




October 2018 Supper Menu

Marysville Joint Unified School District

A choice of 1% milk and nonfat chocolate milk offered with all suppers. Menu items are subject to change or substitution without notice.

Mon	Tue	Wed	Thu	Fri
1 Cereal ★ String Cheese & Sunflower Seeds ★ Banana V Blend Juice	2 PB&J Cup ★ Heartzel Pretzel ★ Raisins Celery Sticks	3 Yogurt ★ Muffin ★ Peach Cup Cucumber	4 Turkey & Cheese On Bun ★★ Apple Slices Broccoli Florets w/ Ranch Dressing	5 Cheese or Pepperoni Pizza Lunch Kit ★★ Grapes Carrots
8  No School Teacher Work Day	9 Yogurt ★ String Cheese & Soft Baked Bar ★ Orange Sections Carrots	10 Cereal ★ Cheddar Sticks & Sunflower Seeds ★ Peach Cup V Blend Juice	11 Turkey & Cheese Lunch Kit ★★ Grapes Celery Sticks	12 PB & Jamwich ★★ Mango Peach Applesauce Cup Cucumber
15 Yogurt ★ Granola ★ Cranberries Cucumber	16 Turkey & Cheese on Hoagie ★★ Lettuce/tomato/pickle Apple Slices	17 PB&J Wafer & Cheddar Stick ★★ Strawberry Applesauce Cup Corn	18 Cereal ★ String Cheese & Sunflower Seeds ★ Grapes Carrots	19 PB&J Cup ★ Heartzel Pretzel ★ Raisins Celery Sticks
22 Yogurt ★ Muffin ★ Peach Cup Cucumber	23 Turkey & Cheese On Bun ★★ Apple Slices Broccoli Florets w/Ranch Dressing	24 Cheese or Pepperoni Pizza Lunch Kit ★★ Banana V Blend Juice	25 Yogurt ★ String Cheese & Soft Baked Bar ★ Orange Sections Carrots	26 Cereal ★ Cheddar Sticks & Sunflower Seeds ★ Peach Cup Celery Sticks
29 Turkey & Cheese Lunch Kit ★★ Grapes Celery Sticks	30 PB & Jamwich ★★ Mango Peach Applesauce Cup Carrots	31 Yogurt ★ Granola ★ Cranberries Cucumber	<p><i>Have it Your Way!!!</i></p> <p>Pick the menu items you want. Select items ★ to collect 3</p> <p>Choices: Milk = ★ Fruit = ★ Vegetable = ★ Entrée = ★ or ★★</p>	