  Juice Fresh Seasonal Fruit	2 Sausage & Cheese Sandwich <sup>NEW</sup>  Juice Fresh Seasonal Fruit	3 Sausage & Cheese on Bagel  Juice Fresh Seasonal Fruit	4 French Toast Sticks  Juice Fresh Seasonal Fruit	5 Strawberry Pancake Bowl <sup>NEW</sup>  Juice Fresh Seasonal Fruit
8  No School Teacher Work Day	9 Egg & Cheese Omelet Biscuit  Juice Fresh Seasonal Fruit	10 Pancakes with Syrup & Sausage Link  Juice Fresh Seasonal Fruit	11 Berry Smoothie Muffin  Juice Fresh Seasonal Fruit	12 Cinnamon Square  Juice Fresh Seasonal Fruit
15 Yogurt Soft Breakfast Bar  Juice Fresh Seasonal Fruit	16 Egg & Cheese Biscuit Sandwich  Juice Fresh Seasonal Fruit	17 Turkey Sausage Pizza  Juice Fresh Seasonal Fruit	18 French Toast  Juice Fresh Seasonal Fruit	19 Sausage & Pancake on a Stick  Juice Fresh Seasonal Fruit
22 Sausage & Gravy Pizza  Juice Fresh Seasonal Fruit	23 Sausage & Cheese Sandwich <sup>NEW</sup>  Juice Fresh Seasonal Fruit	24 Pancake-Maple Sausage Sandwich  Juice Fresh Seasonal Fruit	25 French Toast Sticks  Juice Fresh Seasonal Fruit	26 Strawberry Pancake Bowl <sup>NEW</sup>  Juice Fresh Seasonal Fruit
29 Sausage & Cheese Bagel  Juice Fresh Seasonal Fruit	30 Egg & Cheese Omelet Biscuit  Juice Fresh Seasonal Fruit	31 Pancakes with Syrup & Sausage Link  Juice Fresh Seasonal Fruit	 <p>Take a look at the MyPlate. It helps us see the foods that make a healthy meal. You can see that a healthy plate has foods from all the food groups on it. Half of your plate should have fruits and vegetables.</p>	

Daily Entrée Choices: WG Cereal Combo  
M: WG Banana Bread T: Muffin Bread W: Coffee Cake Th: Bagel & Cream Cheese F: PB&J Wafer  
A choice of 1% white and nonfat chocolate milk offered with all breakfasts.  
\*\*\*MENU SUBJECT TO CHANGE\*\*\*

**“National School Lunch Week” is October 9 to October 13!**