

Monday

Tuesday

Wednesday

Thursday

Friday

1

Cereal Bar or Cereal
Bear Graham
Applesauce Cups
Juice
Milk, PL, 1% or NF Chocolate

2

Breakfast Pizza Bagel or Cereal
Bear Graham
Fresh Oranges
Juice
Milk, PL, 1% or NF Chocolate

3

Cinnamon Crumb Muffin or Cereal
Bear Graham
Fresh Banana
Juice
Milk, PL, 1% or NF Chocolate

4

Cinnamon French Toast or Cereal
Bear Graham
Fresh Apples
Juice
Milk, PL, 1% or NF Chocolate

5

Mini Breakfast Cluster or Cereal
Bear Graham
Fresh Whole Fruit
Juice
Milk, PL, 1% or NF Chocolate

8

Apple Muffin Top or Cereal
Bear Graham
Applesauce Cups
Juice
Milk, PL, 1% or NF Chocolate

9

Cheese and Egg Breakfast Burrito or
Cereal
Bear Graham
Fresh Oranges
Juice
Milk, PL, 1% or NF Chocolate

10

Chocolate Chip Muffin or Cereal
Bear Graham
Fresh Banana
Juice
Milk, PL, 1% or NF Chocolate

11

Egg, Sausage & Cheese on English Muffin
or Cereal
Bear Graham
Fresh Apples
Juice
Milk, PL, 1% or NF Chocolate

12

Banana Bread or Cereal
Bear Graham
Fresh Fruit
Juice
Milk, PL, 1% or NF Chocolate

15

Cereal Bar or Cereal
Bear Graham
Applesauce Cups
Juice
Milk, PL, 1% or NF Chocolate

16

Breakfast Pizza Bagel or Cereal
Bear Graham
Fresh Oranges
Juice
Milk, PL, 1% or NF Chocolate

17

Cinnamon Crumb Muffin or Cereal
Bear Graham
Fresh Banana
Juice
Milk, PL, 1% or NF Chocolate

18

Cinnamon French Toast or Cereal
Bear Graham
Fresh Apples
Juice
Milk, PL, 1% or NF Chocolate

19

Mini Breakfast Cluster or Cereal
Bear Graham
Fresh Whole Fruit
Juice
Milk, PL, 1% or NF Chocolate

22

Apple Muffin Top or Cereal
Bear Graham
Applesauce Cups
Juice
Milk, PL, 1% or NF Chocolate

23

Cheese and Egg Breakfast Burrito or
Cereal
Bear Graham
Fresh Oranges
Juice
Milk, PL, 1% or NF Chocolate

24

Chocolate Chip Muffin or Cereal
Bear Graham
Fresh Banana
Juice
Milk, PL, 1% or NF Chocolate

25

Egg, Sausage & Cheese on English Muffin
or Cereal
Bear Graham
Fresh Apples
Juice
Milk, PL, 1% or NF Chocolate

26

Banana Bread or Cereal
Bear Graham
Fresh Fruit
Juice
Milk, PL, 1% or NF Chocolate

29

Cereal Bar or Cereal
Bear Graham
Applesauce Cups
Juice
Milk, PL, 1% or NF Chocolate

30

Breakfast Pizza Bagel or Cereal
Bear Graham
Fresh Oranges
Juice
Milk, PL, 1% or NF Chocolate