

Monday

2
Breakfast Cereal Bar or Cereal
Fresh Pear
Juice
Bear Graham
Milk, PL, 1% or nonfat chocolate

9
Apple Muffin Top or Cereal
Fresh Pear
Juice
Bear Graham
Milk PI, 1% Or nonfat chocolate

16
Breakfast Cereal Bar or Cereal
Fresh Pear
Juice
Bear Graham
Milk, PL, 1% or nonfat chocolate

23
Winter Break
No School

30
Winter Break
No School

Tuesday

3
Breakfast Pizza Bagel or Cereal
Fresh Orange
Juice
Bear Graham
Milk PI, 1% Or nonfat chocolate

10
Cinn. French Toast or Cereal
Fresh Orange
Juice
Bear Graham
Milk PI, 1% Or nonfat chocolate

17
Breakfast Pizza Bagel or Cereal
Fresh Orange
Juice
Bear Graham
Milk PI, 1% Or nonfat chocolate

24
Winter Break
No School

31
Winter Break
No School

Wednesday

4
Brown Sugar Pop Tart or Cereal
Fresh Banana
Juice
Bear Graham
Milk, PL, 1% or nonfat chocolate

11
Strawberry Pop Tarts or Cereal
Fresh Banana
Juice
Bear Graham
Milk PI, 1% Or nonfat chocolate

18
Brown Sugar Pop Tart or Cereal
Fresh Banana
Juice
Bear Graham
Milk, PL, 1% or nonfat chocolate

25
Winter Break
No School

Thursday

5
Cheese and Egg Burrito or Cereal
Fresh Apple
Juice
Bear Graham
Milk, PL, 1% or nonfat chocolate

12
Breakfast Sandwich or Cereal
Fresh Apple
Juice
Bear Graham
Milk PI, 1% Or nonfat chocolate

19
Winter Break
No School

26
Winter Break
No School

Friday

6
Breakfast Cluster or Cereal
Fresh Whole Fruit
Juice
Bear Graham
Milk, PI 1% Or nonfat chocolate

13
Chocolate Chip Muffin or Cereal
Fresh Whole Fruit
Juice
Bear Graham
Milk, PL, 1% or nonfat chocolate

20
Winter Break
No School

27
Winter Break
No School

