

Marysville Joint Unified School District

OCTOBER 2018 INTERMEDIATE LUNCH MENU

FREE

**Breakfast & Lunch
for all
students
of
Marysville
Joint
Unified
School
District!**

**Harvest
of the
Month™**

Apple



Our menus are printed on 30% recycled paper



Monday	Tuesday	Wednesday	Thursday	Friday
1 Beef & Cheese Nachos Chicken Sliders Beef Rib Hoagie Refried Beans Corn Orange Juice	2 Mad™ Mac & Cheese w/Chicken ^{NEW} Pepperoni, Cheese or Pep/Jalapeno Pizza Meatball Sandwich ^{NEW} Salad Carrots Banana	3 Buffalo Drumstick w/Garlic Knot Chicken Alfredo w/ Breadstick Hamburger Cheeseburger Ketchup/Mustard Tater Tots Broccoli Salad Fresh Seasonal Fruit	4 Street Tacos Ultimate ^{NEW} Cheeseburger Ketchup/Mayo/ Mustard Grilled Cheese Sandwich Seasoned Cucumber Seasoned Jicama Fresh Stone Fruit	5 Pepperoni or Cheese Pizza Chicken Quesadilla ^{NEW} Verde Mexi-Pocket Romaine Salad Broccoli Florets Grapes
8 	9 Pepperoni, Cheese or Veggie Pizza ^{NEW} Chicken Sandwich Taco Pocket Taco Sauce Salad Carrots Banana	10 Hamburger Cheeseburger Ketchup/Mustard Lettuce/Tomato/ Pickle Cheese Tamale ^{NEW} w/Salsa Verde Pepperoni Pocket Seasoned Spiral Potatoes Fresh Seasonal Fruit	11 Chicken & Cheese or Cheese Nachos Beef Teriyaki Blasters Brown Rice Pork Rib Hoagie Seasoned Beans Carrots Fresh Stone Fruit	12 Pepperoni or Cheese Pizza Bean & Cheese Pupusa ^{NEW} Taco Sauce Deli Sandwich Romaine Salad V Blend Juice Grapes
15 Lasagna Garlic Breadstick Chicken Nuggets Monte Cristo Sandwich Carrots Salad Fruit Cup	16 Pepperoni, Cheese or Fiesta Pizza ^{NEW} Chicken Crisпитos Taco Sauce ^{NEW} Italian Supreme Panini ^{NEW} Salad Celery Sticks Banana	17 Hamburger Cheeseburger Turkey Hot Dog Ketchup/Mustard Chicken Parmesan Dinner Roll Seasoned Potato Wedges Lettuce/Tomato/ Pickle Fresh Seasonal Fruit	18 Chicken & Spanish Rice Bowl Cheese Filled Breadsticks w/ Marinara ^{NEW} Bean & Cheese Burrito Seasoned Beans Fresh Stone Fruit	19 Pepperoni or Cheese Pizza Cherry Blossom Chicken Vegetable Fried Rice Chicken Sandwich Steamed Broccoli Corn Grapes
22 Beef & Cheese Nachos Chicken Sliders Beef Rib Hoagie Refried Beans Corn Orange Juice	23 Mad™ Mac & Cheese w/Chicken ^{NEW} Pepperoni, Cheese or Pep/Jalapeno Pizza ^{NEW} Meatball Sandwich Salad Carrots Banana	24 Buffalo Drumstick w/Garlic Knot Chicken Alfredo w/ Breadstick Hamburger Cheeseburger Ketchup/Mustard Tater Tots Broccoli Salad Fresh Seasonal Fruit	25 Street Tacos Ultimate ^{NEW} Cheeseburger Ketchup/Mayo/ Mustard Grilled Cheese Sandwich Seasoned Cucumber Seasoned Jicama Fresh Stone Fruit	26 Pepperoni or Cheese Pizza Chicken Quesadilla ^{NEW} Verde Mexi-Pocket Romaine Salad Broccoli Florets Grapes
29 Chicken Chunks Ketchup Enchilada Pie ^{NEW} Breaded Chicken Mashed Potatoes Corn Strawberry Cup	30 Pepperoni, Cheese or Veggie Pizza ^{NEW} Chicken Sandwich Taco Pocket Taco Sauce Salad Carrots Banana	31 Hamburger Cheeseburger Ketchup/Mustard Lettuce/Tomato/ Pickle Cheese Tamale ^{NEW} w/Salsa Verde Pepperoni Pocket Seasoned Spiral Potatoes Fresh Seasonal Fruit	<p>October is “National School Lunch Week” month!</p>	

A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar*** Menu subject to change***

This institution is an equal opportunity provider.

Marysville Joint Unified School District

OCTOBER 2018 INTERMEDIATE BREAKFAST MENU

FREE

Breakfast & Lunch for all students of Marysville Joint Unified School District!

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Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Breakfast Choices				
French Toast	Coffee Cake	Chicken Chili Crispito	Breakfast Biscuit Sandwich	Pancakes & Turkey Sausage Link w/ Syrup
1 Sausage & Cheese Pita Juice Fresh Seasonal Fruit	2 Pancake & Sausage Stick Juice Fresh Seasonal Fruit	3 Fruit Smoothie Muffin Juice Fresh Seasonal Fruit	4 Cinnamon Roll Juice Fresh Seasonal Fruit	5 French Toast Sticks Juice Fresh Seasonal Fruit
8  No School Teacher Work Day	9 Sausage Pancake Sandwich Juice Fresh Seasonal Fruit	10 Sausage Pizza Square Juice Fresh Seasonal Fruit	11  Strawberry Pancake Bowl Juice Fresh Seasonal Fruit	12 Cheese Omelet Biscuit Juice Fresh Seasonal Fruit
15 Yogurt Muffin Juice Fresh Seasonal Fruit	16 Egg & Chorizo Burrito Juice Fresh Seasonal Fruit	17  Sausage & Cheese on Bun Juice Fresh Seasonal Fruit	18  Sausage & Gravy Pizza Juice Fresh Seasonal Fruit	19 Bagel & Cream Cheese Juice Fresh Seasonal Fruit
22 Sausage & Cheese Pita Juice Fresh Seasonal Fruit	23 Pancake & Sausage Stick Juice Fresh Seasonal Fruit	24 Fruit Smoothie Muffin Juice Fresh Seasonal Fruit	25 Cinnamon Roll Juice Fresh Seasonal Fruit	26 French Toast Sticks Juice Fresh Seasonal Fruit
29 Mini Pancake Sausages Juice Fresh Seasonal Fruit	30 Sausage Pancake Sandwich Juice Fresh Seasonal Fruit	31 Sausage Pizza Square Juice Fresh Seasonal Fruit	 <p>Work with the MyPlate. It helps us see the foods that make a healthy meal. You can tell that a healthy plate has foods from all the food groups on it. Half of your plate should have fruits and vegetables.</p>	

Daily Entrée Choices: WG Cereal Combo

M: WG Benefit Bar T: PB&J Bar W: Cinnamon Square Th: Banana Bread F: Muffin Bread

A choice of 1% white and nonfat chocolate milk offered with all breakfasts.

MENU SUBJECT TO CHANGE

“National School Lunch Week” is October 9th through October 13th!