

# January 2018 Middle School Lunch Menu Updated 1/08/2018

**School Nutrition Services**  
Loudoun County Public Schools

Additional Daily Meal Options

Vegetable Bar

Fruit Bar

Salads

Milk Variety

A-la-carte Items

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>No School</b> 	2 <b>--Choose One Entree--</b> Breaded Mozzarella Sticks Marinara Sauce  Big Daddy's Pepperoni Pizza  <b>--Hot Vegetables--</b> Steamed Broccoli Steamed Sunshine Carrots <b>-Cold Fruit &amp; Vegetable Bar-</b>  <b>--Choice of Milk--</b> <b>No Salads Today - Districtwide</b> <b>No Smoothies Today - Districtwide</b>	3 <b>--Choose One Entree--</b> Chicken Bites w/wo Dinner Roll  Grilled Cheese Sandwich  Spicy Chicken Sandwich  <b>--Choose Soup--</b> Tomato Bisque Soup <b>--Hot Vegetables--</b> Baked Potato Medley <b>-Cold Fruit &amp; Vegetable Bar-</b>  <b>--Choice of Milk--</b> <b>No Salads Today - Districtwide</b>	4 <b>Snow Day - Schools Closed</b> 	5 <b>Snow Day - Schools Closed</b> 
8 <b>Snow Day - Schools Closed</b> 	9 <b>--Choose One Entree--</b> Popcorn Chicken Bowl w/wo Garlic Knot  Veggie Stuffed Panini  <b>--Hot Vegetables--</b> Mashed Potatoes w/wo Chicken Gravy Key West Vegetable Blend <b>-Cold Fruit &amp; Vegetable Bar-</b> <b>--Choice of Milk--</b> <b>No Salads Today - Districtwide</b>	10 <b>--Choose One Entree--</b> Fiesta Bean Taco  Beef Soft Taco  Big Daddy's Pepperoni Pizza  w/wo Steamed Brown Rice  <b>--Hot Vegetables--</b> Baked Plantains Vegetarian Refried Beans <b>-Cold Fruit &amp; Vegetable Bar-</b> <b>--Choice of Milk--</b> <b>No Salads Today - Districtwide</b>	11 <b>--Choose One Entree--</b> Italian Veggie Flatbread  Buffalo Chicken Tots w/wo Dinner Roll  Breaded Baked Chicken Sandwich  <b>--Choose Soup--</b> Garden Harvest Stew <b>--Hot Vegetables--</b> Parmesan Edamame Tater Tots <b>-Cold Fruit &amp; Vegetable Bar-</b> <b>--Choice of Milk--</b>	12 <b>--Choose One Entree--</b> Buffalo Chicken Bites w/wo Dinner Roll  Chicken Bites w/wo Dinner Roll  Potato Crunch Pollock Filet w/wo Dinner Roll  <b>--Hot Vegetables--</b> Steamed Sunshine Carrots Ranch Dressing Potato Wedges <b>-Cold Fruit &amp; Vegetable Bar-</b> <b>--Choice of Milk--</b>
Please note menu changes on 1/09, 1/10 & 1/11.				
15 <b>No School</b> 	16 <b>--Choose One Entree--</b> Macaroni & Cheese w/wo Garlic Knot  BBQ Chicken Flatbread  Big Daddy's Pepperoni Pizza  <b>--Hot Vegetables--</b> Steamed Corn Steamed Broccoli <b>-Cold Fruit &amp; Vegetable Bar-</b>  <b>--Choice of Milk--</b>	17 <b>--Choose One Entree--</b> Penne Pasta  with Meat Sauce with Alfredo Sauce  Spicy Chicken Sandwich  <b>--Hot Vegetables--</b> Steamed Green Beans Steamed Corn <b>-Cold Fruit &amp; Vegetable Bar-</b>  <b>--Choice of Milk--</b>	18 <b>--Choose One Entree--</b> Chicken & Cheese Enchilada  Honey Sriracha Chicken Rice Bowl  Big Daddy's Cheese Pizza  w/wo Steamed Brown Rice  <b>--Hot Vegetables--</b> Steamed Broccoli <b>-Cold Fruit &amp; Vegetable Bar-</b>  <b>--Choice of Milk--</b>	19 <b>--Choose One Entree--</b> Cheddar Cheese Potato Skins Cheddar Cheese Potato Skins with Bacon w/wo Dinner Roll  Buffalo Chicken Potato Skins w/wo Dinner Roll  Big Daddy's Pepperoni Pizza  <b>--Hot Vegetables--</b> Taco Fiesta Black Beans Steamed Sunshine Carrots <b>-Cold Fruit &amp; Vegetable Bar-</b>  <b>--Choice of Milk--</b>

Please note menu changes on 1/17 & 1/18.


"Fear-Factor" Friday  
Jicama



# January 2018 Middle School Lunch Menu

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Loudoun County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p>22 <b>--Choose One Entree--</b> Cheeseburger Hamburger</p> <p>Fish &amp; Chips w/wo Dinner Roll</p> <p>Spicy Chicken Sandwich</p> <p><b>--Hot Vegetables--</b> Baked Sidewinders</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>	<p>23 <b>--Choose One Entree--</b> Breaded Mozzarella Sticks Marinara Sauce</p> <p>Teriyaki Beef w/wo Steamed Brown Rice</p> <p><b>--Hot Vegetables--</b> Steamed Broccoli Steamed Sunshine Carrots</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>	<p>24 <b>--Choose One Entree--</b> Chicken Bites w/wo Dinner Roll</p> <p>Grilled Cheese Sandwich</p> <p>Philly Cheese Steak</p> <p><b>--Choose Soup--</b> Tomato Soup</p> <p><b>--Hot Vegetables--</b> Baked Potato Medley Steamed Green Beans</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>	<p>25 <b>--Choose One Entree--</b> Fiesta Bean Taco</p> <p>Beef Soft Taco</p> <p><b>School Choice Pizza</b></p> <p>w/wo Yellow Rice</p> <p><b>--Hot Vegetables--</b> Baked Plantains Vegetarian Refried Beans</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>	<p>26 <b>--Choose One Entree--</b> Popcorn Chicken Bowl w/wo Garlic Knot</p> <p>Veggie Stuffed Panini</p> <p><b>--Hot Vegetables--</b> Mashed Potatoes w/wo Chicken Gravy Key West Vegetable Blend</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>
<p>29 <b>No School</b></p> <p>Moveable Student Holiday</p> <p><b>No School!</b></p> 	<p>30 <b>--Choose One Entree--</b> Chicken &amp; Cheese Enchilada</p> <p>Honey Sriracha Chicken Rice Bowl</p> <p>Big Daddy's Cheese Pizza</p> <p>w/wo Steamed Brown Rice</p> <p><b>--Hot Vegetables--</b> Steamed Broccoli</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>	<p>31 <b>--Choose One Entree--</b> Italian Veggie Flatbread</p> <p>Buffalo Chicken Flatbread</p> <p>Breaded Baked Chicken Sandwich</p> <p><b>--Choose Soup--</b> Garden Harvest Stew</p> <p><b>--Hot Vegetables--</b> Parmesan Edamame Tater Tots</p> <p><b>-Cold Fruit &amp; Vegetable Bar-</b></p> <p><b>--Choice of Milk--</b></p>	<p><b>A Complete Meal Includes:</b></p> <ul style="list-style-type: none"> <li>Choice of One Entree</li> <li>Choice of Grain</li> <li>Choice of One or Two Vegetables</li> <li>Choice of One Fruit</li> <li>Choice of One Milk</li> </ul>	

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**Menus subject to change without notice.**

