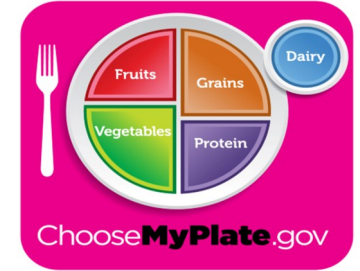


RICHLAND HIGH

BREAKFAST FALL 2021

Main Dish, Fruit, Vegetable & Milk (1% or Non-Fat Flavored)

MENU SUBJECT TO CHANGE



Students must take
 a minimum of
THREE
 My Plate
 Components

One item must be
 selected from the
 fruit or vegetable
 group

Menu reflects items we
 prepare, but not all Items
 are offered daily

Nutritional Information
 on our App WebMenus



APPLE



ANDROID

Banana Bread

Concha

Muffin

Bagel & Cream Cheese

Crumb Cake

Buttermilk Bar

Yogurt Parfait ◀

Yogurt, Berries & Granola

FRUIT

Apples
 Applesauce
 Bananas
 Craisins
 Frozen Berry Cup
 Fruit Cocktail
 Juice
 Oranges
 Pear
 Raisins

VEGETABLES

Baby Carrots
 Tater Tots

MILK

1% Milk
 Non-Fat Chocolate

■ CONTAINS PORK ◀ CONTAINS NUTS