



2018 Elementary School Breakfast Menu

OFFER vs SERVE
Food Items for School Breakfast

Choose **at least 3** including:



- ½ Cup of **Fruits** or **Vegetables**
- **At Least 2 Other Food Items**

For best nutrition, **choose all**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
WELCOME BACK TO SCHOOL!			1	2 CEREAL & TOAST OFFERED DAILY	3 Mickey's Mighty Milk Choices Offered Daily	FRESH FRUIT, FRUIT JUICE OFFERED DAILY
	6 Breakfast Bun Or Breakfast Ring	7 Baked Ham Biscuit	8 Tasty Waffles	9 Cheesy Grits w/ Toast	10 Warm Muffins	
	13 Pancake & Sausage on a Stick	14 Sunrise Sausage Biscuit	15 Fruity Yogurt & Oatmeal Crisps	16 Dazzling Dutch Waffle	17 Southern Steak Biscuit	
	20 Sunrise Sausage Biscuit	21 Ultimate Pancakes	22 Crispy Chicken Biscuit	23 Ooey Goopy Cinnamon Rolls	24 Fruit & Yogurt Parfait	
	27 Breakfast Bun Or Breakfast Ring	28 Baked Ham Biscuit	29 Tasty Waffles	30 Crispy Chicken Biscuit	31 Warm Muffins	