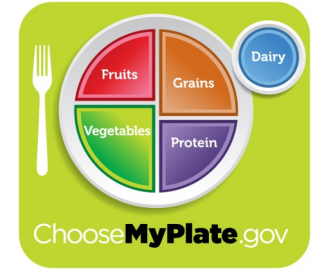




RICHLAND HIGH

LUNCH FALL 2021

Main Dish, Fruit and/or Vegetable & Milk (1% or Non-Fat Flavored)
MENU SUBJECT TO CHANGE



Students must take
a minimum of
THREE
My Plate
Components

One item must be
selected from the
fruit or vegetable
group

Menu reflects items we
prepare, but not all Items
are offered daily

Nutritional Information
on our App WebMenus



APPLE



ANDROID

CLASSICS

Cheeseburger
Cheese Pizza Slice
Spicy Chicken Sandwich

QUICK SERVE

Bean & Cheese Burrito
Chalupa - Beef & Cheese
Pepperoni Calzone ■
Tamale - Green Chile & Cheese

COLD SELECTIONS

Deli Sub Sandwich
Salad of the Day
Yogurt Parfait ◀

■ CONTAINS PORK ◀ CONTAINS NUTS

FRUIT

Apples
Applesauce
Craisins
Frozen Fruit Cup
Fruit Cocktail
Oranges
Pear
Raisins

VEGETABLES

Baby Carrots
Broccoli Bites
Celery
Corn
Green Salad

MILK

1% Milk
Non-Fat Chocolate

USDA is an equal opportunity provider