

Monday

Tuesday

Wednesday

Thursday

Friday

1

BREAKFAST CLUSTER OR CEREAL
FRESH FRUIT
BEAR GRAHAMS
JUICE
MILK, PL 1% OR NF CHOCOLATE

4

APPLE MUFFIN TOP OR CEREAL
BEAR GRAHAM
APPLE SAUCE
JUICE
MILK, PL 1% OR NF CHOCOLATE

5

EGG, SAUSAGE & CHEESE ON
ENGLISH MUFFIN OR CEREAL
BEAR GRAHAMS
FRESH ORANGES
JUICE
MILK, PL 1% OR NF CHOCOLATE

6

CHOCOLATE CHIP MUFFIN OR
CEREAL
BEAR GRAHAMS
FRESH BANANAS
JUICE
MILK, PL 1% OR NF CHOCOLATE

7

PANCAKE SAUSAGE ON A STICK OR
CEREAL
BEAR GRAHAMS
FRESH APPLES
JUICE
MILK, PL 1% OR NF CHOCOLATE

8

BANANA BREAD OR CEREAL
BEAR GRAHAMS
FRESH FRUIT
JUICE
MILK, PL 1% OR NF CHOCOLATE

11

CEREAL BAR OR CEREAL
BEAR GRAHAM
APPLE SAUCE
JUICE
MILK, PL 1% OR NF CHOCOLATE

12

BREAKFAST PIZZA BAGEL OR CEREAL
BEAR GRAHAMS
FRESH ORANGES
JUICE
MILK, PL 1% OR NF CHOCOLATE

13

CINNAMON CRUMB CAKE OR CEREAL
BEAR GRAHAMS
FRESH BANANAS
JUICE
MILK, PL 1% OR NF CHOCOLATE

14

CINNAMON FRENCH TOAST OR
CEREAL
BEAR GRAHAMS
FRESH APPLES
JUICE
MILK, PL 1% OR NF CHOCOLATE

15

BREAKFAST CLUSTER OR CEREAL
BEAR GRAHAMS
FRESH FRUIT
JUICE
MILK, PL 1% OR NF CHOCOLATE

18

NO SCHOOL

19

NO SCHOOL

20

NO SCHOOL

21

NO SCHOOL

22

NO SCHOOL

25

APPLE MUFFIN TOP OR CEREAL
BEAR GRAHAMS
APPLE SAUCE
JUICE
MILK, PL 1% OR NF CHOCOLATE

26

EGG, SAUSAGE & CHEESE ON
ENGLISH MUFFIN OR CEREAL
BEAR GRAHAMS
FRESH ORANGES
JUICE
MILK, PL 1% OR NF CHOCOLATE

27

CHOCOLATE CHIP MUFFIN OR
CEREAL
BEAR GRAHAMS
FRESH BANANAS
JUICE
MILK, PL 1% OR NF CHOCOLATE

28

PANCAKE SAUSAGE ON A STICK OR
CEREAL
BEAR GRAHAMS
FRESH APPLES
JUICE
MILK, PL 1% OR NF CHOCOLATE

29

BANANA BREAD OR CEREAL
BEAR GRAHAMS
FRESH FRUIT
JUICE
MILK, PL 1% OR NF CHOCOLATE

