

December 2017 High School Lunch Menu

School Nutrition Services
Loudoun County Public Schools

Additional Daily Meal Options

Vegetable Bar

Fruit Bar

Salads

Milk Variety

A-la-carte Items

Monday

Tuesday

Wednesday

Thursday

Friday

A Complete Meal Includes:

Choice of One Entree

Choice of Grain

Choice of One or Two Vegetables

Choice of One Fruit or Two Fruit

Choice of One Milk

4 --Choose One Entree--
Cheeseburger
Hamburger
Rodeo Burger
Potato Crunch Pollock Filet
w/wo Dinner Roll
Big Daddy's Cheese Pizza
Big Daddy's Pepperoni Pizza
--Hot Vegetables--
Oven Baked Onion Rings
Cowboy Baked Beans
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

5 --Choose One Entree--
Breaded Mozzarella Sticks
Marinara Sauce
Chicken Fajita Rice Bowl with
Cheese
Spicy Chicken Sandwich
--Hot Vegetables--
Steamed Broccoli
Steamed Sunshine Carrots
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

6 --Choose One Entree--
Chicken Bites
w/wo Dinner Roll
Italian Veggie Flatbread
Big Daddy's Cheese Pizza
Big Daddy's Pepperoni Pizza
--Hot Vegetables--
Steamed Broccoli
Vegetable Soup
Baked Potato Medley
Steamed Green Beans
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

7 --Choose One Entree--
Fiesta Bean Nachos
Buffalo Chicken Dip with Tortilla
Rounds
Spicy Chicken Sandwich
--Hot Vegetables--
Baked Plantains
Vegetarian Refried Beans
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

8 --Choose One Entree--
Popcorn Chicken Bowl
w/wo Garlic Knot
Veggie Stuffed Panini
Breaded Baked Chicken Sandwich
--Hot Vegetables--
Mashed Potatoes
w/wo Chicken Gravy
Key West Vegetable Blend
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

"Fear Factor" Friday Parsnips

11 --Choose One Entree--
Penne Pasta
with Meat Sauce
with Alfredo Sauce
with Chicken Parmesan
Spicy Chicken Sandwich
--Hot Vegetables--
Steamed Corn
Steamed Green Beans
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

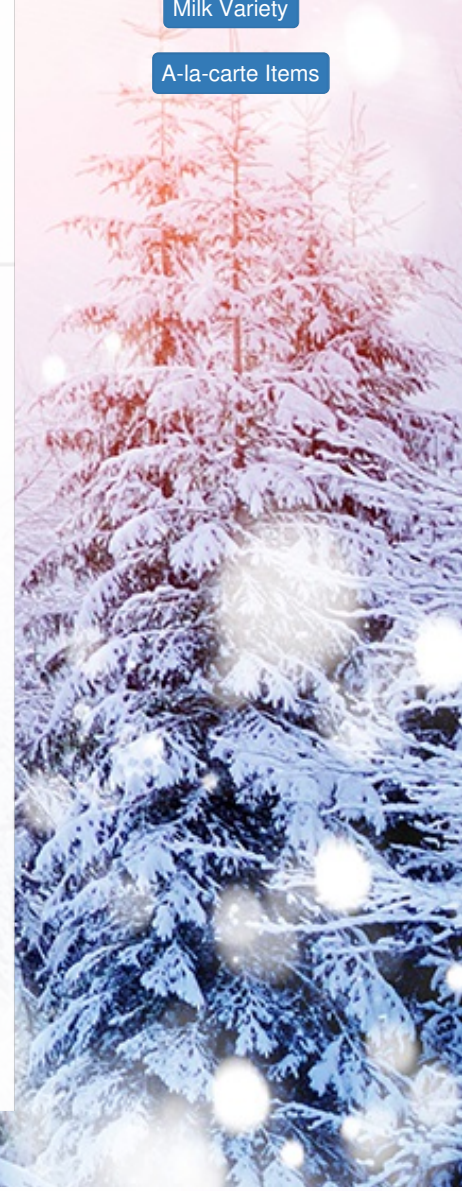
12 --Choose One Entree--
Chicken & Cheese Enchilada
Honey Sriracha Chicken Rice Bowl
Big Daddy's Cheese Pizza
Big Daddy's Pepperoni Pizza
w/wo Steamed Brown Rice
--Hot Vegetables--
Steamed Broccoli
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

13 --Choose One Entree--
Veggie Flatbread Pizza
Buffalo Chicken Tots
w/wo Dinner Roll
Breaded Baked Chicken Sandwich
--Choose Soup--
Chicken Noodle Soup
--Hot Vegetables--
Parmesan Edamame
Tater Tots
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--


14 --Choose One Entree--
Beef Nacho Grande
Black Bean Quesadilla
Spicy Chicken Sandwich
w/wo Cilantro Lime Rice
--Hot Vegetables--
Baked Plantains
Vegetarian Refried Beans
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

15 --Choose One Entree--
Chicken Bites
w/wo Dinner Roll
Potato Crunch Pollock Filet
w/wo Dinner Roll
Spicy Chicken Sandwich
--Hot Vegetables--
Steamed Sunshine Carrots
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--

1 --Choose One Entree--
Cheddar Cheese Potato Skins
Cheddar Cheese Potato Skins with
Bacon
w/wo Dinner Roll
Buffalo Chicken Potato Skins
w/wo Dinner Roll
Big Daddy's Cheese Pizza
Big Daddy's Pepperoni Pizza
--Hot Vegetables--
Steamed Sunshine Carrots
--Cold Fruit & Vegetable Bar ---
--Choice of Milk--



December 2017 High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
18 No School	19 No School	20 No School	21 No School	22 No School
USDA is an equal opportunity provider and employer. Menus subject to change without notice.		Lunch Prices Free & Reduced - no charge Paid - \$3.15 Adult - \$4.10		
25 No School	26 No School	27 No School	28 No School	29 No School
	Winter Break December 18th thru January 1st Return to school January 2nd			