

OCT 2021

CANYON HILLS MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	FRUIT VARIETY Apple, Banana, Orange Pear, Applesauce, Craisin, Raisin & Frozen Berry Cup Fruit Cocktail	STUDENT MEALS SUBJECT TO CHANGE INCLUDES Entrée Fruit and/or Vegetable 1% or Non-Fat Milk		1 Muffin Fruit & Juice Bean & Cheese Burrito Green Beans Oranges
4 Concha Fruit & Juice Calzone Green Beans Oranges	5 Cereal Fruit Pepperoni Pizza ■ Peas Diced Pears	6 Banana Bread Fruit & Juice Tamale Steamed Carrots Applesauce	7 PBJ Fruit Chicken Nugget & Fries Seasoned Corn Peaches	8 Yogurt & Crackers Fruit Grilled Cheese Green Beans Sliced Apples
11 Muffin Fruit Taco Snack Green Beans Oranges	12 Concha Fruit Bean & Cheese Burrito Peas Diced Pears	13 Cereal Fruit & Juice Calzone Seasoned Corn Peaches	14 Banana Bread Fruit & Juice Cheese Pizza Steamed Carrots Craisins	15 PBJ Fruit Tamale Steamed Carrots Applesauce
18 Yogurt & Crackers Fruit & Juice Chicken Sandwich Steamed Carrots Applesauce	19 Muffin Fruit Grilled Cheese Peas Craisins	20 Concha Fruit & Juice Taco Nada Green Beans Oranges	21 Cereal Fruit Chicken Nugget & Fries Peas Diced Pears	22 Banana Bread Fruit Pepperoni Pizza ■ Green Beans Sliced Apples
25 PBJ Fruit & Juice Mac & Cheese Green Beans Oranges	26 Yogurt & Crackers Fruit Tamale Peas Diced Pears	27 Muffin Fruit & Juice Pepperoni Pizza ■ Steamed Carrots Applesauce	28 Concha Fruit Grilled Cheese Seasoned Corn Peaches	29

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