

February 2018 Middle School Lunch Menu

Updated 2/07/2018

School Nutrition Services
Loudoun County Public Schools

Monday Tuesday Wednesday Thursday Friday

Additional Daily Meal Options

Salads

Vegetable Bar

Fruit Bar

Milk Variety

A-la-carte Items

1 --Choose One Entree--
Big Daddy's Cheese Pizza

School Choice Pizza

Breaded Baked Chicken Sandwich

--Hot Vegetables--
Key West Vegetable Blend
Baked Sweet Potato Wedges

Cold Fruit & Vegetable Bar

--Choice of Milk--

2 --Choose One Entree--
Chicken Fajita Rice Bowl with Cheese

Chicken Fajita Rice Bowl without Cheese

Big Daddy's Pepperoni Pizza

--Hot Vegetables--
Seasoned Black Beans
Oven Baked Tater Tots

Cold Fruit & Vegetable Bar

--Choice of Milk--
National Tater Tot Day

5 **No School
Snow Day - Schools Closed**



6 --Choose One Entree--
Cheeseburger
Hamburger

Fish & Chips
w/wo Dinner Roll

Spicy Chicken Sandwich

--Hot Vegetables--
Baked Sidewinders
Cowboy Baked Beans

Cold Fruit & Vegetable Bar

--Choice of Milk--

7 **No School
Snow Day - Schools Closed**



8 --Choose One Entree--
Chicken Bites
w/wo Dinner Roll

Grilled Cheese Sandwich

Philly Cheese Steak

--Choose Soup--
Tomato Soup

--Hot Vegetables--
Baked Potato Medley
Steamed Green Beans

Cold Fruit & Vegetable Bar

--Choice of Milk--

9 --Choose One Entree--
Popcorn Chicken Bowl
w/wo Garlic Knot

Veggie Stuffed Panini

--Hot Vegetables--
Mashed Potatoes
w/wo Chicken Gravy
Key West Vegetable Blend

Cold Fruit & Vegetable Bar

--Choice of Milk--

12 --Choose One Entree--
Fiesta Bean Taco

Beef Soft Taco

School Choice Pizza

w/wo Yellow Rice

--Hot Vegetables--
Baked Plantains
Vegetarian Refried Beans

Cold Fruit & Vegetable Bar

--Choice of Milk--

13 --Choose One Entree--
Chicken & Cheese Enchilada

Honey Sriracha Chicken Rice Bowl

Big Daddy's Cheese Pizza

w/wo Steamed Brown Rice

--Hot Vegetables--
Steamed Broccoli

Cold Fruit & Vegetable Bar

--Choice of Milk--

14 --Choose One Entree--
Italian Veggie Flatbread

Buffalo Chicken Tots

Breaded Baked Chicken Sandwich

--Choose Soup--
Mayra's Chickpea Stew

--Hot Vegetables--
Tater Tots

Cold Fruit & Vegetable Bar

--Choice of Milk--
Snowman Soft Pretzel

15 --Choose One Entree--
Beef Nacho Grande

Fiesta Bean Nachos

Spicy Chicken Sandwich

w/wo Yellow Rice

--Hot Vegetables--
Baked Plantains
Vegetarian Refried Beans

Cold Fruit & Vegetable Bar

--Choice of Milk--

16 --Choose One Entree--
Buffalo Chicken Bites
w/wo Dinner Roll

Chicken Bites
w/wo Dinner Roll

Potato Crunch Pollock Filet
w/wo Dinner Roll

--Hot Vegetables--
Steamed Sunshine Carrots
Ranch Dressing Potato Wedges

Cold Fruit & Vegetable Bar

--Choice of Milk--



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>19</p> <p>No School</p> <p>Presidents' Day Holiday</p> 	<p>20</p> <p>--Choose One Entree-- Chicken Breast Tenders w/wo Dutch Waffle</p> <p>Broccoli/Spinach Bake w/wo Dinner Roll</p> <p>Meatball Sub</p> <p>--Choose Soup-- Chicken Noodle Soup</p> <p>--Hot Vegetables-- Baked Sidewinders Steamed Green Beans</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p>	<p>21</p> <p>--Choose One Entree-- Macaroni & Cheese w/wo Garlic Knot</p> <p>BBQ Chicken Flatbread</p> <p>--Hot Vegetables-- Steamed Corn Steamed Broccoli</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p>	<p>22</p> <p>--Choose One Entree-- Big Daddy's Cheese Pizza</p> <p>School Choice Pizza</p> <p>Breaded Baked Chicken Sandwich</p> <p>--Hot Vegetables-- Key West Vegetable Blend Baked Sweet Potato Wedges</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p> <p>National Sweet Potato Day</p>	<p>23</p> <p>--Choose One Entree-- Beef Barbacoa w/wo Cilantro Lime Rice</p> <p>Big Daddy's Pepperoni Pizza</p> <p>--Hot Vegetables-- Seasoned Black Beans Steamed Sunshine Carrots</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p>
<p>26</p> <p>--Choose One Entree-- Cheeseburger Hamburger</p> <p>Fish & Chips w/wo Dinner Roll</p> <p>Spicy Chicken Sandwich</p> <p>--Hot Vegetables-- Baked Sidewinders Cowboy Baked Beans</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p>	<p>27</p> <p>--Choose One Entree-- Breaded Mozzarella Sticks Marinara Sauce</p> <p>Teriyaki Beef w/wo Steamed Brown Rice</p> <p>Big Daddy's Pepperoni Pizza</p> <p>--Hot Vegetables-- Steamed Broccoli Steamed Sunshine Carrots</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p>	<p>28</p> <p>--Choose One Entree-- Chicken Bites w/wo Dinner Roll</p> <p>Grilled Cheese Sandwich</p> <p>Philly Cheese Steak</p> <p>--Choose Soup-- Chicken Tortilla Soup</p> <p>--Hot Vegetables-- Baked Potato Medley Steamed Green Beans</p> <p>Cold Fruit & Vegetable Bar</p> <p>--Choice of Milk--</p>	<p>28</p> <p>"Fear-Factor" Friday Kiwifruit</p>	

A Complete Meal Includes:

- Choice of One Entree
- Choice of Grain
- Choice of One or Two Vegetables
- Choice of One Fruit
- Choice of One Milk

USDA is an equal opportunity provider and employer.

Menus subject to change without notice.